

West Zone Report to Board of Governors September 2023

The West Zone has enjoyed a year of amazing accomplishments.

We congratulate our Athlete of the Year, Sophia Wendt from Seattle Synchro, our Coach of the Year, Lorette Haynes from Arizona Desert Dolphins, and our Contributor of the Year, WZ Scoring Chair Nancy Thompson.

At our 2023 WZ Championships in Riverside, CA, the Santa Clara Aquamaids completed a hat trick by winning the Youth, Junior and Senior Team High Point Awards. This year our High Point Award was renamed to honor Dawn and Ross Bean.

We are so proud of the West Zone athletes representing the U.S. on our national teams, and very excited about the successes of our national teams – GO USA! We also have had multiple WZ clubs represent us at international meets, such as the recent PanAm Artistic Swimming Championships and the Masters World Aquatic Championships.

The West Zone hosted the 2023 National and Junior Championships and will also be the host zone for the US Masters National Championships in October and Coaches College in November.

Last, but not least, congratulations to Chris Carver on her induction this year into the International Swimming Hall of Fame, Honor Coach.

Respectfully submitted,



Patricia Jones
West Zone Admin Chair