



AGE GROUP TEAM USA RESOURCE GUIDE



- Athlete Journey: Qualification Email → USA Triathlon Spot Fee → World Triathlon Registration → Team Kit
- Athlete Communication: Teamworks + Monthly Town Halls
- Athlete Resources: Teamworks + Team USA Website
- Athlete Questions/Concerns: Teamusa@usatriathlon.org

Pre-Event Check List

- Confirm contact email: Login – USA Triathlon
- Pay required spot fee (\$110 per event discipline)
- Register for races with World Triathlon
- Check Passport Expiration Date + ETA Tourist Visa
- Download Teamworks App
- Register for Monthly Town Halls HERE
- Purchase Team USA Race & Team Kit

2026 World Championships Event Websites

Pontevedra, Spain: HERE



Abu Dhabi, UAE: HERE



Zofingen, Switzerland: HERE



Bike Rental Options

★ Pontevedra

★ Abu Dhabi

Nirvana Travel Packages

★ Pontevedra

★ Abu Dhabi

Bike Shipping

★ Bike Flights

IMPORTANT CONTACTS + LINKS:



TEAMWORKS APP



customerservice@zootsports.com

QUALIFICATION INFOGRAPHIC: HERE

INSURANCE REQUIREMENT: HERE

Customer Service: Teamusa@usatriathlon.org

Team Kit: HERE

Monthly Town Halls: HERE

Team USA Website: HERE



2026 AGE GROUP TEAM USA TRAVEL INFORMATION



Review 2026 Competition Rules: [HERE](#)

Complete World Triathlon athlete waiver and find Athlete ID number: [HERE](#)

Insurance requirement: [HERE](#)

Important Travel Note

1. If transiting or travelling through Europe airports: [ETA Required](#).

2. NEW European Entry/Exit System (EES):

Progressively being phased in starting 10/12/25: [EES - EES Homepage](#)

3. Check Passport Expiration Date

Pontevedra/Zofingen: Passport exp. date at least 3 mos. after departure date

Abu Dhabi: Passport exp. date at least 6 mos. after departure date

Emergency Services

U.S. EMBASSIES: [HERE](#).

U.S. Spain Embassy (Madrid): [HERE](#) Spain ER Services: 112

U.S. Switzerland Embassy (Bern): [HERE](#) Switzerland: Police: 112 Medical/Ambulance: 144

U.S. Abu Dhabi Embassy: [HERE](#) Abu Dhabi: Police: 999 Ambulance: 998 Fire: 997

Emergency Contacts

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