



## USA Wrestling Interview, Photo or Video Request Information

### Interview Requests

Any individual or media entity seeking to interview a USA Wrestling athlete, coach, official, or staff member must email [communications@usawrestling.org](mailto:communications@usawrestling.org) with the following information:

- Requestor's contact information to include first and last name, phone number, email and media entity.
- Name of individual(s) requested for an interview.
- Format of interview (in-person or remote).
- Proposed timeline for interview(s).
- A detailed explanation of the project/purpose of work.
- A list of any sponsors associated with the project.

### Photo/Video Requests

Any individual or media entity seeking to collect photo or video content for a journalistic project must email [communications@usawrestling.org](mailto:communications@usawrestling.org) with the following information:

- Requestor's contact information to include first and last name, phone number, email and media entity.
- Specific photo/video content requested.
- Proposed timeline for photo/video content delivery.
- A detailed explanation of the project/purpose of work.
- A list of any sponsors associated with the project.

### Additional Requests

For any clarifying questions or urgent media requests, please email Richard Immel, Sr. Manager of Communications, directly at [rimmel@usawrestling.org](mailto:rimmel@usawrestling.org).