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2026 U15 Pan American Selection Process

Birth Years: 2011-2013

Final Pan American Trials Selection Event: April 21st – 26th, 2026

Location: Las Vegas, Nevada

| UWW U15 Pan American Weights | |
|-------------------------------------|-----------------|
| 34 - 38 kg | 74.8 – 83.6 lbs |
| 41 kg | 90.2 lbs |
| 44 kg | 96.8 lbs |
| 48 kg | 105.6 lbs |
| 52 kg | 114.4 lbs |
| 57 kg | 125.4 lbs |
| 62 kg | 136.4 lbs |
| 68 kg | 149.6 lbs |
| 75 kg | 165.0 lbs |
| 85 kg | 187.0 lbs |

Above are the ten UWW U15 weights that will be used in determining the 2026 U15 Pan American team. Athletes will earn points for competing in both Greco-Roman and Freestyle. The highest point value (both styles combined) will earn the right to compete in both Greco-Roman and Freestyle at the 2026 U15 Pan American Championships.

If there is a tie in point value, the following criteria will be used in ranked order:

1. Double All-Americans from the trials event, that won in either style.
2. Double All-Americans from the trials event with the most pins in the least amount of time.
3. Double All-Americans from the trials event with the most tech-falls in the least amount of time.
4. Double All-Americans from the trials event with the most total points scored.
5. If there are no double All-Americans, the spot will be awarded to the champion from either Greco-Roman or Freestyle that has earned the most pins in the least amount of time.

| Place Finish | Ranking Points |
|---------------------|-----------------------|
| 1 | 10 |
| 2 | 8 |
| 3 | 6 |
| 4 | 5 |
| 5 | 4 |
| 6 | 3 |
| 7 | 2 |
| 8 | 1 |

Athletes will be required to make flat weight for both styles at the U15 Pan American Championships. The U15 Pan American Championships are currently scheduled for **July 23rd – 25th, 2026, in Mexico City, Mexico.**

*A passport will be required, so it is highly recommended that you plan on securing a passport at your earliest convenience. USA Wrestling will work down the list in rank order. If for any reason an athlete can't make the weight, USA Wrestling reserves the right to take the necessary steps to fill the team as quickly as possible. This is a fully funded tour.

"WHERE OLYMPIC JOURNEYS BEGIN"

