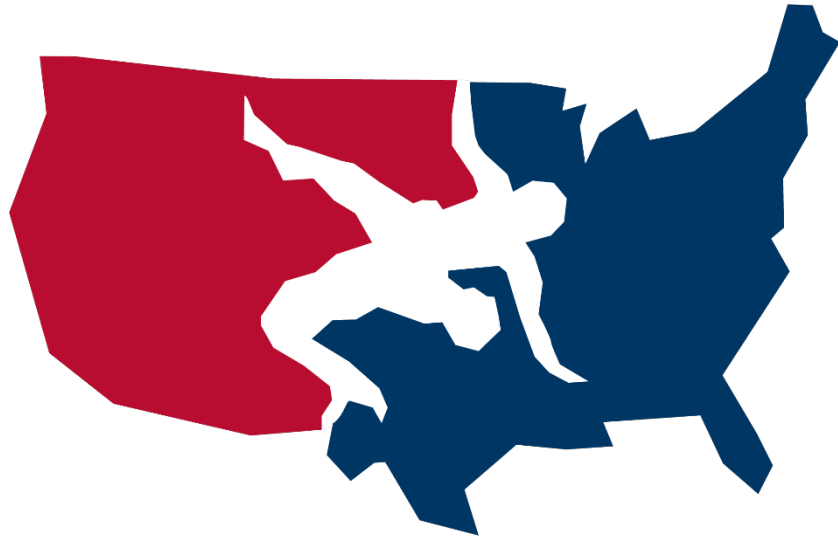


2/11/2025



USA WRESTLING

**2025 UWW U23 MFS
Pan American Championships & World Team Trials Procedures**

UWW U23 WORLD TEAM TRIALS Information

2/11/2025

2025 UWW U23 Pan American Championships & World Team Selection

Eligible athletes:

- Must be a citizen of the United States of America
- Born 2002-2007 (must turn 18 in the calendar year)

Tournament format:

- Two-day format with a best-of-three series in the finals
- No true third bouts will be wrestled
- Byes will be placed with seeded wrestlers first, in order of seed
- Weigh-ins will follow current UWW rules

Pan American Championships

Queretaro, Mexico – April 11-13, 2025

Pan American Championships selection: (Listed in rank order for selection)

1. NCAA Division I Champions (age eligible):
 - a. 57kg representative: 125lb Champion
 - b. 61kg representative: 133lb Champion
 - c. 65kg representative: 141lb Champion
 - d. 70kg representative: 149lb Champion
 - e. 74kg representative: 157lb Champion
 - f. 79kg representative: 165lb Champion
 - g. 86kg representative: 174lb Champion
 - h. 92kg representative: 184lb Champion
 - i. 97kg representative: 197lb Champion
 - j. 125kg representative: HWT/285lb Champion
2. 2024 U23 National Champion at the same weight (age eligible)
3. National team coaches will make a recommendation to the Men's Freestyle Sport Committee for final approval

World team selection: (Listed in rank order for selection)

1. The highest ranked, age eligible, athlete from 2025 Senior Men's Freestyle National Team (top 3)
 1. Final X winner, Final X runner-up and 3rd overall senior athlete via the 2025 Senior Men's Freestyle World Team Trials
 2. Deadline for this athlete to accept the position will be **Monday, June 23rd, 2025 @ 5:00pm Mountain Time**
 1. Confirmation sent to Joe Russell via email jrussell@usawrestling.org
2. Fourth (4th) ranked, age eligible, athlete from the Men's Freestyle World Team selection
3. U23 National Champion
 1. If an age eligible Senior level athlete accepts the World team spot, the U23 Nationals Champion will receive a funded national team camp and international tour opportunity.
4. National team coaches will make a recommendation to the Men's Freestyle Sport Committee for final approval

Event registration: All athletes wishing to compete at the **UWW U23 World Team Trials** MUST register online via www.usawmembership.com

For questions about event information, please contact Pete Isais USA Wrestling Director of Events at 719.598.8181 or email pisais@usawrestling.org

For questions on specific style criteria concerning the UWW U23 World Team Trials process, contact Cody Bickley, USA Wrestling National Teams High Performance Director, at (719) 598-8181 or cbickley@usawrestling.org

Late registration: Athletes who fail to register online for the trials will be charged all applicable fees and a late fee payable at registration.

2/11/2025

To further our chances of performing well at the world level, USA Wrestling will incorporate the U23 Worlds with a pre-worlds training camp. In addition, USA Wrestling is looking to provide an opportunity to compete internationally, as well as provide further training before the U23 World Championships.

The camp schedule will be:

- Approximately two weeks of preparation, focusing on techniques and drills. The athletes will be expected to arrive in competition shape with their weight under control. Hard wrestling will not be required between wrestlers in the same weight category unless requested.
- Any required expenses on the athlete's part will be discussed and guidance will be given to help athletes get expense money together with dates established for receiving any funds needed.
- *Camps will NOT be required, but highly encouraged.*

Freestyle will have camps prior to departure for the World Championships. Camps will be held at locations where the Senior National Team camps are held. Questions should be directed to Joe Russell.

There will be a team meeting following the finals of the World Team Trials event. Departure needs to be arranged after this meeting.

UWW U23 Freestyle World Team Trials (Geneva, OH)

May 30 - June 1, 2025

***Please check USAW events schedule for specific details.**

https://usawrestlingevents.com/national_regional

There will be camp opportunities alongside the Senior National Team schedule, which will occur prior to the UWW U23 World Championships in Novi Sad, Serbia October 20th – 26th, 2025.

Joe Russell

U23 Men's Freestyle Coach

jrussell@usawrestling.org

Office: 719-598-8181