

2026 USA Diving Central Championship Practice Schedule

Tuesday, June 23rd

Open Training

6:30 AM - 9:00 PM

Wednesday, June 24th

Open Training

6:30 - 9:00 AM

Zone C

9:00 - 11:00 AM

Zone D

11:00 AM - 1:00 PM

Zone C

1:00 - 3:00 PM

Zone D

3:00 - 5:00 PM

Open Training

5:00 - 7:00 PM

Technical Meeting

7:00 PM

2026 USA Diving Central Championship Event Schedule

Thursday, June 25th

SESSION 1

Group A Girls 1-Meter
Group A Boys 3-Meter

SESSION 2

Group B Girls Platform
Group B Boys 1-Meter

SESSION 3

Group C Girls 3-Meter
Group D Boys 1-Meter

SESSION 1 FINALS

Group A Girls 1-Meter
Group A Boys 3-Meter

SESSION 2 FINALS

Group B Girls Platform
Group B Boys 1-Meter

SESSION 3 FINALS

Group C Girls 3-Meter
Group D Boys 1-Meter

Friday, June 26th

SESSION 1

Group A Girls Platform
Group A Boys 1-Meter

SESSION 2

Group B Girls 1-Meter
Group B Boys 3-Meter

SESSION 3

Group D Girls 1-Meter
Group C Boys Platform

SESSION 1 FINALS

Group A Girls Platform
Group A Boys 1-Meter

SESSION 2 FINALS

Group B Girls 1-Meter
Group B Boys 3-Meter

SESSION 3 FINALS

Group D Girls 1-Meter
Group C Boys Platform

*The order of events within a given day is subject to change based on entries at the time of the late fee deadline.

2026 USA Diving Central Championship Event Schedule

Saturday, June 27th

SESSION 1

Group B Girls 3-Meter
Group A Boys Platform

SESSION 2

Group C Girls 1-Meter
Group C Boys 3-Meter

SESSION 3

Group D Girls Platform
Group D Boys 3-Meter

SESSION 1 FINALS

Group B Girls 3-Meter
Group A Boys Platform

SESSION 2 FINALS

Group C Girls 1-Meter
Group C Boys 3-Meter

SESSION 3 FINALS

Group D Girls Platform
Group D Boys 3-Meter

Sunday, June 28th

SESSION 1

Group A Girls 3-Meter
Group B Boys Platform

SESSION 2

Group C Girls Platform
Group C Boys 1-Meter

SESSION 3

Group D Girls 3-Meter
Group D Boys Platform

SESSION 1 FINALS

Group A Girls 3-Meter
Group B Boys Platform

SESSION 2 FINALS

Group C Girls Platform
Group C Boys 1-Meter

SESSION 3 FINALS

Group D Girls 3-Meter
Group D Boys Platform

*The order of events within a given day is subject to change based on entries at the time of the late fee deadline.