

2026 Youth World Championships Rankings - Women

Rankings as of 3/9/2026

	Athlete Name	Body Weight	Total	% of A Standard	Age as of 12/31/26	Competition Total Achieved
1	Adelyn Jones	69	200	107.53%	17	2026 Virus Series 1
2	Jaedyn Orton	48	150	103.45%	17	2026 Virus Series 1
3	Keilana Brewer	63	186	103.33%	17	2026 Virus Series 1
4	Chassity Del Balso	63	183	101.67%	16	2026 Virus Series 1
5	Kaia Jacobs	77+	196	101.03%	17	2025 Virus Series 2
6	Kinsley Rodden	77+	196	101.03%	17	2026 Virus Series 1
7	Gianna Van Hofwegen	69	184	98.92%	16	2025 Virus Weightlifting Finals
*	Eleanor Cler	77+	187	96.39%	17	2025 Virus Weightlifting Finals
8	Amelia Phillips	53	153	96.23%	17	2026 Virus Series 1
9	Piper Jones	48	139	95.86%	17	2026 Virus Series 1
10	Brynn Catalano	58	161	93.60%	17	2025 Pan American Youth Championships

A Standard	
44	130
48	145
53	159
58	172
63	180
69	186
77	190
77+	194

B Standard - Minimum	
44	122
48	136
53	149
58	161
63	169
69	175
77	179
77+	182