



**BOBSLED★  
SKELETON  
RECRUITMENT**



# CHASE OLYMPIC DREAMS LIFE NEVER BEFORE

Do you have what it takes to become Team USA's next Olympic champion?

USA Bobsled & Skeleton is recruiting talented athletes ready to transfer their speed, strength, and power to the ice in the Olympic sports of bobsled and skeleton. No prior sliding experience is need—just a love for adrenaline and raw athletic talent!

Does this sound like you or someone you know? Keep reading to learn more.



# USA BOBSLED IDEAL CANDIDATES

## BOBSLED PILOTS

### MEN

Age: 18 – 22  
Height: 5'10" – 6'4"  
Weight: 200 – 240 lbs

### WOMEN

Age: 18 – 22  
Height: 5'6" – 6'0"  
Weight: 150 – 180 lbs

## PUSH ATHLETES

### MEN

Age: 18 – 26  
Height: 5'10" – 6'4"  
Weight: 200 – 240 lbs

### WOMEN

Age: 18 – 26  
Height: 5'6" – 6'0"  
Weight: 150 – 180 lbs



# USA SKELETON IDEAL CANDIDATES

## WOMEN

Age: 17 – 23  
Height: 5'4" or taller  
Weight: 125 – 160 lbs

## MEN

Age: 17 – 23  
Height: 5'8" or taller  
Weight: 150 – 195 lbs

# USA BOBSLED & SKELETON ABOUT THE TEAM

## WHO WE ARE

The United States Bobsled & Skeleton Team (USABS) is the National Governing Body (NGB) for the sports of bobsled and skeleton in the United States. From development programs through the Winter Olympic Games, we train and develop athletes' sliding talent.

Recruited athletes first demonstrate speed and power at a tryout event or through our virtual combine before being invited to a Rookie Camp, where they are introduced to pushing a sled on ice. From there, they progress to Push Championships each fall and enter into our development sliding pipeline.

The bobsled & skeleton international racing season runs from October–March each year, with athletes representing Team USA at tracks all over the globe. The top level of annual competition is the World Cup circuit, which culminates in the Winter Olympics every four years and a World Championships every other year. Athletes also compete on circuits such as the Europe Cup (EC) and North American Cup (NAC).

USABS operates out of two home tracks: Lake Placid, NY and Park City, UT. Rookie athletes train through sliding schools and learn sled pushing on both dry land and ice push tracks.



# USA BOBSLED & SKELETON ABOUT THE TEAM

31 OLYMPIC MEDALS & COUNTING  
WHO WILL BE OUR NEXT OLYMPIC  
CHAMPION?



SCAN TO LEARN MORE

