#### USA Weightlifting – Medical Volunteer Application Requirements

#### **Professional Credentials**

Active, unrestricted state license in a healthcare profession (MD/DO, PT, ATC, DC, LMT)

#### **Education & Certifications**

- Current CPR/BLS certification (valid through event dates)
- Emergency Medical Responder (EMR) certification (preferred/recommended)

## Experience

- 5 years of work experience working with athletes in sports medicine or rehabilitation (highschool, collegiate, or professional)
- Familiarity with acute injury management and emergency care in sideline sports
- Competence in musculoskeletal assessment and treatment in high-performance settings
- Strong background in manual treatments (preferred/recommended)

# Commitment & Availability

- Available to travel and work entire duration of competition days (5 day minimum commitment)
- Willing to attend required USAW medical training/meetings

## **Professional Expectations**

- Strong communication and collaboration skills with athletes, coaches, and staff
- Agreement to maintain athlete confidentiality (HIPAA compliance)
- Professional conduct on and off the competition platform as a representative of USAW

While not mandatory, a recommendation from the current medical staff may strengthen the application once all criteria above are fulfilled.

# All required documents must be submitted with your application.

- 1. Professional License
- 2. Resume or CV
- 3. BLS from American Heart Association or American Red Cross
- 4. Please write a short personal statement (150–200 words) explaining why you want to be a medical volunteer for USA Weightlifting. Include your motivation, any relevant medical or sports experience, and how you support athlete health and safety. Highlight your ability to work in a team and contribute to a high-performance environment.

Please submit applications to Director of Sports Medicine Dr. Alex Hu at <a href="mailto:ahu2468@gmail.com">ahu2468@gmail.com</a>