

## 2026 USA Diving Regional 6 Championships Schedule

Day 0	Open Training	Open Training	12:00 PM				4:00 PM				
			# of Dives	# of divers (SPLIT BOARD)	Seconds Per Dive	Event Time Minutes	Warm-Up Time Given (Minutes)	Warm-Up Start	Warm-Up End	Event Start	Event End
Day 1	Open Training	Group A & B Only Open Training	8:00 AM				9:25 AM				
	Qualifying Event	Group A Girls 1-Meter	9	23	32	110.4	35	9:25 AM	10:00 AM	10:05 AM	11:55 AM
	Qualifying Event	Group B Boys 3-Meter	9	9	33	44.6	35	9:25 AM	10:00 AM	10:05 AM	10:49 AM
	Qualifying Event	Group B Girls 1-Meter	8	13	34	58.9	35	11:50 AM	12:25 PM	12:30 PM	1:28 PM
	Qualifying Event	Group A Boys 3-Meter	10	22	32	117.3	35	11:50 AM	12:25 PM	12:30 PM	2:27 PM
Day 1	NON-Qualifying Event	Group C & D Girls 3-Meter	7	12	35	49.0	35	2:30 PM	3:05 PM	3:10 PM	3:59 PM
	NON-Qualifying Event	Group C & D Boys 1-Meter	8	7	35	32.7	35	2:30 PM	3:05 PM	3:10 PM	3:42 PM
	Open Training	Open Training	4:00 PM				5:00 PM				
	NON-Qualifying Event	Group A & B Girls Platform	8	11	42	61.6	45	5:00 PM	5:45 PM	5:50 PM	6:51 PM
			# of Dives	# of divers (SPLIT BOARD)	Seconds Per Dive	Event Time Minutes	Warm-Up Time Given (Minutes)	Warm-Up Start	Warm-Up End	Event Start	Event End
Day 2	Open Training	Group A & B Only Open Training	7:00 AM				9:25 AM				
	Qualifying Event	Group A Girls 3-Meter	9	21	32	100.8	35	9:25 AM	10:00 AM	10:05 AM	11:45 AM
	Qualifying Event	Group B Boys 1-Meter	9	12	34	61.2	35	9:25 AM	10:00 AM	10:05 AM	11:06 AM
	Qualifying Event	Group B Girls 3-Meter	8	11	34	49.9	35	11:45 AM	12:20 PM	12:25 PM	1:14 PM
	Qualifying Event	Group A Boys 1-Meter	10	14	32	74.7	35	11:45 AM	12:20 PM	12:25 PM	1:39 PM
Day 2	NON-Qualifying Event	Group C & D Girls 1-Meter	7	8	35	32.7	35	1:40 PM	2:15 PM	2:20 PM	2:52 PM
	NON-Qualifying Event	Group C & D Boys 3-Meter	8	6	35	28.0	35	1:40 PM	2:15 PM	2:20 PM	2:48 PM
	NON-Qualifying Event	Group A & B Boys Platform	9	5	42	31.5	60	3:00 PM	4:00 PM	4:05 PM	4:36 PM