

2024 AMERICAN CUP TIMELINE

| Date | Entries | # Dives | Seconds Per Dive | Minutes | Min Between Rounds | Buffer | Total Est. Time | Start Time | End Time | Event | Notes |
|------------------------|---------|---------|------------------|---------|--------------------|--------|-----------------|------------|------------------|--------------------------------|----------|
| Monday, April 22 | | | | | | | | 7:00 AM | 5:00 PM | Open Training | |
| Tuesday, April 23 | | | | | | | | 7:00 AM | 10:00 AM | Open Training | |
| | | | | | | | | 10:00 AM | 11:30 AM | Flight 1 | |
| | | | | | | | | 11:30 AM | 1:00 PM | Flight 2 | |
| | | | | | | | | 3:30 PM | 7:00 PM | Open Training | |
| POOL CLOSED AT 7:00 PM | | | | | | | | | | | |
| Wednesday, April 24 | | | | | | | | 7:00 AM | 8:30 AM | Flight 2 | |
| | | | | | | | | 8:30 AM | 10:00 AM | Flight 1 | |
| | | | | | | | | 12:00 PM | 1:30 PM | Flight 2 | |
| | | | | | | | | 1:30 PM | 3:00 PM | Flight 1 | |
| | | | | | | | | 6:30 PM | 7:30 PM | Open Training | |
| POOL CLOSED AT 7:30 PM | | | | | | | | | | | |
| Thursday, April 25 | | | | | | | | 7:00 AM | 8:30 AM | Flight 1 | |
| | | | | | | | | 8:30 AM | 10:00 AM | Flight 2 | |
| | | | | | | | | 10:00 AM | 11:30 AM | Open Training | |
| | | | | | | | | 11:30 AM | 1:30 PM | Flight 1 | |
| | | | | | | | | 1:30 PM | 3:30 PM | Flight 2 | |
| | | | | | | | | 3:30 PM | 4:30 PM | Open Training | |
| | | | | | | | 6:30 PM | 7:30 PM | Open Training | | |
| POOL CLOSED AT 7:30 PM | | | | | | | | | | | |
| Friday, April 26 | | | | | | | | 7:00 AM | 9:00 AM | Open Training | |
| | | | | | | | | 9:00 AM | 9:45 AM | Event Warm Up | |
| | | | | | | | | 9:50 AM | 9:55 AM | Synchro Finalist Introductions | |
| | 5 | 55 | 45 | 41 | | 4 | 45 | 10:00 AM | 10:45 AM | Women's 10m Synchro Final | Combined |
| | 6 | | | | | | | | | Men's 3m Synchro Final | |
| | | | | | | | | 11:00 AM | 11:10 AM | Medal Ceremonies | |
| | | | | | | | | 11:00 AM | 11:45 AM | Event Warm Up | |
| | | | | | | | | 11:50 AM | 11:55 AM | Synchro Finalist Introductions | |
| | 8 | 70 | 45 | 52.5 | | 2.5 | 55 | 12:00 PM | 12:55 PM | Women's 3m Synchro Final | Combined |
| | 5 | | | | | | | | | Men's 10m Synchro Final | |
| | | | | | | | 1:00 PM | 1:10 PM | Medal Ceremonies | | |
| | | | | | | | 1:10 PM | 5:00 PM | Open Training | | |
| POOL CLOSED AT 5:00 PM | | | | | | | | | | | |
| Saturday, April 27 | | | | | | | | 7:00 AM | 9:15 AM | Open Training | |
| | | | | | | | | 9:15 AM | 9:55 AM | Event Warm Up | |
| | 21 | 126 | 40 | 84 | | 1 | 85 | 10:00 AM | 11:25 AM | Men's 3m Prelims | |
| | | | | | | | | 11:25 AM | 12:05 PM | Event Warm Up | |
| | 14 | 70 | 45 | 52.5 | | 2.5 | 55 | 12:10 PM | 1:05 PM | Women's 10m Prelims | |
| | | | | | | | | 1:05 PM | 2:50 PM | Open Training | |
| | | | | | | | | 2:50 PM | 3:15 PM | Event Warm Up | |
| | | | | | | | | 3:20 PM | 3:25 PM | Finalist Introductions | |
| 12 | 72 | 45 | 54 | | 1 | 55 | 3:30 PM | 4:25 PM | Men's 3m Final | | |
| | | | | | | | 4:25 PM | 4:50 PM | Event Warm Up | | |

| | | | | | | | | | | | | |
|-------------------------------|----|----|----|----|------|----|---------|---------|------------------------|----------|--------------------|-----------------------------|
| | | | | | | | 4:55 PM | 5:00 PM | Finalist Introductions | | | |
| | 12 | 60 | 45 | 45 | | | 5:05 PM | 5:50 PM | Women's 10m Final | | | |
| | | | | | | | 5:55 PM | 6:05 PM | Medal Ceremonies | | | |
| POOL CLOSED AT 6:05 PM | | | | | | | | | | | | |
| Sunday, April 28 | | | | | | | 7:00 AM | 9:15 AM | Open Training | | | |
| | | | | | | | 9:15 AM | 9:55 AM | Event Warm Up | | | |
| | | 18 | 90 | 35 | 52.5 | | 2.5 | 55 | 10:00 AM | 10:55 AM | Women's 3m Prelims | |
| | | | | | | | | | 10:55 AM | 11:35 AM | Event Warm Up | |
| | | | 14 | 84 | 45 | 63 | | 2 | 65 | 11:40 AM | 12:45 PM | Men's 10m Prelims |
| | | | | | | | | | | 12:45 PM | 1:20 PM | Open Training |
| | | | | | | | | | | 1:20 PM | 1:45 PM | Event Warm Up |
| | | | | | | | | | | 1:50 PM | 1:55 PM | Finalist Introductions |
| | | | 12 | 60 | 40 | 40 | | | 40 | 2:00 PM | 2:40 PM | Women's 3m Final |
| | | | | | | | | | | 2:40 PM | 3:05 PM | Event Warm Up |
| | | | | | | | | | | 3:10 PM | 3:15 PM | Finalist Introductions |
| | | | 12 | 72 | 45 | 54 | | 1 | 55 | 3:20 PM | 4:15 PM | Men's 10m Final |
| | | | | | | | | | | 4:15 PM | 4:55 PM | Event Warm Up |
| | | | | | | | | | | 5:00 PM | 5:05 PM | Team Finalist Introductions |
| | | | 6 | 24 | 40 | 16 | | 4 | 20 | 5:10 PM | 5:30 PM | Team Event |
| | | | | | | | | | | 5:35 PM | 5:50 PM | Medal Ceremonies |
| POOL CLOSED AT 6:00 PM | | | | | | | | | | | | |