



# 2025 JUNIOR NATIONAL TEAM TRIALS

PHASE 1&2 JAN 18-20 | IRVINE, CA  
FINAL PHASE APR 13 & 14 | GREENSBORO, NC



HOSTED BY  
**USA ARTISTIC  
SWIMMING**



# TRIALS INFORMATION

## PHASE 1 & 2 - JANUARY

### MEET MANAGER

Lara Teixeira [Lara@usaartisticswim.org](mailto:Lara@usaartisticswim.org), 719-866-2219  
Marivi Escalona, [marivi@usaartisticswim.org](mailto:marivi@usaartisticswim.org)

### FACILITY

Woollett Aquatics Center, 4601 Walnut Ave, Irvine, CA 92604

### POOL SPECS

Outdoor pool 25 meters by 50 meters  
Competition area is 25 meters by 25 meters

### HOST HOTEL

Please book with the [link](#) provided by TEAM Solutions. If you are not finding the rooms you need, please contact Emily for assistance prior to the booking deadline. This is a Stay to Play event. Booking outside of the room block will result in a fee charged to the team per individual.

### AIRPORT

John Wayne Airport (SNA) 8 miles from venue  
Los Angeles International Airport (LAX) 46 miles from venue

### REGISTRATION

Complete online registration [HERE](#). Registration will open on Monday, December 9, 2024.  
**REGISTRATION DEADLINE IS MONDAY, JANUARY 6, 2025 (11:59pm PST)**

All athletes are required to be registered as Competitive Athletes; all Coaches are required to be registered as Professional Members and have all required membership credentials.

Athletes - \$150.00 (Late fee \$50.00 between January 7-12)  
Coaches & Chaperones - Free (Late fee \$25.00 between January 7-12)

No Registration accepted on or after January 13.

### SCHEDULE

Saturday 01/18: Phase 1A & 1B - Swimming / Conditioning & Technical skills (elements)  
Sunday 01/19: Phase 1C - Strength Testing  
Sunday 01/19: Phase 2A & 2B - Water Technical Skill Test / Routine Test  
Monday 01/20: Phase 2C - ACRO Test

- Results of Phase 1 & 2 posted by Friday, 24th.

Final schedule and trial criteria will be posted 45 days prior to the meet date.

### MEETINGS

Coach and judge meeting will be included in the final event schedule.

### EQUIPMENT

White cap and black swimsuit for figures.  
White cap and black swimsuit for routines.  
Black shorts, black swimsuit and running shoes for land skill testing.



# TRIALS INFORMATION

## PHASE 3 - APRIL

IN CONJUNCTION WITH U.S. JUNIOR CHAMPIONSHIP

<b>MEET MANAGER</b>	Lara Teixeira, <a href="mailto:lara@usaartisticswim.org">lara@usaartisticswim.org</a> , 719-866-2219 Marivi Escalona, <a href="mailto:marivi@usaartisticswim.org">marivi@usaartisticswim.org</a>
<b>FACILITY</b>	Greensboro Aquatic Center - 1921 W Gate City Blvd, Greensboro, NC 27403
<b>POOL SPECS</b>	Indoor pool 25 meters by 50 meters Competition area is 25 meters by 25 meters
<b>HOST HOTEL</b>	Please book with the <a href="#">link</a> provided by TEAM Solutions. If you are not finding the rooms you need, please contact Emily for assistance prior to the booking deadline. This is a Stay to Play event. Booking outside of the room block will result in a fee charged to the team per individual.
<b>AIRPORT</b>	Piedmont Triad International Airport (GSO) 13 miles from venue
<b>REGISTRATION</b>	Complete online registration <a href="#">HERE</a> . Registration will open on Wednesday, March 5, 2025. REGISTRATION DEADLINE IS SUNDAY, MARCH 30 2025 (11:59pm PST)  All athletes are required to be registered as Competitive Athletes; all Coaches are required to be registered as Professional Members and have all required membership credentials.  Athletes - \$150.00 (Late fee \$50.00 between March 31- April 6) Coaches & Chaperones - Free (Late fee \$25.00 between March 31- April 6)  No Registration accepted on or after April 7.
<b>SCHEDULE</b>	Sunday 04/13: Phase 3A & 3B - AS Team Free Routine Test / Observation Monday 04/14: Final Phase - AS Routine Group Swim / Interview <ul style="list-style-type: none"><li>• After the conclusion of the Junior National Championship</li></ul> Final schedule and trial criteria will be posted 45 days prior to the meet date.
<b>MEETINGS</b>	Coach and judge meeting will be included in the final event schedule.
<b>EQUIPMENT</b>	White cap and black swimsuit for figures. White cap and black swimsuit for routines. Black shorts, black swimsuit and running shoes for land skill testing.