



US NATIONAL TEAM PATHWAY

ULTRA - SPARRING

2024-2025



ULTRA BLACK BELTS

EVENT PATHWAY TO USATKD TEAM MEMBER

DOMINANT ATHLETE



QUALIFYING EVENTS

DOMESTIC PATH

Win 3 of 4 of these USATKD Majors and become the Domestic Dominant Athlete



USATKD MAJOR EVENTS



The winner of the 2024 US Taekwondo National Championships becomes the USA Taekwondo National Team Member for July 2024 - June 2025.



ULTRA BLACK BELTS

EVENT PATHWAY TO USATKD TEAM MEMBER

TO QUALIFY FOR THE 2024
US NATIONAL TKD CHAMPIONSHIP

Win 1st place or 2nd place at 1 (one) 2024
USATKD State Championship.

-OR-

Participate at 1(one) 2024 US Regional
Qualifier Event (East or West)

TO QUALIFY FOR THE 2024 US
FINAL CHAMPIONSHIP EVENT

Win any medal at a 2024 US Regional
Qualifier Event (East or West)

-OR-

Win any medal at the 2024 US Taekwondo
National Championship



ULTRA BLACK BELTS

EVENT PATHWAY TO US NATIONAL TEAM MEMBER



2024 USATKD TEAM TRIALS

2024 USATKD NATIONAL TEAM MEMBER*

The 2024 USATKD National Team Member will represent the United States while competing at international team event/s in 2024

The 2024 USATKD National Team Member will have the opportunity to train with the US Coaches.

*No events announced at this time

2024 USATKD ALTERNATE NATIONAL TEAM MEMBER*

The 2024 Alternate USATKD National Team Member will be called upon to fill the position of the 2024 USATKD Team Member if circumstances are applicable.

The 2024 Alternate USATKD National Team Member may be given training and/or competition opportunities with the US coaches and/or Regional Coaches.

TEAM TRIALS UPDATES

Beginning in 2024 the US Taekwondo National Championships will also serve as the Team Trials for the Ultra divisions. Should there be a team event announced. As we transition to this new timeline. If there are any events for the Ultra division in 2024 the winner of the Team Trials from January in Charlotte, North Carolina will have the first opportunity to take the National Team Spot. The spot will be offered to athletes in that division until the spot is filled. If no one from the January Team Trials accepts the spot, the winner of the 2024 US Taekwondo National Championships will be offered the National Team Spot.

If there are any events for the Ultra Division from January 2025 until the 2025 US Taekwondo National Championships, the winner of the 2024 US Taekwondo National Championships will be offered the spot.

Beginning in 2025 the winner of the US Taekwondo National Championships will be offered any National Team Spots from July 2025 – June 2026. If an athlete has aged up, the spot will be offered to the next highest finishing athlete in the division.