

NY WSO Board Meeting – Sunday, June 22, 2025.

Zoom Meeting

The meeting was called to order by WSO President James McDermott at 7:00 PM.

Board Members Present: Brian DeGennaro, Chris Smith, Michelle Woogen, James McDermott, Erica Caso, Alyssa Garrison, and Joe Rodriguez.

Absent with notice: Frank Ford and Jerry Dunne.

Agenda

General Items:

- Youth and Junior Scholarships Update.
- WSO Records Updates.
- WSO Hall of Fame Plaques.

NYS Championships:

- Barbell Purchase.
- Volunteer Update.
- Electronics & Supplies.
- Medals & Plaques.

Meeting Minutes

General Items

Youth and Junior Scholarships Update

James informed the board that scholarships were processed earlier in the month. Each winner had their entry form for the National Youth or National Junior Championships refunded to the original form of payment by USAW Staff.

WSO Records Updates

- **WSO Website:** The records page on www.nywso.com has been updated with new documents reflecting the revised NY State record standards. The site also outlines the methodology used to determine these standards and explains the updated process for claiming a record.

- **New Records:** Nine record standards were broken at the Murder of Crows Open by Adanze Asante, Holly Crane, and John Shishido.

- **30-34 Age Group:** Discussion was held regarding the addition of a 30-34-year-old Masters age group, which will debut at the 2025 United Masters Weightlifting Federation's World Championships (coinciding with the American Open). The board agreed to table further discussion until guidance is received from USA Weightlifting.

- **Master Women Records:** It was discovered that no record standards currently exist for many of the 65-69- and 70-74-women's categories due to a lack of carryover data from previous records.
 - **Motion 1:** James moved to set new record standards for these age groups.
Seconded by Joe Rodriguez.
Vote: 4 in favor, 1 opposed, 1 abstained – *Motion passed.*

 - **Motion 2:** James moved to set the 65-69 age group standards by reducing the 60-64 records by 5%, and then applying an additional 5% reduction to establish 70-74 standards.
Seconded by Brian DeGennaro.
Vote: 5 in favor, 1 abstained – *Motion passed.*

- **BARS Spreadsheet:** It was noted that the BARS spreadsheet was not updated in time for the start of Nationals week. Members are advised to consult nywso.com for the most current and accurate records ahead of competitions.

WSO Hall of Fame

James moved to approve the purchase of two additional Hall of Fame plaques – one for Murray Levin and another for Artie Dechsler.

Seconded by Michelle Woogen

Vote: All in favor – *Motion passed.*

NYS Championships

Barbell Purchase

The board discussed purchasing one men's and one women's barbell to be used in the competition and awarded to the first-place men's and women's teams at the NYS Championships.

James motioned to approve the purchase of:

- (1) Rogue Men's Pyrros 20 kg barbell (\$600)
- (1) Rogue Women's Pyrros 15 kg barbell (\$615)

Estimated total: \$1,312.20, with a spending cap of \$1,600. The purchase will be made by USAW staff using the WSO card, with shipment to Binghamton, NY.

Seconded by Chris Smith.

Vote: All in favor – *Motion passed.*

Volunteer Update

James informed the group that volunteer sign-ups are going well. Weigh-in officials and loaders are two positions that need the most help at the moment. He'll continue to work throughout the summer to fill those positions. Interested individuals should reach out to him if they'd like to volunteer.

Electronics & Supplies

The project to organize the wiring and other electronics used at the NYS Championships is going well. Wires spools have been used to store the 100' HDMI cables.

Medals & Plaques

The new NYS Championships medals are still in production. Outstanding Athlete, Outstanding Coach, Best Lifter, and Hall of Fame plaques previously ordered have arrived on Monday, June 23rd.

Meeting adjourned at 7:58 PM.

Next meeting: TBD.