AQUATHLON

Friday June 7, 2024

> **SWIM COURSE** 1000m

PRESENTED BY **SYNERGY**

RUN **COURSE** 5k

SWIM COURSE SWIM IN

RUN COURSE RUN OUT

RACE FINISH

© ENDURANCE AID-STATION

Rainwood Rd

RUN ELEVATION



If the water temperature is at or BELOW 76.2° F, the format will be as this map shows.

If the water temperature is ABOVE 76.2° F, the format will be a 2.5k Run, 1000m swim, 2.5k run.



State St

Lake Cunningham Rd

Rainwood Rd

