

# **EVENT SCHEDULE REGION 10**

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**May 3- May 4, 2025  
Novato, CA**



**CONTACTS**

**Meet Director**

**Name: Miranda Maas**  
**Email: [info@divelab.org](mailto:info@divelab.org)**  
**Phone: 415-497-8366**

**USA Diving Contact**

**Name: Mike Retcher**  
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**ARRIVAL DETAILS**

**Facility-Miwok Aquatic and  
Fitness Center**

**Address: 1800 Ignacio Blvd  
Novato, CA 94949**

**Practice Day-May 2**

**9AM-5PM**

**Technical meeting  
May 2 @5pm**



**DAY 1- MAY 3**

**DAY 2- MAY 4**

**1 meter:**

**Boys D (11 & under)  
Boys C (12-13)  
Girls B (14-15)  
Girls A (16-18)**

**1 meter:**

**Girls D (11 & under)  
Girls C (12-13)  
Boys B (14-15)  
Boys A (16-18)**

**3 meter:**

**Girls D (11 & under)  
Girls C (12-13)  
Boys B (14-15)  
Boys A (16-18)**

**3 meter:**

**Boys D (11 & under)  
Boys C (12-13)  
Girls B (14-15)  
Girls A (16-18)**