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Description automatically generated2025 US Open Poomsae Information Packet*

**PROMOTER**

**Pan American Taekwondo Union**

**General Guadalupe Victoria 214, Zona Centro, 20000 | Aguascalientes, Mexico**

**events@panamericantaekwondounion.org**

**World Taekwondo**

**10th Floor, Booyoung Taepyung Building 55, Sejong-daero, Jung-gu, Seoul Republic of Korea 04513**

**Seniors: G2 Junior: N/A Cadets: N/A**

**USA Taekwondo**

**1015 Garden of the Gods Road Suite 110**

**Colorado Springs, CO 80907**

**719-374-5736 Phone**

USATKD

One Olympic Plaza

Colorado Springs, Colorado 80909

1-719-866-2423

**SANCTIONED BY**

World Taekwondo

10th Floor, Booyoung Taepyung Building 55, Sejong-daero, Jung-gu, Seoul Republic of Korea 04513

Pan American Taekwondo Union

General Guadalupe Victoria 214, Zona Centro, 20000 | Aguascalientes, Mexico

[events@panamericantaekwondounion.org](mailto:events@panamericantaekwondounion.org)

**ORGANIZER**

USATKD

One Olympic Plaza

Colorado Springs, Colorado 80909

1-719-866-2423

Christine Simmons, Managing Director

[cssimmons@usatkd.org](mailto:cssimmons@usatkd.org)

Eric Wininger, Associate Director of National Teams

[ewininger@usatkd.org](mailto:ewininger@usatkd.org)

Katie Cleveland, Senior Events Manager

[kcleveland@usatkd.org](mailto:kcleveland@usatkd.org)

Michael Newman, Events Assistant Manager

[mnewman@usatkd.org](mailto:mnewman@usatkd.org)

**VENUE**

Reno-Sparks Convention Center

4590 S Virginia Street

Reno, Nevada 89502

**Hotel accommodation**

**ACCOMMODATION & TRANSPORTATION**

All accredited club/teams participating at the event are strongly recommended to book their hotel accommodation via the Organizing Committee in the Official Hotels through <https://groups.reservetravel.com/group.aspx?id=78061>

**One** shuttle bus will run between the Circus Circus Hotel, Silver Legacy Hotel, El Dorado Hotel, and the Reno Convention Center on a loop from February 14-16, 2025, from 6:30 AM – 11:30 AM and 4:30 PM – 9:00 PM

**REGISTRATION & ACCREDITATION**

February 14-16, 2025

Reno-Sparks Convention Center

4590 S Virginia Street

Reno, Nevada 89502

**DRAW SHEETS & DESIGNATED POOMSAE**

Poomsae draws and brackets will be published after the Technical Meeting on the USATKD website and Facebook page. Designated Poomsae will be released during the poomsae head of team meeting.

[USA Taekwondo | 2025 U.S. OPEN TAEKWONDO CHAMPIONSHIP (usatkd.org)](https://www.usatkd.org/2025-u-s-open-taekwondo-championship)

**SEEDING**

World Taekwondo Poomsae World Ranking Bylaw will be in force. Seeding will be done for Recognized Under 30, Recognized Under 40, and 17 and Over Freestyle divisions. All other poomsae divisions will not be seeded.

**HEAD OF TEAM MEETING**

The head of team meeting will be Thursday February 13, 2025. Time TBD.

**COMPETITION RULES**

World Taekwondo Poomsae Rules will be followed.

To view poomsae rules, please see the World Taekwondo website: [CLICK HERE](https://www.worldtaekwondo.org/rules-wt/rules.html?sc=02)

**CONTEST TIME**

Recognized Poomsae

Individual, Pair, and Team competitions up to 90 seconds. The waiting period between 1st poomsae and 2nd poomsae is minimum of 30 seconds.

Free Style Poomsae

Individual, Pair, and Mixed Team competitions from 90 seconds to 100 seconds.

The WT Technical Delegate has the authority to adjust the contest time as seen fit.

**ATHLETE ELIGIBILITY REQUIREMENTS**

1. Holder of a valid WT Global Athlete License.
2. Member of the team/club of a pertinent Member National Association, recognized by the Pan American Taekwondo Union or World Taekwondo.
3. Holder of 1st Dan/Poom, and above (WT regulations) for Cadet athletes and above.

Contestants may compete in a maximum of two events per WT Competition Rules (in recognized poomsae and/or freestyle poomsae). If an athlete is registered in more than two events, the athlete will randomly be removed from the needed events until meeting the two limit criteria.

**NO ONSITE REGISTRATION WILL BE ACCEPTED FOR ATHLETES**

* Minimum age of 18 years.

**COACH ELIGIBILITY REQUIREMENTS**

* Holder of a valid WT Global Official License.
* Coach is not allowed to wear a Dobok while coaching.

**Beginning January 1, 2025 all Poomsae Coaches participating in WT recognized tournaments must hold a WT Poomsae Coach Certification.  The first online course will be offered through**[**Simply Compete**](https://worldtkd.simplycompete.com/)**in the**[**Courses section**](https://worldtkd.simplycompete.com/courses?pageNumber=1&itemsPerPage=12&courseType=all&isArchived=false&isOffline=)**.  Coaches can register online through their Simply Compete profile.**

**NO ONSITE REGISTRATION WILL BE ACCEPTED FOR COACHES**

**USA Coaches**

USA Coaches are required to complete and pass a background check (every two years), complete the U.S. Center for SafeSport training (every year).

The SafeSport and background check can be completed from your [Sport80](https://auth.sport80.com/saml/login?SAMLRequest=jZFNTwIxEIbv%2FIqmd3a7X3w0yxKUgyQYCawevJjZboXG3RY7XfTnW0AiiYnx1rx9Z95nZvLpZ9uQg7SojJ7QKGB0WvTyWed2ei3fO4mOeIfGCe2s5gZQIdfQSuRO8M3sfsnjgPG9Nc4I01CymE%2FoiwAYJCIdJmkaD%2BLXcSKyLB2OajmqasaSygvjyv9JoOTpku37%2BHLETi40OtDOSyyO%2Bizts6iMBjwb8iR7pmTuoZQGd6raObdHHobgiQPcG%2BtGLBCmDRHaJmzMVmlKVt94N0rXSm%2F%2FnqU6m5DfleWqv3rYlJTMEKU9Bt4ajV0r7UbagxLycb38QegQHMi3D6Nr8xsFBNIiPz75aUh73is%2FKn8DwSWcFv%2BLaqWD2hvy8CquyMPrqxa9Lw%3D%3D&SigAlg=http%3A%2F%2Fwww.w3.org%2F2001%2F04%2Fxmldsig-more%23rsa-sha512&Signature=QghFWPXF6eSNqYL1uOnb%2FbtwGANy156CRSMU78k5ZWWbhPhY8AV02JF0gdooo9V4LCxwBKmyMuzuaXU2oCrm%2FT83JARatmMQBFP%2B%2Bh9nLmpLpVx7P80fmp9ZIwd%2FNKjFoUtqAm9Wr9kzUGsRChuyggZL2yy1DuDekz5IRHQYPs9ORT6%2BxLLPbdAfmI%2Bum28KUxQ5yE8kTTnC0BrPNlGTQkRnYbw1K0F11zdromZXLHCi5bRR1zyUW0Xyq%2BetJ3CAyEWaw8i78ePs%2Fyh9fzvSlrb4gubuVT%2FtsGjgRtcBtfqBWS2WMutgdLFoEdej1dytZTAP%2BeD67b5DuGKbnI7Grg%3D%3D) profile.

First Time SafeSport - <https://sport80.zendesk.com/hc/en-us/articles/360054619112-How-do-I-take-SafeSport-core-training->

SafeSport Refreshers - <https://sport80.zendesk.com/hc/en-us/articles/360054619252-How-do-I-take-a-SafeSport-refresher-course->  
These will update on Sport80 automatically every 24 hours if you follow the link through your [Sport80](https://auth.sport80.com/saml/login?SAMLRequest=jZFNTwIxEIbv%2FIqmd3a7X3w0yxKUgyQYCawevJjZboXG3RY7XfTnW0AiiYnx1rx9Z95nZvLpZ9uQg7SojJ7QKGB0WvTyWed2ei3fO4mOeIfGCe2s5gZQIdfQSuRO8M3sfsnjgPG9Nc4I01CymE%2FoiwAYJCIdJmkaD%2BLXcSKyLB2OajmqasaSygvjyv9JoOTpku37%2BHLETi40OtDOSyyO%2Bizts6iMBjwb8iR7pmTuoZQGd6raObdHHobgiQPcG%2BtGLBCmDRHaJmzMVmlKVt94N0rXSm%2F%2FnqU6m5DfleWqv3rYlJTMEKU9Bt4ajV0r7UbagxLycb38QegQHMi3D6Nr8xsFBNIiPz75aUh73is%2FKn8DwSWcFv%2BLaqWD2hvy8CquyMPrqxa9Lw%3D%3D&SigAlg=http%3A%2F%2Fwww.w3.org%2F2001%2F04%2Fxmldsig-more%23rsa-sha512&Signature=QghFWPXF6eSNqYL1uOnb%2FbtwGANy156CRSMU78k5ZWWbhPhY8AV02JF0gdooo9V4LCxwBKmyMuzuaXU2oCrm%2FT83JARatmMQBFP%2B%2Bh9nLmpLpVx7P80fmp9ZIwd%2FNKjFoUtqAm9Wr9kzUGsRChuyggZL2yy1DuDekz5IRHQYPs9ORT6%2BxLLPbdAfmI%2Bum28KUxQ5yE8kTTnC0BrPNlGTQkRnYbw1K0F11zdromZXLHCi5bRR1zyUW0Xyq%2BetJ3CAyEWaw8i78ePs%2Fyh9fzvSlrb4gubuVT%2FtsGjgRtcBtfqBWS2WMutgdLFoEdej1dytZTAP%2BeD67b5DuGKbnI7Grg%3D%3D) profile.

**POOMSAE DIVISIONS**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **INDIVIDUAL POOMSAE** | | | | |
| AGE CLASS | AGE DIVISION | BELT COLOR | RANK | COMPETITION FORMAT |
| DRAGON | 6-7 YEARS OLD | BLACK | 1ST – 9TH | MODIFIED WT FORMAT |
| TIGER | 8-9 YEARS OLD | BLACK | 1ST – 9TH | MODIFIED WT FORMAT |
| YOUTH | 10-11 YEARS OLD | BLACK | 1ST – 9TH | MODIFIED WT FORMAT |
| CADET | 12-14 YEARS OLD | BLACK | 1ST – 9TH | MODIFIED WT FORMAT |
| JUNIOR | 15-17 YEARS OLD | BLACK | 1ST – 9TH | MODIFIED WT FORMAT |
| UNDER 30 | 18-30 YEARS OLD | BLACK | 1ST – 9TH | SINGLE ELIMINATION |
| UNDER 40 | 31-40 YEARS OLD | BLACK | 1ST – 9TH | SINGLE ELIMINATION |
| UNDER 50 | 41-50 YEARS OLD | BLACK | 1ST – 9TH | MODIFIED WT FORMAT |
| UNDER 60 | 51-60 YEARS OLD | BLACK | 1ST – 9TH | MODIFIED WT FORMAT |
| UNDER 65 | 61-65 YEARS OLD | BLACK | 1ST – 9TH | MODIFIED WT FORMAT |
| OVER 65 | 66 & OLDER | BLACK | 1ST – 9TH | MODIFIED WT FORMAT |
| OVER 70 | 71 & OLDER | BLACK | 1ST – 9TH | MODIFIED WT FORMAT |

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| **PAIRS POOMSAE** | | | |
| **CO-ED: 1 MALE & 1 FEMALE** | | | |
| **CADET (12-14), JUNIOR (15-17), UNDER 30 (18-30), UNDER 60 (31-60) & OVER 60 (61+)** | | | |
| DIVISION | BELT | RANK | GENDER |
| CADET | BLACK | 1ST – 9TH | CO-ED |
| JUNIOR | BLACK | 1ST – 9TH | CO-ED |
| UNDER 30 | BLACK | 1ST – 9TH | CO-ED |
| UNDER 50 | BLACK | 1ST – 9TH | CO-ED |
| UNDER 60 | BLACK | 1ST – 9TH | CO-ED |
| OVER 60 | BLACK | 1ST – 9TH | CO-ED |

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| **TEAM POOMSAE** | | | |
| **3 COMPETITORS OF THE SAME GENDER** | | | |
| **CADET (12-14), JUNIOR (15-17), UNDER 30 (18-30), UNDER 60 (31-60) & OVER 60 (61+)** | | | |
| DIVISION | BELT | RANK | GENDER |
| CADET | BLACK | 1ST – 9TH | MALE |
| CADET | BLACK | 1ST – 9TH | FEMALE |
| JUNIOR | BLACK | 1ST – 9TH | MALE |
| JUNIOR | BLACK | 1ST – 9TH | FEMALE |
| UNDER 30 | BLACK | 1ST – 9TH | MALE |
| UNDER 30 | BLACK | 1ST – 9TH | FEMALE |
| UNDER 50 | BLACK | 1ST – 9TH | MALE |
| UNDER 50 | BLACK | 1ST – 9TH | FEMALE |
| UNDER 60 | BLACK | 1ST – 9TH | MALE |
| UNDER 60 | BLACK | 1ST – 9TH | FEMALE |
| OVER 60 | BLACK | 1ST – 9TH | MALE |
| OVER 60 | BLACK | 1ST – 9TH | FEMALE |

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| **INDIVIDUAL FREESTYLE POOMSAE** | | | |
| **12-17 & 18+** | | | |
| DIVISION | BELT | RANK | GENDER |
| 12-17 | BLACK | 1ST – 9TH | MALE |
| 12-17 | BLACK | 1ST – 9TH | FEMALE |
| 18+ | BLACK | 1ST – 9TH | MALE |
| 18+ | BLACK | 1ST – 9TH | FEMALE |

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| **PAIRS FREESTYLE POOMSAE** | | | |
| **COED: 1 MALE & 1 FEMALE** | | | |
| **12-17 & 18+** | | | |
| DIVISION | BELT | RANK | GENDER |
| 12-17 | BLACK | 1ST – 9TH | CO-ED |
| 18+ | BLACK | 1ST – 9TH | CO-ED |

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| **TEAMS FREESTYLE POOMSAE** | | | |
| **COMPOSITION OF 5 MEMBERS OF AT LEAST 2 MALES & 2 FEMALES** | | | |
| **12-17 & 18+** | | | |
| DIVISION | BELT | RANK | GENDER |
| 12-17 | BLACK | 1ST – 9TH | CO-ED |
| 18+ | BLACK | 1ST – 9TH | CO-ED |

**COMPULSORY POOMSAE**

|  |  |
| --- | --- |
| COMPULSORY POOMSAE – BLACK BELTS | |
| INDIVIDUAL DIVISIONS | COMPULSORY POOMSAE |
| DRAGON | TAEGEUK 2, 3, 4, 5, 6, 7, 8 JANG, KORYO |
| TIGER |
| YOUTH |
| CADET | TAEGEUK 4, 5, 6, 7, 8 JANG, KORYO, KEUMGANG, TAEBACK |
| JUNIOR | TAEGEUK 5, 6, 7, 8 JANG, KORYO, KEUMGANG, TAEBACK, PYONGWON |
| UNDER 30 | TAEGEUK 7, 8 JANG, KORYO, KEUMGANG, TAEBACK, PYONGWON, SHIPJIN, JITAE |
| UNDER 40 |
| UNDER 50 | TAEGEUK 8 JANG, KORYO, KEUMGANG, TAEBACK, PYONGWON, SHIPJIN, JITAE, CHONKWON |
| UNDER 60 | KORYO, KEUMGANG, TAEBACK, PYONGWON, SHIPJIN, JITAE, CHONKWON, HANSU |
| UNDER 65 |
| OVER 65 |
| OVER 70 |
| PAIRS DIVISIONS | COMPULSORY POOMSAE |
| CADET | TAEGEUK 4, 5, 6, 7, 8 JANG, KORYO, KEUMGANG |
| JUNIOR | TAEGEUK 4, 5, 6, 7, 8 JANG, KORYO, KEUMGANG, TAEBACK |
| UNDER 30 | TAEGEUK 6, 7, 8 JANG, KORYO, KEUMGANG, TAEBACK, PYONGWON, SHIPJIN |
| UNDER 50 | TAEGEUK 8 JANG, KORYO, KEUMGANG, TAEBACK, PYONGWON, SHIPJIN, JITAE, CHONKWON |
| UNDER 60 | KORYO, KEUMGANG, TAEBACK, PYONGWON, SHIPJIN, JITAE, CHONKWON, HANSU |
| OVER 60 | KORYO, KEUMGANG, TAEBACK, PYONGWON, SHIPJIN, JITAE, CHONKWON, HANSU |
| TEAMS DIVISIONS | COMPULSORY POOMSAE |
| CADET | TAEGEUK 4, 5, 6, 7, 8 JANG, KORYO, KEUMGANG |
| JUNIOR | TAEGEUK 4, 5, 6, 7, 8 JANG, KORYO, KEUMGANG, TAEBACK |
| UNDER 30 | TAEGEUK 6, 7, 8 JANG, KORYO, KEUMGANG, TAEBACK, PYONGWON, SHIPJIN |
| UNDER 50 | TAEGEUK 8 JANG, KORYO, KEUMGANG, TAEBACK, PYONGWON, SHIPJIN, JITAE, CHONKWON |
| UNDER 60 | KORYO, KEUMGANG, TAEBACK, PYONGWON, SHIPJIN, JITAE, CHONKWON, HANSU |
| OVER 60 | KORYO, KEUMGANG, TAEBACK, PYONGWON, SHIPJIN, JITAE, CHONKWON, HANSU |

**REGISTRATION & FEES**

Team and athlete entries will only be accepted through the WT GMS online registration system Simply Compete.

Registration of athletes is only possible with a valid WT Global License (GAL issued by assigned GMS club, Edition and MNA Administrators only).

[**https://worldtkd.simplycompete.com/**](https://worldtkd.simplycompete.com/)

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| **ATHLETES** | | | |
| **DEADLINE** | **ONE DIVISION** | | **TWO DIVISIONS** |
| **January 30** | **$155** | | **$205** |
| **COACHES** | | | |
| **DEADLINE** | | **FEE** | |
| **January 30** | | **$80** | |

**PAYMENT ENTRY**

All entry fees will be paid in advance to USATKD through Simply Compete registration system. **PAYMENT FOR REGISTRATION WILL NOT BE ACCEPTED ON SITE.** If a wire transfer needs to be done directly to USA Taekwondo due to national policies of MNA, please refer to the following info:

Beneficiary: USA Taekwondo

Name of the bank: Wells Fargo

Account Number: 1690251853

Routing Number: 102000076

BIC/SWIFT: WFBIUS6S

Bank address: 90 S Cascade Ave. Colorado Springs, CO 80903

SUBMIT A COPY OF YOUR PAYMENT TO: [kcleveland@usatkd.org](mailto:kcleveland@usatkd.org).

Athletes and coaches must pay IN FULL by the final registration deadline to compete.

USATKD has a NO REFUND policy.

**CREDENTIALS**

All athletes will receive a physical credential onsite at the event. Please come to the registration desk to pick up during the designated registration desk times.

All coaches will receive a physical credential onsite at the event. Please come to the registration desk for pickup during the designated registration desk times.

The visa invitation letter for each registered individual will be automatically generated from WT GMS platform if the visa is requested during the registration for the event. All members who need an entry visa to the USA must be registered for the event in GMS. You must then use this letter to apply for your or your team member’s visa.

**VISA REQUEST**

If you need assistance with a Visa letter you can email [mnewman@usatkd.org](mailto:mnewman@usatkd.org).

**SPORT EQUIPMENT**

Mats

WT Recognized mats will be used at the event.

Dobok

Athletes can only use WT recognized products while participating at the event. See a list of recognized products at: <http://www.worldtaekwondo.org/wtpartners->wt/recognize.html

Approved Poomsae Competition Uniforms

Children Division (6-11): Color code as Cadets is highly encourage, but participants may compete in fully white V neck dobok.

Division (Ages 12-14): White top with red and black collar, plus blue pants for males; the same top, but with red pants, for females.

Junior and Senior Division (Ages 15-50): White top with dark blue pants for males; white top with light blue pants for females.

Master Division (Ages 51 and up): Yellow top and dark blue pants for both males and females.

**AWARDS**

|  |  |
| --- | --- |
| **INDIVIDUAL AWARDS** | |
| **1st Place** | Gold Medal |
| **2nd Place** | Silver Medal |
| **3rd Place** | Bronze Medal |
| **3rd Place** | Bronze Medal |



Team awards will be given out to the top three (3) teams in each of the Men’s and Women’s Poomsae per medalist.

Special awards

Best Male and Best Female athlete in the Senior Poomsae Division

Best Male and Female Poomsae International Referees

Best Male and Female Poomsae Team Coach.

Awards would be given out after the conclusion of the poomsae event.

**Applicable medical rules**

**ANTI-DOPING**

The WT Medical Code, WT mouthguard, bracing, taping, padding, and piercing rules are applicable, which all MNA participating in this event must comply.

**Applicable doping rules**

The WT Anti-Doping Rules and the WADA Anti-Doping Code are applicable. Compulsory random doping tests will be conducted among all athletes. World Taekwondo and/or WADA may carry out random out-of-competition testing prior to the event.

**Therapeutic Use Exemption**

Athletes who take any substance or medicine listed in the “Prohibited List” of the WT Anti-Doping Rules and WADA Anti-Doping Code for therapeutic purposes are requested to submit TUE applications via ADAMS, together with the required medical information. Otherwise, please download the TUE Application Form (found on https://ita.sport/TUE), and once duly completed and signed, send it together with the required medical file to [tue@ita.sport.](mailto:tue@ita.sport) Report TUE applications also to the WT Sport Department via [antidoping@worldtaekwondo.org](mailto:antidoping@worldtaekwondo.org%20) by no later than 2 January 2025.

**ADAMS login**

For ADAMS login, please contact National Anti-Doping Organization (NADO) in your country or [tue@ita.sport](mailto:tue@ita.sport) with copy to [antidoping@worldtaekwondo.org](mailto:antidoping@worldtaekwondo.org)

For more details, please visit:

<http://www.wada-ama.org/en/ADAMS/>

<http://www.worldtaekwondo.org/anti_doping-wt/therapeutic.html>

**MEDICAL**

**Athletic Trainers & Taping of Athletes**

Sports Med Staff will be ringside and in the medical tent to provide injury and illness care for all participants. Please remember when taping ankles or instep pads, competitors must comply with the rules set forth by the WT and USATKD.

**MEDIA**

Registered media and press officials or official photographers are entitled to receive a media credential. For more information, please contact the USATKD at [media@usatkd.org](mailto:media@usatkd.org).

Admission to the US Open is by credential or ticket only. Event tickets can be ordered directly online through Showpass. No onsite ticket sales will be available for purchase. Online ticket sales will be available through the conclusion of the event.

**SPECTATORS TICKETS**

<https://www.showpass.com/2025-us-open/>

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| --- | --- |
| **TICKETS** | |
| TICKET TYPE | PRICE |
| ADULT SINGLE DAY | $20.00 |
| CHILD SINGLE DAY | $15.00 |
| ADULT ALL WEEKEND PASS | $56.00 |
| CHILD ALL WEEKEND PASS | $41.00 |
| SENIOR (65 & OLDER) SINGLE DAY | $17.00 |
| SENIOR (65 & OLDER) WEEKEND PASS | $47.00 |

Wristbands will be given in exchange for your tickets at the tournament. Wristbands must be worn at all times and are good for the time allotted on your ticket (Single Day = only for the appropriate day purchased).

Delta Air Lines is pleased to offer special discounts for **USA Taekwondo**  
You may also call Conferences and Events® at 1.800.328.1111\* Monday–Friday, 8:00 a.m. – 6:30 p.m. (EST) and refer to Meeting Event Code **NY3HJ**  
***\*Please note there is not a service fee for reservations booked and ticketed via our reservation*** 1-***800 number.***

[](https://www.delta.com/flight-search/book-a-flight?tripType=ROUND_TRIP&priceSchedule=price&originCity=&destinationCity=&departureDate=&returnDate=&paxCount=1&meetingEventCode=NY3HJ&searchByCabin=true&cabinFareClass=BE&deltaOnlySearch=false&deltaOnly=deltaPartner)

**SAFESPORT & MAAP**

If you need crisis intervention, referrals, or emotional support at any time, contact the 24-hour SafeSport Helpline at 866-200-0796.  
  
If you are facing a life-threatening emergency, contact 911. Please use this link to report a Safe Sport incident -  [safesport-i.sight.com/portal](http://safesport-i.sight.com/portal).  
How to report a Safe Sport concern -   
Please call 833 5US Safe  
[safesport-i.sight.com/portal](http://safesport-i.sight.com/portal)

## USA Taekwondo, SafeSport and the MAAPP Policy

Safe Sport is an initiative that is mandatory for all USOPC National Governing Bodies to develop and to implement. USA Taekwondo has done so, and it is now a requirement that people in supervisory positions with our Taekwondo athletes must undergo and successfully complete a background check. Of course, the emphasis here is on the safety of our athletes and the strong motivation to keep them safe from all kinds of abuse, including harassment, bullying and improper touching. We will also be providing training for our membership regarding Safe Sport and its implementation.  
  
We are partnering with the USOPC to bring this training to our membership. Athlete safety concerns our entire membership and SafeSport is a great initiative that has been instituted by the U.S. Olympic & Paralympic Committee to help to protect all of our athletes.  
  
The Minor Athlete Abuse Prevention Policies (MAAPP) limits one-on-one adult/minor interactions and sets standards for training and sport settings that prevent abuse and misconduct. Sport organizations invested in keeping young athletes free of abuse are strongly encouraged to adopt the MAAPP—now required throughout the U.S. Olympic and Paralympic Movement.

Click [here](https://www.teamusa.org/usa-taekwondo/v2-safe-sport) to view USATKD’s SafeSport Details including Reporting and MAAPP

Click [here](https://uscenterforsafesport.org/) to view the US Center for SafeSport

**SCHEDULE**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Date | Event | Time | Division | |
| January 30 | Registration Deadline | 12:00 PM MT | All Divisions | |
| February 13 | Check In/Weight Changes | 10 AM - 12 PM | All Divisions | |
| Check In/Weight Changes | 2 PM – 4 PM | All Divisions | |
| Training | 1 PM – 5 PM | All Divisions | |
| Poomsae Head of Team Meeting | TBD | All Poomsae Divisions | |
| February 14 | Registration Opens | 7:00 AM |  | |
| Doors Open for Poomsae Athletes and Coaches | 7:00 AM |  | |
| Athletes MUST be in holding | 7:30 AM | Report Times TBA Night Before Competition | |
| Doors open for spectators | 7:30 AM |  | |
| Competition Begins | 8:00 AM | Start Times TBA Night Before Competition | |
| Check In/Weight Changes | 9 AM – 4 PM | All Kyorugi Divisions | |
| Training | 9 AM – 5 PM | All Divisions | |
| Weigh In | 8 AM – 10 AM | Dragon – Male/Female  Youth – Male/Female | Tiger – Male/Female  Ultra – Male/Female |
| Weigh In | 10 AM – 12 PM | Cadet – Male/Female | |
| Weigh In | 12 PM – 2 PM | Junior – Male/Female | |
| Kyorugi Head of Team Meeting | TBD | Sparring Divisions | |
| February 15 | Registration Opens | 7:00 AM |  | |
| Doors Open for Sparring Athletes and Coaches | 7:00 AM |  | |
| Athletes MUST be in holding | 7:30 AM | Report Times by Match Number TBA | |
| Doors open for spectators | 7:30 AM |  | |
| Check In/Weight Changes | 9 AM – 4 PM | Senior Kyorugi Divisions | |
| Competition Begins | 8:00 AM | Division Order TBA after registration closes | |
| Kyorugi | |
| Dragon – Male/Female | Tiger – Male/Female |
| Youth – Male/Female | Cadet – Male/Female |
| Junior – Male/Female | Ultra – Male/Female |
| Training | 9 AM – 5 PM | All Divisions | |
| Weigh In | 10 AM – 12 PM | Senior Kyorugi – Male/Female | |
| February 16 | Registration Opens | 6:00 AM |  | |
| Random Weigh In List Posted | 5:30 AM | Senior Kyorugi Athletes | |
| Random Weigh In | 6:30 AM | Senior Kyorugi Athletes | |
| Doors Open for Kyorugi Athletes and Coaches | 6:30 AM | Senior Kyorugi Divisions | |
| Athletes Must be In Holding | 7:00 AM | Report Times by Match Number TBA | |
| Doors Open for Spectators | 7:00 AM |  | |
| Competition Begins | 7:30 AM | Senior Kyorugi | |
| Registration | 6 AM – 11 AM |  | |

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