

SUPER SPRINT TRIATHLON TIME TRIAL (Non-Draft)

Thursday
June 6, 2024

SWIM COURSE
200m

PRESENTED BY
synergy

BIKE COURSE
5k

RUN COURSE
1.2k

KEY

- SWIM COURSE
- - - SWIM IN
- BIKE COURSE
- - - BIKE IN/OUT
- RUN COURSE
- - - RUN OUT
- ⊙ RACE FINISH
- D BIKE DISMOUNT
- M BIKE MOUNT
- G ENDURANCE AID-STATION
- ! PENALTY BOX

BIKE ELEVATION



*Minimal elevation change



PRESENTED BY
Mutual of Omaha

