



2023-2024 Figure Skating Kickoff

Presented by the Artistic Sport Committee
November 2023
















Where Can I Get Rules Information?

USARS Figure Rules Page -

<https://www.teamusa.org/usa-roller-sports/figure-w-full-nav/figure-skating-rules>

- All the rulebooks - youth, elite, adults
- Requirements grid
- Dance Diagrams
- Technical Manual

Figure Skating Rules

- [World Skate Calculator - Determine Divisions by Age](#) 
- [World Skate Technical Rules](#) 
-  [2023 Figure News and Updates](#) 
- [2023 Original Compulsory Dance Seminar](#) 
-  [USARS 2023-24 Adult Rulebook](#) 
-  [USARS 2023-24 Elite Rulebook](#) 
-  [USARS 2023-24 Youth Rulebook](#) 
-  [2023-2024 Requirements- 9/13](#) 
-  [2023-2024 Dance Book](#) 

Where Can I Submit Suggestions/Proposals?

Best place - Your Regional Coaches Rep!

2023-2024 Coaches Regional Representatives:

South Central- Robyn Young- roborlsk8r@verizon.net

Southwest- Jody Harrah- jdbell1@sbcglobal.net

Southeast- Cindy Schrader-amschrader@aol.com

Southern- Vickie Bateman- astrosk8orlando@gmail.com

Great Lakes- Lawaun Modrich- lawaunmodrich@gmail.com

Northwest- Carrie Youngren- skagitskatefigureskating@gmail.com

North Central- Christel Sorg- christel.sorg@yahoo.com

Northeast- Robin Orcutt- robinmorcutt@gmail.com

Eastern- Janet Jordan- janetjordan02@verizon.net

Also an option - email the ASC!

figurecommittee@usarollersports.org



Adults

Adult Event Updates


- **Classic Events-** All International Dance and all Original Compulsory Dance events (team and solo) will skate only a FINAL round regardless of number of entries.
- **Classic Gold International Solo** has now been moved into the competitive structure
- **Original Compulsory Dance-** now has a maximum time limit: 2:30 (previously 2:15)



Adult Eligibility Reminders

AR AD.108 Special Eligibility Rules for Silver Divisions

Reminder: any skater younger than age 72 who, at a National Championship, places first in a Silver division or first, second, or third in Gold 1, Gold 2, Gold 3, or Classic Gold division, in which at least six placements are awarded in that Silver or Gold 1, Gold 2, Gold 3, or Classic Gold division, is no longer eligible to compete in a Silver level division of the same discipline unless thereafter:

- At least three National Championships are held; and
 - The skater competes in a Gold 1, Gold 2, Gold 3, or Classic Gold division of the same discipline in at least one Regional Championship during the three subsequent years; and
 - The skater does not place first, second, or third in a Gold 1, Gold 2, Gold 3, or Classic Gold division in which at least six placements are awarded; and
 - The skater is not otherwise ineligible to compete in a Silver level division under any other rule.
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Youth

Youth Rule Changes

- **Advanced minimum age is now 13 for all disciplines: Figures/Loops, Free Skating, Domestic Solo Dance**
- **Advanced International was modified and moved into the adult structure.**

Reminder: C events have been combined on the requirements grid to give the same requirements for all beginner skaters regardless of age. **Regions and areas should split this event based on the ages and number of entries they have.**



Youth Solo Dance Events

Rule AR YD.1000 Solo Dance – International

AR YD.1001 International Solo Dance Division

- Skaters may only skate one (1) International Solo Dance event at qualifying competitions. International Solo Dance events shall consist of the following:

Juvenile/Elementary International	Compulsory Dance only
Freshman/Sophomore International	Compulsory Dance only
Tot	Compulsory Dance + Free Dance
Mini	Compulsory Dance + Free Dance
Espoir	Compulsory Dance + Free Dance
Cadet Men	Style Dance + Free Dance
Cadet Women	Style Dance + Free Dance
Youth Men	Style Dance + Free Dance
Youth Women	Style Dance + Free Dance

Precision & Show Events

Precision	Quartet	Open Show Team	Creative Solo Show	Creative Duet Show*
<u>Precision One</u> (15 & under) 4:00 maximum	<u>Youth Quartet</u> (all skaters must be 12 & under) 3:00 maximum	All ages 4:00 maximum	<u>Juvenile A</u> (10 & under) 2:15 maximum	<u>Juvenile/Elementary</u> (all skaters must be 12 & under) 2:30 maximum
			<u>Elementary A</u> (12 & under) 2:15 maximum	
<u>Precision Two</u> (12 & over) 4:00 maximum	<u>Open Quartet</u> (at least one skater must be 13 or over) 3:00 maximum		<u>Open B</u> (open age) 2:15 maximum	<u>Open</u> (at least one skater must be 13 or over) 2:30 maximum

Youth Rule Changes - Creative Solo & Duet

AR YD.1106 Creative Duet Show Rules

- (a) Creative Duet teams shall consist of two (2) skaters of any combination of gender.
- (b) Skaters may only compete in one (1) Creative Duet event at a qualifying competition.
- (c) Skaters/teams who participate in Junior or Senior ~~Figures~~, Free Skating, Pairs, Solo Dance, or Team Dance divisions may **not** compete in any Creative Duet Show event in the same competitive season.
- (d) Skaters who participate in Junior or Senior Figures MAY compete in any Creative Duet Show event in the same competitive season.

AR YD.1105 Creative Solo Show Rules

- (a) Skaters who participate in any Creative Solo Show event may compete using either quad skates or inline skates.
- (b) Skaters/teams who participate in Junior or Senior ~~Figures~~, Free Skating, Pairs, Solo Dance, or Team Dance divisions may **not** compete in any Creative Solo Show event in the same competitive season.

Creative Duet

- **Must qualify through your region**
- **Two age divisions** - Elementary (both skaters 12 & under) and Open (either skater 13 & over)
- **Show event** - Similar rules/requirements to creative solo - footwork sequence (contact and/or non-contact) & balance maneuver required, limitations on jumps, spins, & lifts; see Youth Rulebook for full rules
- **Any combination of genders** - Teams in this event can be made up of any combination of genders, not required to be a male/female partnership
- **2023-2024 footwork pattern** - Straight Line (Long Axis)



Footwork Patterns for 2023-2024

Juvenile A, Elementary A, Open B Show Events:

Straight Line (Long Axis)

Open A Creative, Classic Creative Solo Show Events:

Serpentine

All B and C, Advanced, Youth Open Inline, Classic Inline,
Classic Free Skating Events:

Straight Line (Long Axis)

Juvenile, Elementary, Freshman/Sophomore Pairs Events:

Diagonal

All World Skate events (freeskating and pairs):

Free pattern (must use $\frac{3}{4}$ of skating surface)-

see time limits in WS books

The image features a solid red background. In the top right corner, there is a decorative arrangement of geometric shapes: a dark red square, a medium red square, and a light red square, all partially overlapping and cut off by the edge of the frame. The word "Elite" is written in a white, sans-serif font on the left side of the image.

Elite

2023-2024 Elite Rule Changes

AR ED.101 Determining Skating Age

- Skating age for Junior and Senior divisions shall be determined by the skater's age on December 31 of the current skating season. ***Skating age for the 2023–2024 season is determined by the age on December 31, 2024.***

Senior World Team Selection

AR ED.108 World Team Selection (Senior Events)

- The minimum score requirements for qualification to the World Championships in World Skate Senior events are as follows. For this, **the total score** will be applied.

Event	Solo Dance	Team Dance	Free Skating	Pairs	Inline FS	Quartet	Small Show	Large Show	Precision
Men	90	90	130	110	90	40	25	25	45
Women	90		85		70				

- Skaters who do not meet the minimum score requirement may petition the ASC for participation based on previous results (**achieving the minimum score in at least one competition over the previous year**). Petitions must be submitted via Google Form no more than ~~48~~ 24 hours following completion of the event at the qualifying competition.

Junior World Team Selection

AR ED.109 World Team Selection (Junior Events)

- The minimum score requirements for qualification to the World Championships in Junior events are as follows. For this, **the total score** will be applied.

Event	Solo Dance	Team Dance	Free Skating	Pairs	Inline FS	Quartet	Precision
Men	85	85	95	60	65	30	20
Women	85		80		60		

- Skaters who do not meet the minimum score requirement may petition the ASC for participation based on previous results (**achieving the minimum score in at least one competition over the previous year**). Petitions must be submitted via Google Form no more than **48 24** hours following completion of the event at the qualifying competition.

World Skate Ranking & Series

World Skate Ranking and Series:

Ranking will be regularly updated after each relevant competition for the categories:

- Senior (Free Skating- Ladies and Men, Dance Couples, Solo Dance- Ladies and Men, and Pairs)
- Junior (Free Ladies and Men, Dance Couples, Solo Dance Ladies and Men and Pairs) The current ranking can always be found under

<https://www.worldskate.org/artistic/ranking.html>

In the future the ranking will decide on the skating order of the above mentioned groups.

The skaters will skate their short program or Style Dance in reverse order of the ranking. Any skaters not listed in the ranking will skate in the first groups in the order drawn.

The World Cup Final will take place after the World Championships in 2024 and the points gained will be valuable for the 2025 season.



World Skate Updates

Freeskating (Youth, Junior, Senior) - please consult rulebook for updates to requirements and time of program

New World Skate music requirements

Free Skating, Couple Dance, Solo Dance, Inline Free Skating, Precision and Quartet music with spoken words can only be used a maximum of 10 seconds at the beginning or end of the program.

Coaches Communication

Coaches/trainers are not allowed to send any comments, questions, or complaints via messages, chats, direct messages, or social media posts to ANY officials involved in the competition. If this happens, the coaches skater will be **eliminated** from the competition.



World Skate Calendar

- **America's Cup** - January 14th-18th, 2024 (valuable for ranking) - Florida USA
 - **Artistic International Series** (valuable for ranking):
 - Brazil April 7th-14th, 2024
 - Italy May 20-26, 2024
 - Asuncion (End of October–Final)
 - **Pan American Championships - TBD** (possible June/July 2024)
 - **World Skate Games**- September 2nd-15th, 2024 in Italy
 - **World Cup Figures**–October, 2024 in Italy (Cadet - Senior Figures)



Costume Rules

Elite and Youth Costume Changes

AR ED.111 General Costume Rules

Costume Requirements for Elite events at USARS competitions

- The costume requirements for all events at USARS competitions will follow World Skate rules
- Costumes must be constructed in a way such that genitals, breasts including lower half, and nipples are fully covered and not visible through the material.
- If a shirt is used, the shirt must not become detached from the waist of the trousers during a performance, to show a bare midriff.

In 2024-2025 season, Youth and Cadet skaters must also follow World Skate costume rules at USARS events

In 2025-2026 season, Espoir - Tot skaters must also follow World Skate costume rules at USARS events

Figures

- The costume must not be completely sleeveless; t-shirt length or arm coverage is however sufficient. The décolleté must be modest and not expose the breast or cleavage at all.

Stones

- World Skate has noted that stones regardless of their size are still a problem and have been responsible for serious accidents. World Skate will continue to work on the problem and hopes to implement a new rule in 2025.

Upcoming Championship & Training Information

- **2024 National Championships will be held in Lincoln, NE.**
- ***Reminder: Skaters who enter Regionals in a contested event with no intentions of skating Nationals are taking the place of another skater.***
- ***Reminder: YD.105(c) Skaters/teams who have never qualified for finals in a Level (A) event where there was an elimination round at the National Championships are eligible to skate Level (B) divisions in that discipline for future competitions. (Most commonly happens in creative events)***
- ***The World Skate Academy will be divided into Online and Live Trainings:***
 - ***World Skate Seminar and Camp for Skaters in Venice, Italy in November 2023.***
 - ***Academy of World Skate Coaches, Online Classes for New Rules 2024 and Compulsory Dances will be online***



Q&A