



# 2026 AGE GROUP TEAM USA RESOURCE GUIDE



- Athlete Journey: Qualification Email → USA Triathlon Spot Fee → World Triathlon Registration → [Team Kit](#)
- Athlete Communication: Teamworks + [Monthly Town Halls](#)
- Athlete Resources: Teamworks + Team USA [Website](#)
- Athlete Questions/Concerns: Team USA [Website](#) + USA Triathlon Team USA [Email](#)

## Pre-Event Check List

- Confirm contact email: Login – USA Triathlon
- Register for races with World Triathlon
- Pay required spot fee
- Check Passport Expiration Date\* + ETA Tourist Visa\*
- Download Teamworks App
- Register for Monthly Town Halls
- Purchase Team USA Race & Team Kit

## 2026 World Championships Event Websites

Padola, Italy: [HERE](#)



Pontevedra, Spain: [HERE](#)



Abu Dhabi, UAE: [HERE](#)



Zofingen, Switzerland: [HERE](#)



### Bike Rental Options

- ☀️ [Pontevedra](#)
- ☀️ [Abu Dhabi](#)

### Nirvana Travel Packages

- ☀️ [Pontevedra](#)
- ☀️ [Abu Dhabi](#)

### Bike Shipping

- ☀️ [Bike Flights](#)

## IMPORTANT CONTACTS + LINKS:



[TEAMWORKS APP](#)



[customerservice@zootsports.com](mailto:customerservice@zootsports.com)

Customer Service: [Teamusa@usatriathlon.org](mailto:Teamusa@usatriathlon.org)

Team Kit: [HERE](#)

Monthly Town Halls: [HERE](#)

Team USA Website: [HERE](#)

Emergency Contacts

Tim Yount 719-351-2985

Kate Hannapel (719) 955-2829 ext #282



# 2026 AGE GROUP TEAM USA TRAVEL INFORMATION



International Travel Insurance: [HERE](#)

Packing List: [HERE](#)

Sign Insurance agreement in Teamwork's

Review 2026 Competition Rules: [HERE](#)

Complete World Triathlon athlete waiver and find Athlete ID number: [HERE](#)

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## Important Travel Note

1. If transiting or travelling through UK airports: [ETA Required](#).

2. NEW European Entry/Exit System (EES):

Progressively being phased in starting 10/12/25: [EES - EES Homepage](#)

Padola, Italy: Passport exp. date at least 3 mos. after departure date

Pontevedra/Zofingen: Passport exp. date at least 3 mos. after departure date

Abu Dhabi: Passport exp. date at least 6 mos. after departure date

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## Emergency Services

U.S. EMBASSIES: [HERE](#).

U.S. Italian Embassy (Rome): [HERE](#)

Italy Medical ER: 112

U.S. Spain Embassy (Madrid): [HERE](#)

Spain ER Services: 112

U.S. Switzerland Embassy (Bern): [HERE](#)

Switzerland: Police: 112 Medical/Ambulance: 144

U.S. Abu Dhabi Embassy: [HERE](#)

Abu Dhabi: Police: 999 Ambulance: 998 Fire: 997

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