

USA TRIATHLON VOLUNTEER CONSENT, RELEASE & WAIVER OF LIABILITY

In consideration of being permitted to assist / volunteer at the [EVENT NAME] (“Event”) on [EVENT DATE(S)], I hereby agree as follows:

1. **AGREEMENT.** I volunteer to assist in the activities related to the Event. I understand that my assisting / volunteering may involve risk of physical injury to me or others, or damage to my property, or other consequences, which might result from my own actions, in actions of negligence and/or the actions, inactions or negligence of others, the rules of the Event, condition of the premises, weather conditions, or condition of any of the equipment used in the Event. There may also be other risks not known or not reasonably foreseeable. I desire to provide volunteer services for USA Triathlon and engage in activities related to serving as a volunteer. I understand that the scope of my relationship with the USA Triathlon is limited to a volunteer position and that no compensation is expected in return for services provided by myself; USA Triathlon will not provide any benefits traditionally associated with employment to myself; and that I am responsible for my own insurance coverage in the event of personal injury or illness as a result of my services to USA Triathlon.
2. **THE PARTIES.** This Volunteer Consent, Release, and Waiver of Liability (“**Release**”) is executed on the date of submission by myself who releases USA Triathlon, all Event sponsors, Event producers, Event staff, administrators, officials, contractors, vendors, and organizers (including race directors), athletes, all other persons or entities involved with an Event, states, cities, towns, and other governmental bodies and locations in which an Event or portions of an Event takes place, and the officers, directors, employees, agents, insurers, other participants and representatives of all of the above (“**Released Parties**”).
3. **WAIVER AND RELEASE.** On behalf of myself, my executors, administrators, heirs, next of kin, successors and assigns, and anyone else who might sue on my behalf, I HEREBY WAIVE, RELEASE, and FOREVER DISCHARGE the Released Parties and its successors and assigns from any and all claims, causes of action, damages, losses (economic and non-economic), and liabilities of every kind (collectively “**Claims**”), for death, personal injury, or property damage, which may arise out of, result from, or relate to my assistance / participation in, or my traveling to or from, any USAT sanctioned Event, including but not limited to any Claims for theft, damage to any equipment, negligence, partial or permanent disability, Claims relating to the provision of first aid, medical care, medical treatment, or medical decisions (at an Event site or elsewhere), and any Claims for medical or hospital expenses. I assume

any and all risks for injury to person or property, or any other consequence arising out of my assisting in, participating in, or volunteering at the Event, including travel to and from the Event. I HEREBY WAIVE AND RELEASE MY LEGAL RIGHTS TO SUE FOR ANY INJURY OR OTHER DAMAGE ARISING OUT OF OR RESULTING FROM MY VOLUNTEERING.

4. **IMAGE RELEASE.** I hereby grant and convey to the Released Parties all rights, title, and interests in any and all photographs, images, and video or audio recordings of myself or my likeness or voice made by the Released Parties in connection with my participation in the Released Parties' events, including but limited to any royalties, proceeds, or other benefits derived from such photographs or recordings.
6. **MEDICAL TREATMENT.** I hereby release and forever discharge the Released Parties from any Claim whatsoever which arises or may hereafter arise on account of any first aid treatment or other medical services rendered in connection with an emergency during my tenure as a volunteer with the Released Parties. I consent to the Released Parties providing, administering, or obtaining medical treatment for myself in the case of a medical emergency at the expense of myself.
7. **INDEMNIFICATION.** I further covenant and agree not to sue any of the Released Parties for any of the Claims that I have waived, released, or discharged herein, I agree to indemnify and hold harmless the Released Parties from any and all expenses incurred, Claims made, or liabilities assessed against them, including but not limited to attorneys' fees and litigation expenses, arising out of or resulting from, directly or indirectly, in whole or in part, my breach or failure to abide by any part of this Release, and my actions or inactions which cause injury or damage to any other person.
8. **PARENT / GUARDIAN.** The parent or legal guardian who signs the Release on behalf of a minor, incapacitated, and / or mentally challenged person (hereinafter "**Said Person**"), hereby acknowledges that he or she has the legal capacity and authority to act on behalf of Said Person to legally bind Said Person to the Release. The parent or legal guardian who signs the Release agrees to indemnify and hold harmless the Released Parties for any expenses incurred, Claims made, or liabilities assessed against them, as a result of any insufficiency of legal capacity or authority to act on behalf of Said Person in the execution of the Release.
9. **COMPLIANCE WITH USAT POLICIES AND PROCEDURES.** I hereby represent that I have read and agree to strictly comply with the USAT Code of Conduct and all other USAT Policies, Codes, and Procedures applicable to myself, including but not

limited to USAT's Minor Athlete Abuse and Prevention Policies and the Code and policies of the U.S. Center for SafeSport, found [here](#).

10. If any provision of this Release shall be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Waiver Agreement and shall not affect the validity and enforceability of any remaining provisions.

If Volunteer is under 18 years of age, the signature of volunteer's parent / legal guardian is required.

By signing **digitally** below, Volunteer or Volunteer's parent / legal guardian, expresses their understanding and intent to enter this Release willingly and voluntarily.

Read and Agreed to by

NAME OF VOLUNTEER: _____

DATE OF SIGNATURE: _____

SIGNATURE OF VOLUNTEER OR PARENT / LEGAL GUARDIAN

Last Updated: January 2026