

11/14/2025



USA
WRESTLING

**2026 UWW U23 Greco-Roman
Pan American Championships & World Team Trials Procedures**

**UWW U23 WORLD TEAM TRIALS
Information**

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2026 UWW U23 Pan American Championships & World Team Selection

Location: Geneva, OH
May 28 – May 31, 2026

Eligible athletes:

- Must be a citizen of the United States of America
- Born 2003-2008 (must turn 18 in the calendar year)

Tournament format:

- Two-day format with a best-of-three series in the finals
- No true third bouts will be wrestled
- Byes will be placed with seeded wrestlers first, in order of seed
- Weigh-ins will follow current UWW rules

Pan American Championships

Lima, Peru – June 11-13, 2026

Pan American Championships selection: (Listed in rank order for selection)

1. 2026 U23 National Champion at the same weight.
2. National team coaches will make a recommendation to the Greco-Roman Sport Committee for final approval.

World Championships

Las Vegas, NV – October 12-18, 2026

World team selection: (Listed in rank order for selection)

1. The highest ranked, age eligible, athlete from 2026 Senior Greco-Roman National Team (top 3)
 1. Deadline for this athlete to accept the position will be **Monday, June 29th, 2026 @ 5:00pm Mountain Time**
 1. Confirmation sent to Herb House via email hhouse@usawrestling.org
2. Fourth (4th) ranked, age eligible, athlete from the 2026 Senior Greco-Roman World Team selection.
3. National team coaches will make a recommendation to the Greco-Roman Sport Committee for final approval.

Event registration: All athletes wishing to compete at the **UWW U23 World Team Trials** MUST register online via www.usawmembership.com

For questions, please contact Pete Isais, USA Wrestling Director of National Events, at 719.598.8181 or email pisais@usawrestling.org.

Late registration: Athletes who fail to register online for the trials will be charged all applicable fees and a late fee payable at registration.

To further our chances of performing well at the world level, USA Wrestling will incorporate the U23 Worlds with a pre-worlds training camp. In addition, USA Wrestling is looking to provide an opportunity to compete internationally, as well as provide further training before the U23 World Championships.

The camp schedule will be:

- Approximately two weeks of preparation, focusing on techniques and drills. The athletes will be expected to arrive in competition shape with their weight under control. Hard wrestling will not be required between wrestlers in the same weight category unless requested.
- *Camps will NOT be required but highly encouraged.*

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There will be a team meeting following the finals of the World Team Trials event. Departure needs to be arranged after this meeting. Both the Pan Am Championships and World Championships are fully funded tours.

UWW U23 Greco-Roman Nationals (Geneva, OH)

May 28-31, 2026

***Please check USAW events schedule for specific details.**

https://usawrestlingevents.com/national_regional

Herb House

U23 Greco-Roman Coach

hhouse@usawrestling.org

Office: 719-598-8181

For questions on specific style criteria concerning the UWW U23 World Team Trials, contact Cody Bickley, USA Wrestling National Teams High Performance Director, at (719) 598-8181 or cbickley@usawrestling.org