

# Ballet Difficulty

2024 Edition

	0 - 5 Points	6 - 10 Points	11 - 15 Points	16 - 20 Points	21 - 25 Points
<b>Revolutions</b>	2 or less Revolutions	3 Complete Revolutions			
	Note: Minimum expectations are 3 revolutions				
<b>Arm Bracing</b>	1 Arm Braced	1 Pass Unbraced	2 Passes Unbraced	2 Passes Fully Unbraced	
	Note: Fully unbraced = at least 180 degrees of the show course				
<b>Arm/Leg Routine</b>	Either staggered or combination of staggered and unison movements		Movements in unison incorporating more moves (2 arms used in routine) for both unbraced passes		
	Note: Enhancing variables: Intricate routines, continuous moves in unison throughout routine, props, quick clean transitions between holds.				
<b>Handle Hold</b>	Handle/Seat	Rope held with heel, toe or seat hold with minimum expectation of at least two different holds.			
	Note: Difficulty increases as # of skiers increase. To get full difficulty credit, handles in heel hold must be at the heel. Legs at the same angle.				
<b>Toe Turns in Ballet Circle</b>		All 2 - 9 Skiers Staggered toe turns	All 10 + Skiers Staggered toe turns	All 8 - 14 Skiers Toe turns in unison	All 15 + Skiers Toe turns in unison
	Note: Toe turn scores are based on being done in a circle pattern. Straight Line Toe Turns / Assisted / Every Other Move down one category				
<b>Skiing Leg</b>	On different legs	All skiers are skiing on the same leg			
<b>Starts</b>	2 - 10 Skiers	11 - 15 Skiers	16 - 20 Skiers	21 - 25 Skiers	26+ Skiers
	Note: Difficulty level is based on the number of skiers starting together and make the dock start				
<b>Landings</b>	2 - 10 Skiers	11 - 15 Skiers	16 - 20 Skiers	21 - 25 Skiers	26+ Skiers
	Note: A broken landing will affect difficulty points based on how bad it was broken.				
<b>Number of Skiers</b>	2 - 10 Skiers	11 - 15 Skiers	16 - 20 Skiers	21 - 25 Skiers	26+ Skiers
<b>Different types of starts</b>	Beach start		Braced or Unbraced Dock Start	Toe start	
	*****Starts listed in order of relative difficulty only*****				

\* This difficulty matrix is to be used as a tool and resource when scoring the difficulty category of a given ballet act. The matrix is NOT intended to be used when scoring the categories of flow, execution, or spectator appeal.

\*Knee holds in ballet are discouraged.

2/15/2023