

SR440 Team USA Inline Speed Skating Selection Process Requirements for Participation:

Athletes must be a US Citizen with a valid passport. Passports must have an expiration date 6 months past the anticipated return of Team USA to the USA from the World Championships/World Roller Games. Athletes must be members in good standing with USA Roller Sports.

SR441 Senior Team USA Selection Process for the World Championships/World Roller Games

The Senior Men and Senior Women's Team USA will consist of up to eight men and eight women. The following point value will be awarded for each distance contested at the Team USA selection event(s) ,15 points for first place, 12 points for second place, 10 points for third place, 8 points for fourth place, 6 points for fifth place, 4 points for sixth place, 3 points for seventh place, and 2 points for eighth place. Points awarded for 5th to 8th in 500m Track and One Lap Road by times posted in the semi-final of the respective event. To be eligible, athletes must be at least fourteen (14) as of January 1, of the competitive season.

SR441.1 Senior Team USA shall include the following athletes male and female:

- Position A: 100m road (100m specialist)
- Position B: 100m road, 200m track (time trial specialist)
- Position C: 5k points track, 10k points road (points race specialist)
- Position D: 1 lap on road, 500m plus D on track. 1000m on track (sprint race specialist)
- Position E: 10k track elimination, 15k road elimination (elimination specialist)
- Position F: 200m, 500m plus D, 1 Lap, 1000m (sprint specialist)
- Position G: 5k points track, 10k elimination track (track distance specialist)
- Position H: 10k points road, 15k elimination road (road distance specialist)

See section SR921.10 for tie breaking formulas.

SR441.2 Event participation at the World Championships/World Roller Games is the responsibility of the team coach. The team coach is responsible for determining the final starting position. Written evaluation records shall be used in this determination and shall include their performance at the Team

USA qualifying event(s), residency program, and scheduled training on-site just prior to the World Championships/World Roller Games.

SR442 Junior Team USA Selection Process for the World Championships/World Roller Games

The Junior Men and Junior Women's Team USA will consist of up to eight men and eight women. The following point value will be awarded for each distance contested at the Team USA selection event(s) ,15 points for first place, 12 points for second place, 10 points for third place, 8 points for fourth place, 6 points for fifth place, 4 points for sixth place, 3 points for seventh place, and 2 points for eighth place. Points awarded for 5th to 8th in 500m Track and One Lap Road by times posted in the semi-final of the respective event. To be eligible, athletes must be at least fourteen (14) but not yet eighteen (18) as of January 1, of the competitive season.

SR442.1 Junior Team USA shall include the following athletes male and female:

- Position A: 100m road (100m specialist)
- Position B: 100m road, 200m track (time trial specialist)
- Position C: 5k points track, 10k points road (points race specialist)
- Position D: 1 lap on road, 500m plus D on track, 1000m on track (sprint race specialist)
- Position E: 10k track elimination, 15k road elimination (elimination specialist)
- Position F: 200m, 500m plus D, 1 Lap, 1000m (sprint specialist)
- Position G: 5k points track, 10k elimination track (track distance specialist)
- Position H: 10k points road, 15k elimination road (road distance specialist)

See section SR921.10 for tie breaking formulas.

SR442.2 Event participation at the World Championships/World Roller Games is the responsibility of the team coach. The team coach is responsible for determining the final starting position. Written evaluation records shall be used in this determination and shall include their performance at the Team USA qualifying event(s), residency program, and the scheduled training on-site just prior to the World Championships/World Roller Games.

SR443 Team USA World Championships/World Roller Games Speed Skating Team Injury Plan:

- A. The skater must be a USARS member in good standing.
- B. The skater must have written proof of injury from a physician to submit to the USA Roller Sports Executive Director.
- C. The skater must be a world medalist the previous year in a Junior or Senior individual event.
- D. Two-thirds of the participants at The Team USA qualifying event must approve by submission of a secret ballot; the inclusion of the injured athlete in the residency program and/or the scheduled training at the World Championships or World Roller Games.
- E. The skater must attend the residency program and/or the scheduled training at the World Championships/World Roller Games at his or her own expense to try to qualify in the five races on the track and four races on the road against all same gender in nine races.
- F. The athlete must have entered the Team USA qualification event and paid the appropriate entry fee(s).

SR921.9 Outdoor Nationals Tiebreaker for All Selections

In the event of a tie, the following formula will be applied:

- Position A: not needed
- Position B: 200m track
- Position C: 5k points track
- Position D: 1 lap road
- Position E: 15k elimination road
- Position F: 1000m track
- Position G: 5k points track
- Position H: 10k points road

SR930 Outdoor National Races and Procedures

SR931 Time Trials (200 meters)

- SR931.1 One contestant at a time races against the clock attempting to skate the fastest time for the 200 meters on the track. Times are recorded to one-thousandth of a second if possible. Timing will start when a skater breaks the plane of an electronic beam at the starting line. The starting line beam

should be 30 centimeters (approx. 12 inches) from the ground. A second beam registers the finish when the skater breaks the plane of the electronic beam with any part of the leading skate. The finish line beam should be no more than 10 centimeters (4 inches) from the ground. The top three skaters receive medals.

- SR931.2 Prior to the national banked track and road championships, USARS Headquarters staff will conduct a blind draw to determine the order in which the contestants will participate which will result in the scrambling of the alphabetical and numerical order of the contestants.
- SR931.3 Once the timer is ready, the starter will advise the contestant to start when ready. At this time, the contestant will have 15 seconds in which to start. Once the contestant breaks the electronic beam, he/she must enter the event immediately. No re-skate will be allowed for those skaters who remain on the starting line after the beam is broken.
- SR931.4 The start will be as follows: Both skates must be on the ground and must not be moving. The oscillation of the athlete's body is allowed. A dashed line must be drawn 60 centimeters (approx. 20 inches) behind the starting line. The skater must have at least one skate within the two lines. If any part of the skate moves outside the back line, it will be considered as a false start. The first movement of the skate must be in the direction of the competition and must cross through the starting beam.
- SR931.5 If during the start of the event, an athlete falls due to mechanical failure or other reasons for which they are not responsible, the officials controlling the event may repeat the start for that skater. ← [Back to Table of Contents](#) 56
- SR931.6 In order to determine the first-place skater when two or more athletes obtain the same times, the event will be repeated in order to establish the ranking order. If either of the tied skaters refuse to repeat the event, they shall be ranked after the other skater. The time obtained by each competitor must be communicated immediately after the finish.

SR932 Sprint Races (500 meters)

- SR932.1 Heats are set-up based on the placement of skaters in the 200m Time Trials for Track. The number of skaters qualifying from each 500m heat to a quarter-final or semi-final is determined by the number of skaters entered in that event and is displayed in the schedule listed below. In the men's and women's 500m events, at least two skaters will advance each round. There will be two semi-finals with 4 skaters in each. First and second in each semifinal will skate the Final determining 1st, 2nd, 3rd, and 4th placements.

Third and fourth in each semi will skate a placement race to determine 5th, 6th, 7th, and 8th place. If a skater doesn't take part in the 200m Time Trials for Track and wishes to skate the 500m, he will then occupy the place that corresponds at the end of the serpentine. Skaters may choose their positions on the starting line for all 500-meter races based on their placement in the 200m event. In quarterfinals, semifinals, and finals the skater advancing with the highest placement from the preceding qualifier that has the fastest 200m time gets first lane choice. Example: Quarterfinal 1. 1, 2, 2, 4, 4, serpentine from 5 heats. The first place gets the first choice, the fastest time trial time of the two second places get the next lane choice, then the 2nd second and so on.

500 Meter Race: 4 go into the final							
	Heats		Quarter-finals		Semi-finals		Finals
# of skaters	# of heats	# to qualify	# of quarter finals	# to qualify	# of semi finals	# to qualify	# in finals
67 – 72	12	1, 2	4	1, 2	2	1, 2	4
61 – 66	11	1, 2	4	1, 2	2	1, 2	4
55 – 60	10	1, 2	4	1, 2	2	1, 2	4
49 – 54	9	1, 2	4	1, 2	2	1, 2	4
43 – 48	8	1, 2, 3	4	1, 2	2	1, 2	4
37 – 42	7	1, 2, 3	4	1, 2	2	1, 2	4
31 – 36	6	1, 2, 3, 4	4	1, 2	2	1, 2	4
25 – 30	5	1, 2, 3, 4	4	1, 2	2	1, 2	4
19 – 24	4	1, 2, 3	2	1, 2, 3, 4	2	1, 2	4
13 – 18	3	1, 2, 3, 4	2	1, 2, 3, 4	2	1, 2	4
9 – 12	2	1, 2, 3, 4			2	1, 2	4

SR933 Sprint Races (1000 meters)

SR933.1 Heats are set-up based on the placement of skaters in the 200m Time Trials for Track.

SR933.2 The number of skaters in the elimination round can be approximately 1-1/2 skaters for each meter of the width of the track. For example, for a track of six meters and 40 skaters, you could have 4 heats of 10 skaters. You would have 4 winners and 8 losers times to advance to the semifinals. In the semi-finals, you would have 2 heats of 6 skaters. Two winners and four loser times would advance to the finals.

- SR933.3 USARS adopted the CIC International outdoor speed skating regulation for 1000m sprints, which allows up to ten on the line according to the width of the track and the number of participants.
- SR933.4 Unlike other outdoor events, the 1000m eliminations allow skaters to qualify either by placement or fastest time. The winners of each of the heats and a designated number of fastest times, regardless of which heat they skated advance to the next round of competition. It is important to obtain times of all contestants in the elimination and semi-final heats so the designated number of contestants can be placed according to the heating schedule. When using the professional electronic timing device, one designated official will review the recording, and one designated timer will be responsible for listing the recorded time on the timer's slip for the tabulator. If manual timing is used, the current rules listed in the duties of the timers will prevail. Eight skaters will skate in the final event. The top three (3) skaters receive medals. If a skater doesn't take part in the 200m Time Trials and wishes to skate the 1000m, the skater will then occupy the place that corresponds at the end of the serpentine.
- SR933.5 For the starting line positions of the semi-finals and finals, the contestants will be arranged according by times so the fastest time will be in the first position on the inside of the track and the next fastest time will be to the right of the fastest skater and continue placing the skaters towards the outside of the track.
- SR933.6 The three semi-final heats are established according to the times registered in the heats. The winner from each of the heats will be placed according to the serpentine system, the first being the one who registered the best time and so on. Those who qualify by losers times are then arranged again, according to the times registered and the serpentine system.

SR934 Mass Start Races

- SR934.1 Heats are set-up based on the placement of skaters in the 200m Time Trials for Track and are organized using the serpentine system and according to the heating schedule listed below. Placement of contestants on the starting line is determined by the order of the skaters for that heat after the serpentine system has been applied and starting with the position on the first line and closest to the inside of the track. The number of skaters to be placed on each line at the start is determined by the width of the track used, with a distance of two (2) feet for each skater to be used as a guideline. Contestants move to the next round of competition if they qualify by placement in the previous race. Points for placements in the final are given

according to the system listed in the “tabulating” section previously listed in this manual.

# of skaters	# of heats	# to qualify	# in finals
81 – 100	5	5	25
61 – 80	4	5	20
41 – 60	3	6	18
21 – 40	2	9	18
1 – 20	0		All

SR935 Points Races

- SR935.1 Heats are set-up based on the placement of skaters in the 200m Time Trials for Track and are organized using the serpentine system and according to the heating schedule listed below. Placement of contestants on the starting line is determined by the order of the skaters for that heat after the serpentine system has been applied and starting with the position on the first line and closest to the inside of the track. The number of skaters to be placed on each line at the start is determined by the width of the track used, with a distance of two (2) feet for each skater to be used as a guideline.
- SR935.2 As the skaters pass the start-finish line on the lap before the points are to be awarded, the starter or lap counter will ring the bell to signify that on the next time across the finish line, points will be awarded to the skaters finishing in the proper placements. At the completion of the event, the points are accumulated for each skater and those placing in the qualifying positions will move forward to the next round of competition, or in the case of the final event, be awarded medals for first, second and third.
- SR935.3 The Chief Referee shall advise all skaters as to how the points are awarded before the start of the race.

SR936 Elimination Races

- SR936.1 Heats are set-up based on the placement of skaters in the 200m Time Trials for Track and are organized using the serpentine system and according to the heating schedule listed below. Placement of contestants on the starting line is determined by the order of the skaters for that heat after the serpentine system has been applied and starting with the position on the first line and closest to the inside of the track. The number of skaters to be placed on each line at the start is determined by the width of the track used, with two (2) feet for each skater to be used as a guideline.

- SR936.2 Skaters are eliminated from this event if on a prescribed lap that contestant crosses the finish line in last place. The last place skater to be eliminated from the race is determined by the last point of the last skate to cross the finish line.
- SR936.3 As the skaters pass the start-finish line on the lap before the elimination lap begins, the starter will ring the bell to signify that on the next time across the finish line, the contestant crossing the finish line last will be eliminated from the race at that point. The determination of who is the last athlete is based on the last point of the last skate to cross the finish line. The bell schedule will be predetermined by the race organizers to leave five (5) contestants remaining in the race to skate the final two (2) laps in the final event. Depending on the size of the track and the number of contestants, double eliminations may be required. The double elimination shall start at the beginning of the race.
- SR936.4 Should a skater retire from the competition by being disqualified, lapped, or voluntarily leaving the event, this retirement will count as the next corresponding elimination or eliminations. Heats for 10,000M & 15000m points and elimination race and 15000m & 20,000M elimination races.

# of skaters	# of heats	# to qualify	# in finals
41 – 80	2	15	30
1 – 40	Final		

SR937 Marathons

Guidelines for conducting the marathon events will be determined and published at the time and place of the competition.

SR938 Distance Rule Definitions for Outdoor Nationals

- SR938.1 Distance Rule Definition for Elimination or Points Elimination Races for Junior World Class and World Class In this event skaters will be eliminated by the bell down to the 5 skaters remaining with 2 laps to go in the race. Skaters may be eliminated if distanced by the leaders only if they are not contending for a point's positions 2 - 8. Skaters distanced by the race leaders who have lost contact with the 8th place skater may be distanced at the discretion of the head referee. Distanced skaters will be placed in reverse order of their elimination for overall race placement. In elimination races other than Junior World Class and World Class skater will be placed by the order they are eliminated by the bell or distanced.

- SR938.2 Distance Rule Definition for Points Race In this event skaters will be eliminated or distanced down to 10 skaters remaining in the race. Distanced skaters will be placed in reverse order of their elimination for overall race placement. Skaters in a position to be distanced by the race leader, but with a group that is all on the same lap and includes skaters who are not in a position to be distanced, will not be distanced at that time. However, if this group later in the race breaks up and individuals or groups of individuals are again in a position to be distanced by the race leader they will be eliminated.

SR940 General Sport Regulations

- SR940.1 Competitors are strictly forbidden to accept any sort of help during the competition events.
- SR940.2 At the finish of an event, all skaters entering the last straightaway of the course must not obstruct any other skaters and must continue in a straight way to the finish line.
- SR940.3 Under no circumstances, can athletes push other competitors or cut in front of them.
- SR940.4 It is forbidden to let oneself be taken in tow by another competitor or to push, obstruct or help any opponent.
- SR940.5 On the track or road closed circuit competitions, athletes who are passed shall not obstruct or favor other competitors. SR940.6 Athletes are not allowed to touch the ground inside or outside of the lines defining the boundaries of the course track, whereby shortening the course.
- SR940.7 In the case of a fall, competitors who are still able to continue the race must stand up without any help from non-competitors.
- SR940.8 All athletes must take part in races fairly and enthusiastically. Skaters deliberately slowing the pace down, may be excluded from the race after receiving a warning by the referee.
- SR940.9 In mass start races on open circuit roads, athletes must comply also with the above-mentioned rules, always keeping to their right and in no case shall they overcome the centerline of the road.
- SR940.10 As skaters cross the finish line, placement is determined by the front point of the front wheel of the leading skate with at least one wheel being in contact with the floor. If the first skate is not in contact with the floor, then the placement is decided by the leading point of the competitor's second skate. In the event of a fall, the placement for any contestant whose skates do not

have contact with the floor shall be determined by the leading point of the front wheel of the lead skate.

SR940.11 Any contestant not abiding by the above rules and regulations are subject to disqualification by the Chief Referee.