

# ATHLETIC TRAINING MODALITIES, MASSAGES, AND RUBDOWNS POLICY

2022 MINOR ATHLETE ABUSE  
PREVENTION PROGRAM



## POLICY APPLICATION

Policy applies to all In-Program athletic training modalities, massages, and rubdowns no matter the location.

## POLICY REQUIREMENTS

- 1** | Must follow **ALL** aspects of the One-on-One Interactions Policy. All interactions must be:
  - Observable
  - Interruptible
- 2** | Must **ALWAYS** have a second **Adult Participant** present in the room of treatment.
- 3** | Consent is required.
  - Documented consent is required from Minor Athlete's parent/guardian.
  - Consent must be documented on an annual basis by the provider, or the Organization.
  - Must be collected prior to ANY treatment.
  - Consent can be withdrawn at any time.
- 4** | Treatment to be done with the Minor Athlete fully or partially clothed. The Minor Athlete's breasts, buttocks, groin, and genitals **MUST** always be covered.
- 5** | Parents **MUST** be allowed to attend treatment; the exception being events in which the treatment area is restricted for athlete safety.

## \*THERE ARE **NO POLICY EXCEPTIONS**

## COMMON QUESTIONS

If a parent is present in the room when treatment occurs, does this satisfy the requirement for a second Adult Participant to be present in the room?



**A:** Possibly. The parent **must** be an Adult Participant who has completed the *SafeSport Trained* Core. If the parent is not an Adult Participant, there is still a requirement for a second Adult Participant to be present during treatment.

If the second Adult Participant is in an adjacent room where they can see treatment, does this satisfy the requirement for a second Adult Participant to be present during treatment?



**A:** No. The second Adult Participant **must** be in the same room as treatment.