



# 2024 US BIATHLON NATIONAL CHAMPIONSHIPS



**MARCH 22**  
**SPRINT**

**MARCH 23**  
**PURSUIT**

**MARCH 24**  
**RELAY**

[www.Fortkentoc.org](http://www.Fortkentoc.org)

Fort Kent Outdoor Center

Fort Kent, Maine, USA



# 2024 US BIATHLON NATIONAL CHAMPIONSHIPS

## Fort Kent Outdoor Center

33 Paradis Circle, POB 541  
Fort Kent Maine, 04743  
Fortkentoc.org

January 26, 2024

Dear Athletes and Coaches,

The organizing committee of the 2024 US National Biathlon Championships welcomes you to the Fort Kent Outdoor Center March 18-24, 2024. The organizers are looking forward to hosting athletes from throughout the USA, Canada and Norway for an exciting week of competition.

Biathletes will enjoy the World Class trails at FKOC that has hosted two IBU world Cups and numerous US Biathlon Championships and regional Nordic events since its beginning in 1999. Trail passes and Range fees will be included with registration fees and valid for Official Training and throughout the competition.

The competition events will include a Sprint with USBA's first ever Collegiate Championships on Friday, March 2. A Pursuit will follow on Saturday, March 23, and conclude with a fun regional relay on Sunday, March 24. Entrants categories will be all inclusive from U13/15, U17, all IBU Classes, a range of Master classes, and Paralympic classes.

Registration is available now via [fkocresults.com](http://fkocresults.com).

We look forward to hosting you in the northern most border town Fort Kent, "The Friendly Little Town That Could" known for all things winter with its world class Nordic trails, Best in the East Snowmobile trails, and host to the annual CAN-AM dog sled races that are a qualifier to the Alaskan Iditarod races!

Event updates will be available on our website at [fortkentoc.org](http://fortkentoc.org).

For more information please reach out to:

Patricia Theriault  
Race Administrator  
207-436-1298  
[theriault.pat@gmail.com](mailto:theriault.pat@gmail.com)

Carl Theriault  
Chief of Competition  
207-631-9589  
[carlther17@gmail.com](mailto:carlther17@gmail.com)



# 2024 US Biathlon National Championships

## ORGANIZING COMMITTEE

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**Chief of Range** - Mike Tanguay [twei.822@gmail.com](mailto:twei.822@gmail.com) 207-441-4926

**Chief of Stadium** - Paul Cyr [cyrbonnie@gmail.com](mailto:cyrbonnie@gmail.com) 207-231-4998

**Chief of Course** - Sarah Ashley [shartt17@hotmail.com](mailto:shartt17@hotmail.com) 207-231-4349

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**IR Range** - Matt Thomson [matt@roald-thomson.com](mailto:matt@roald-thomson.com)



# 2024 US BIATHLON NATIONAL CHAMPIONSHIPS

CLASSES AND COMPETITIONS									
CATEGORY	CLASS	FORMAT	BIRTH YEARS	SPRINT		PURSUIT		RIFLES	RELAY
				LOOP	LOOP	LOOP	LOOP		
USBA	U13/U15 BOYS	# ALL SHOOTING IN PRONE	2009-2012	4.5K*	1.5K	5.0K*	1.0K	RIFLES	& 3 X 1.5K P,P ANY 2 PERSONS FROM EITHER U13/15 OR U17 WITHIN A GENDER
USBA	U13/U15 GIRLS	POSITION ON BLOCK						ON MAT	
		FIRST BOUT ON PRONE							
		SECOND BOUT ON STAND							
USBA	U13/U15 BOYS	# ALL SHOOTING IN PRONE	2009-2012	4.5K*	1.5K	5.0K*	1.0K	RACK TO	
USBA	U13/U15 GIRLS	POSITION WITH CUFF						RACK	
		FIRST BOUT ON PRONE							
		SECOND BOUT ON STAND							
USBA	U17 MEN	MEN	2007-2008	6.0K*	2.0K	7.5K*	1.5K	RACK TO	
USBA	U17 WOMEN	WOMEN	2007-2008	6.0K*	2.0K	7.5K*	1.5K	RACK	
IBU	YOUTH MEN	PER IBU RULES	2005-2008	7.5K	2.5K	10.0K	2.0K	CARRY	3 X 1.5K P,S 1 YOUTH, 1 JUNIOR 1 SENIOR WITHIN A GENDER EXCEPTIONS CAN BE MADE TO FORM MOST TEAMS
IBU	YOUTH WOMEN	PER IBU RULES	2005-2008	6.0K	2.0K	7.5K	1.5K	CARRY	
IBU	JUNIOR MEN	PER IBU RULES	2002-2004	10.0K	3.3K	12.5K	2.5K	CARRY	
IBU	JUNIOR WOMEN	PER IBU RULES	2002-2004	7.5K	2.5K	10.0K	2.0K	CARRY	
IBU	SENIOR MEN	PER IBU RULES	<=2001	10.0K	3.3K	12.5K	2.5K	CARRY	
IBU	SENIOR WOMEN	PER IBU RULES	<=2001	7.5K	2.5K	10.0K	2.0K	CARRY	
USBA	MASTER M 30-39	SAME AS SENIOR WOMEN		7.5K	2.5K	10.0K	2.0K	CARRY	3 X 1.5K P,S INCLUDE 3 PERSONS ANY GENDER FROM A MASTER CATEGORY
USBA	MASTER W 30-39	SAME AS YOUTH WOMEN		6.0K	2.0K	7.5K	1.5K	CARRY	
USBA	SR MASTER M 40-49	SAME AS SENIOR WOMEN		7.5K	2.5K	10.0K	2.0K	CARRY	
USBA	SR MASTER W 40-49	SAME AS YOUTH WOMEN		6.0K	2.0K	7.5K	1.5K	CARRY	
USBA	VETERAN M 50-59	SAME AS SENIOR WOMEN		7.5K	2.5K	10.0K	2.0K	CARRY	
USBA	VETERAN W 50-59	SAME AS YOUTH WOMEN		6.0K	2.0K	7.5K	1.5K	CARRY	
USBA	SR VETERAN M 60-69	SAME AS SENIOR WOMEN		7.5K	2.5K	10.0K	2.0K	CARRY	
USBA	SR VETERAN W 60-69	SAME AS YOUTH WOMEN		6.0K	2.0K	7.5K	1.5K	CARRY	
USBA	SR VETERAN MII 70+	SAME AS YOUTH WOMEN		6.0K	2.0K	7.5K	1.5K	CARRY	
USBA	SR VETERAN WII 70+	SAME AS YOUTH WOMEN		6.0K	2.0K	7.5K	1.5K	CARRY	
IPC	STAND MEN	PER IPC RULES		4.5K	1.5K	5.0K	1.0K		
IPC	SIT MEN	PER IPC RULES		4.5K	1.5K	5.0K	1.0K		
IPC	VIS IMP MEN	PER IPC RULES		4.5K	1.5K	5.0K	1.0K		
IPC	STAND WOMEN	PER IPC RULES		4.5K	1.5K	5.0K	1.0K		
IPC	SIT WOMEN	PER IPC RULES		4.5K	1.5K	5.0K	1.0K		
IPC	VIS IMP WOMEN	PER IPC RULES		4.5K	1.5K	5.0K	1.0K		

\* 75M PENALTY LOOPS

# in PURSUIT FIRST 2 BOUTS PRONE TARGETS, NEXT 2 TARGETS SHOOT ON STANDING TARGETS IN PRONE POSITION

& IN RELAY, FIRST TARGET SHOOT ON PRONE, SECOND TARGET SHOOT ON STANDING TARGET IN PRONE POSITION, 3 SPARES PER BOUT





# 2024 US BIATHLON NATIONAL CHAMPIONSHIPS

## COMPETITION SCHEDULE

*-Start times subject to change once registration numbers are realized-*

- Sunday March 17** 17:00 Online Registration closes, no registration on site
- Tuesday March 19** 13:00-16:00 Unofficial Training
- Wednesday March 20** 13:00-16:00 Unofficial Training  
15:00-17:00 Competition office open for team check in  
18:00 Team Captains Meeting 10<sup>th</sup> Mtn Lodge & Zoom
- Thursday March 21** 08:00-09:55 Official Training Seniors/ Junior /Youth/Para Athletes  
10:05-12:00 Official Training U13/U15/U17/ Masters
- **Friday March 22** **Sprint Competition/Collegiate Championships**  
08:00-08:50 Zero Seniors/ Junior /Youth/ U17  
09:00 Race 1 Start 30 sec interval  
10:30-11:20 Zero U13-15/ Masters/Para Athletes  
11:30 Race 2 Start  
Race Start Order  
Race 1 Senior/Junior Men, 5 min Senior/Junior Women  
Youth Men, 5 min Youth Women, U17 B/G  
Race 2, U13/15 boys/girls, Para Athletes  
Masters men/women – SR Vet men/women
- **Saturday March 23** **Pursuit Competition**  
08:00-08:50 Zero Seniors/ Junior /Youth/U17  
Race 1 - True Pursuit to 4 min then mass start  
09:00 Senior/Junior Men,  
09:45 Senior/Junior Women, Youth Men  
10:30 Youth Women, U17 B/G  
13:00-13:50 Zero U13-15/ Masters, Para  
Race 2 - 5 sec interval pursuit start  
14:00 U13/15 boys/girls, Masters men/women, SR Vet men/women, Para  
17:30 Awards Banquet UMFK Gym
- **Sunday March 24** **Relay Races**  
Relay teams (3 person except for U13-17) are due post race Friday before 16:00 in Comp Office. Anyone needing a team will be placed on one.  
Proposed Relay Schedule  
08:00-08:50 Zero with original team, not relay team  
09:00 IBU classes team start  
10:00 Master teams start U17/U15/U13 Classes start  
Relay Awards in stadium following Results



# 2024 US BIATHLON NATIONAL CHAMPIONSHIPS

## **Competition Office / Bib Pick up / Team Captains meeting**

Comp office is located on the second floor of the 10<sup>th</sup> Mountain Lodge. Bib pick up will be in Room 35 on the second floor of the wax building. Team Captain's meeting will be located on the main floor of the 10<sup>th</sup> Mountain Lodge and will also be on Zoom through a link to coaches' emails.

## **Awards**

US Biathlon National Championship awards will be presented to the top 3 USA competitors in each category including USBA, IBU and IPC. We will also present awards for top 3 competitors for the overall in each class when there are foreign competitors in the top three overall.

US Biathlon and FKOC will be hosting the first **US Biathlon Collegiate National Championships** for the Sprint event. We will recognize the top three individual athletes with podium ceremonies in both genders, and top five for podium ceremony and photo opportunities. More information can be found here: <https://www.usbiathlon.org/us-biathlon-collegiate-national-championships>

## **Wax Cabins**

Wax Cabins are available to rent for \$75 per day, there are 14 available in the wax building on a first come reservation basis on the [Zone 4](#) registration page. If you missed reserving when you registered on [Zone 4](#), a reservation can be made with Pat Theriault at [theriault.pat@gmail.com](mailto:theriault.pat@gmail.com). There is power, heat, ventilation, and chairs in each room, but you need to provide your table.

## **Wax Protocol**

All IBU Classes will be subject to wax protocol, time and place to turn in your skis to wax techs will be provided at the Captains Meeting. All other classes will wax their own skis.

## **Lodging**

There are many lodging options in the Fort Kent area, but no large hotels. We compete with the snowmobilers for rooms this time of year, so don't delay to make reservations early if you are thinking of coming to Fort Kent. We have set up a Housing office to help coordinate options for you. The University of Maine at Fort Kent is offering housing and meals. Please contact Anna Mclaughlin at [anna.mclaughlin@maine.edu](mailto:anna.mclaughlin@maine.edu) or [819-664-9060](tel:819-664-9060) with any questions regarding housing.

## **Travel**

The closest airport to Fort Kent is in Presque Isle, Maine, one hour south of us. United Airlines has a direct flight from Newark, NJ into Presque Isle, and several rental car agencies operate out of there. Other airport options are Boston Mass (8 hrs away), Bangor ME (3 hrs), Portland ME (5 hrs), or Quebec City, Quebec (3 hrs plus border crossing). The best border to cross coming in from Canada is in Clair NB just across the border from Fort Kent... they know biathlon and are usually easier to get along with.



# 2024 US BIATHLON NATIONAL CHAMPIONSHIPS

## REGISTRATION

### Registration and Fees

Registration is available online only via Zone 4 at [fkocresults.com](https://fkocresults.com). Payment must be made via credit card, registration will close March 17, 2024 at 17:00. Event registration will be \$40 per race plus \$35 for the banquet Saturday night. Wax rooms are \$75 per day. **There will be a \$30 late registration fee for all registrants after March 4, 2024.** Please register early to help us plan race starts and meals.

### Non Resident Firearms Declaration

Competitors from outside the USA must have authorization to bring their rifles into the U.S. You must have an approved USATF Form 6 NIA prior to entry to the U.S. This can take anywhere from 6-8 weeks. This process requires an invitation for which you can use the cover letter of the document for. The link for the form is:

<https://www.atf.gov/firearms/docs/form/form-6nia-applicationpermit-temporary-importation-firearms-and-ammunition>

Please contact us if you need help expediting the approval, we can help.

### Cancellation policy

If the event is canceled or you need to cancel due to health issues on or before March 17 a 50% refund will be issued, if after March 18, no refund will be given.

### Event Rules

The current IBU event and competition rules will be in effect for the event. Any modifications to the rules will be discussed at the team captain's meeting.

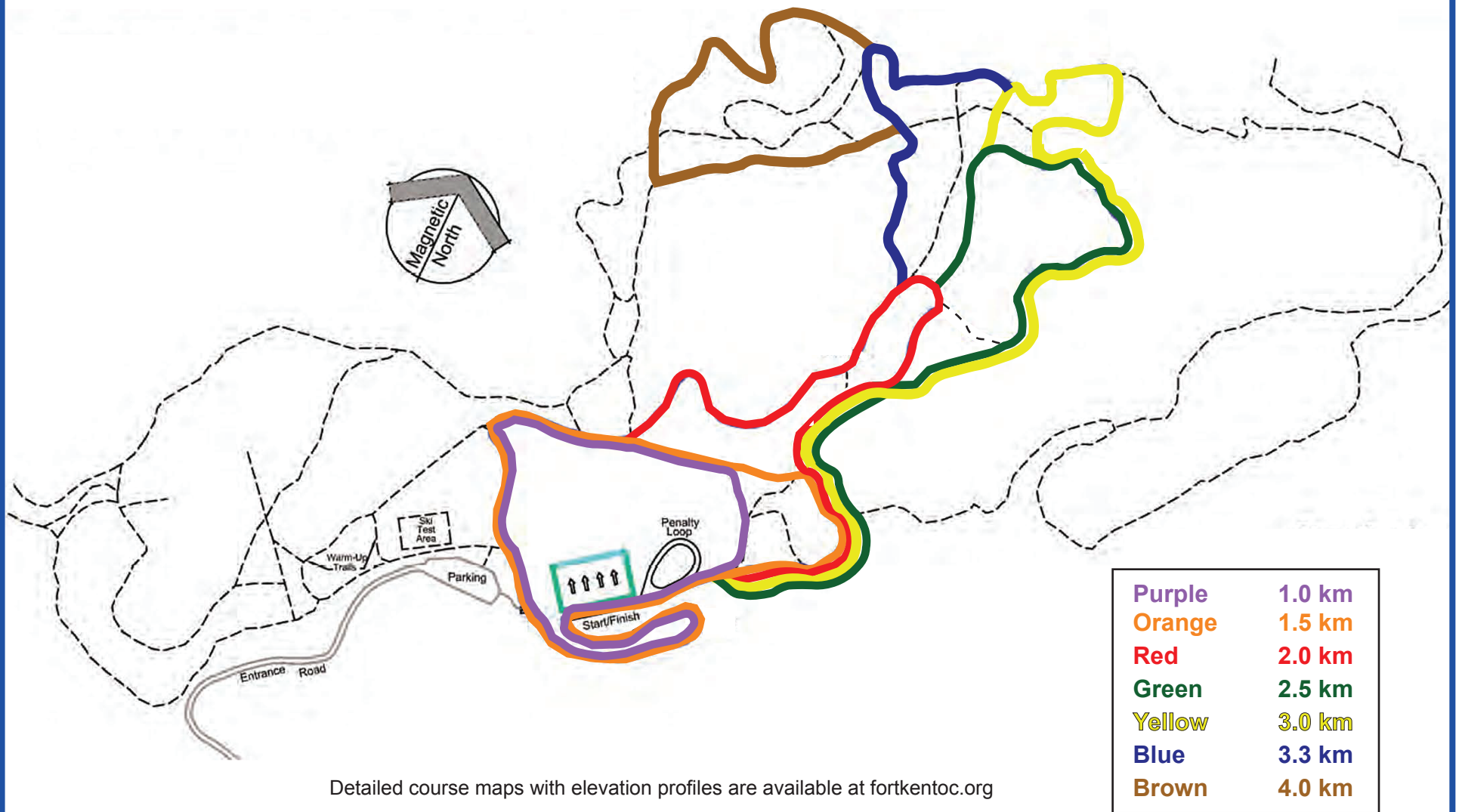
### Results

Start lists and Results can be found at [fkocresults.com](https://fkocresults.com)

### Release of Liability

FKOC shall not be held liable for any accidents and or damages caused to persons or material/equipment. By submitting the entry form the competitor confirms that they are medically fit to compete and possess sufficient health, accident, and liability insurance (in accordance with paragraph 1.5.1.2 IBU Event and Competition Rules)

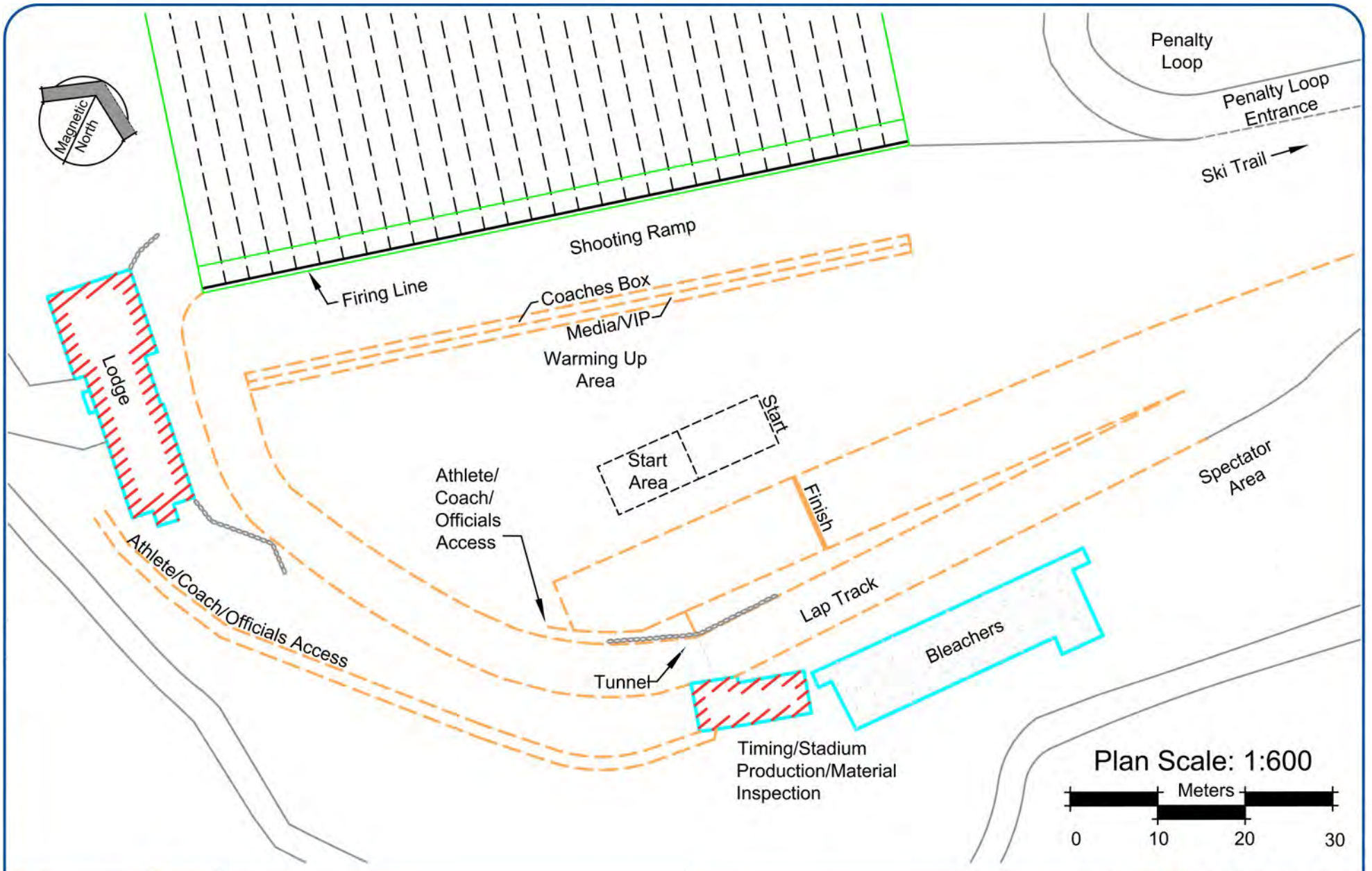
# Composite Biathlon Course



**Fort Kent Outdoor Center**  
**33 Paradis Circle**  
**Fort Kent, Maine**

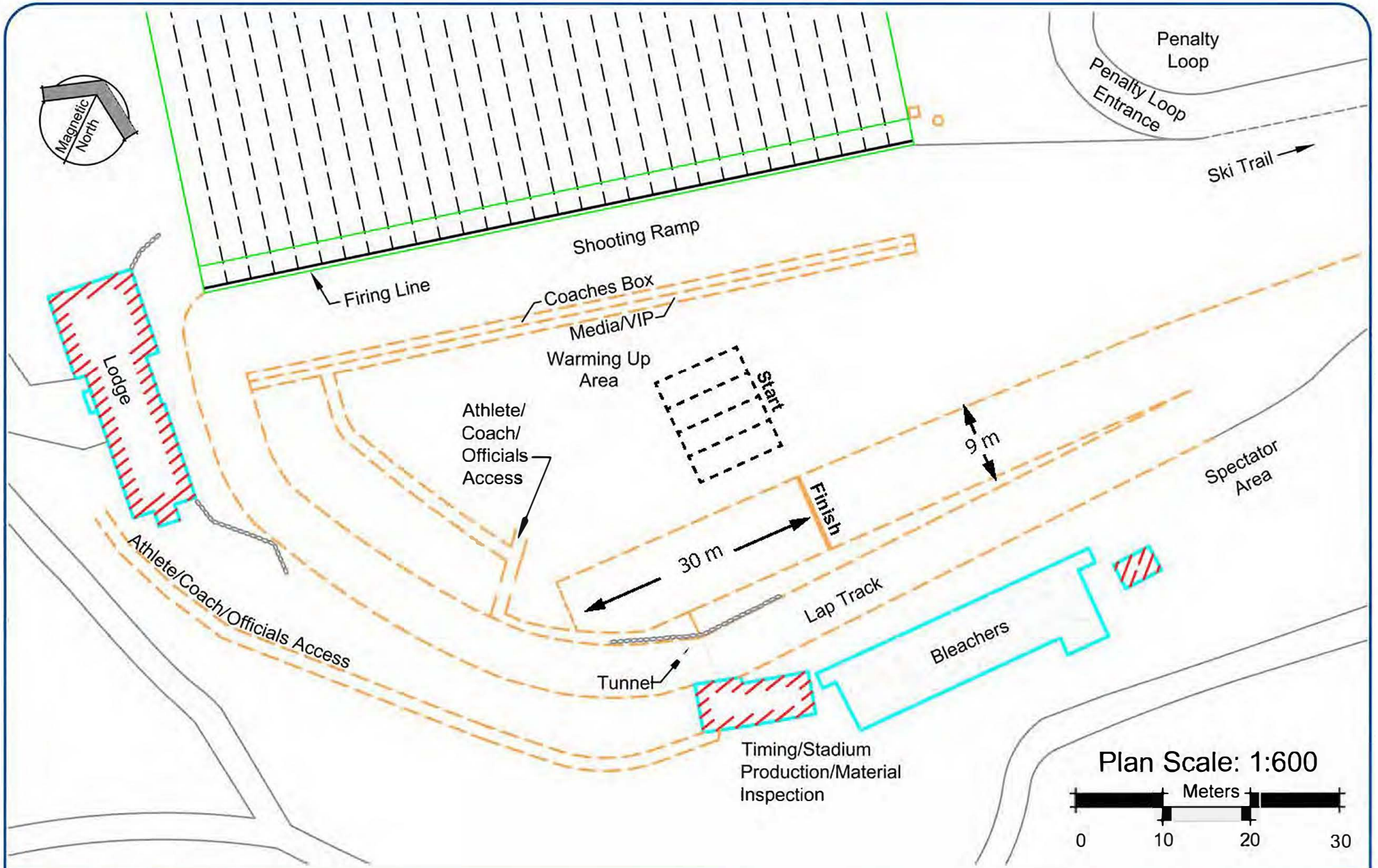
**Composite Biathlon**  
**Course**





**Fort Kent Outdoor Center  
33 Paradis Circle  
Fort Kent, Maine**

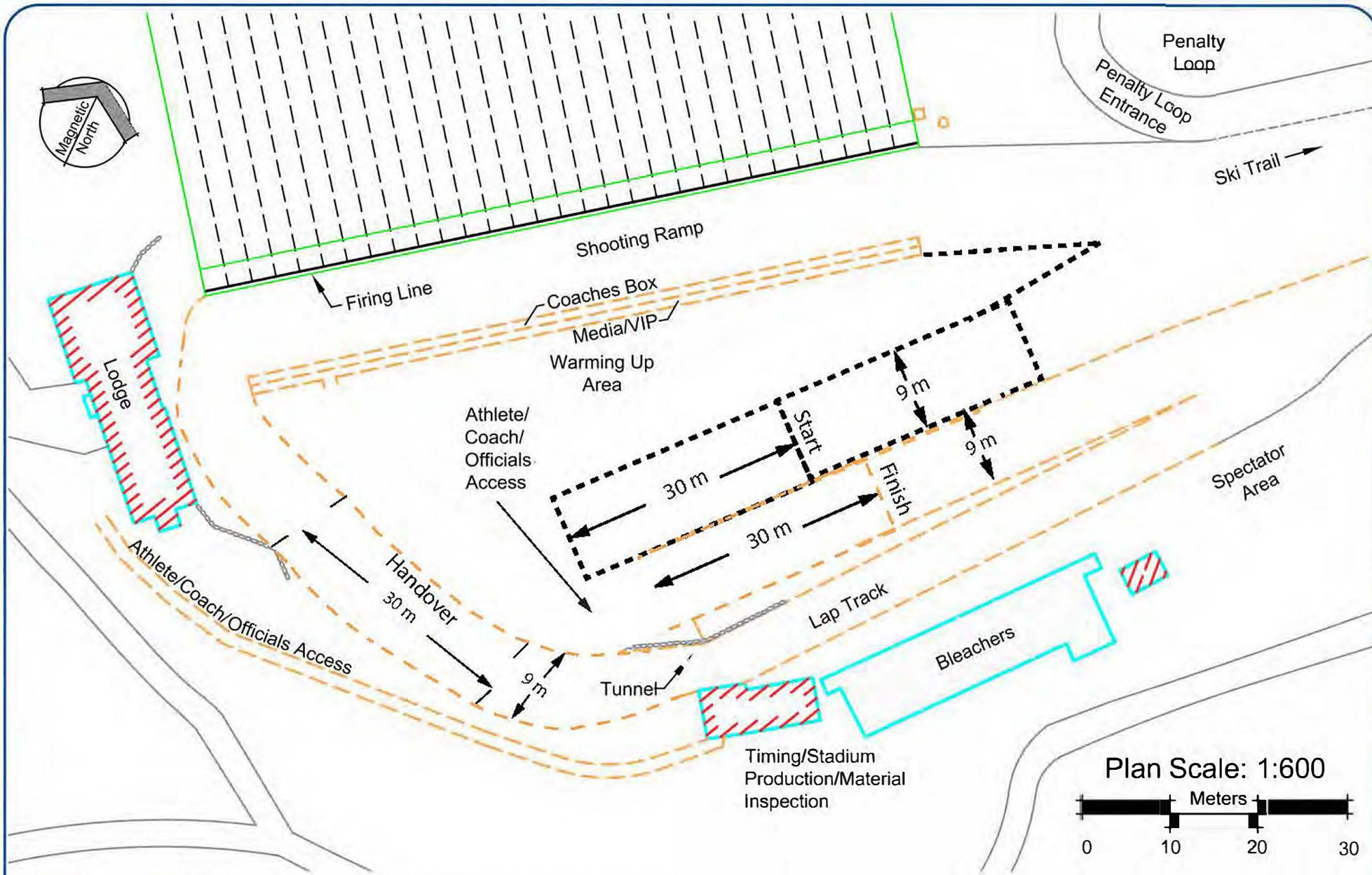
# Sprint Start Layout



**Fort Kent Outdoor Center**  
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# Pursuit Layout





**Fort Kent Outdoor Center**  
**33 Paradis Circle**  
**Fort Kent, Maine**

# Relay Layout

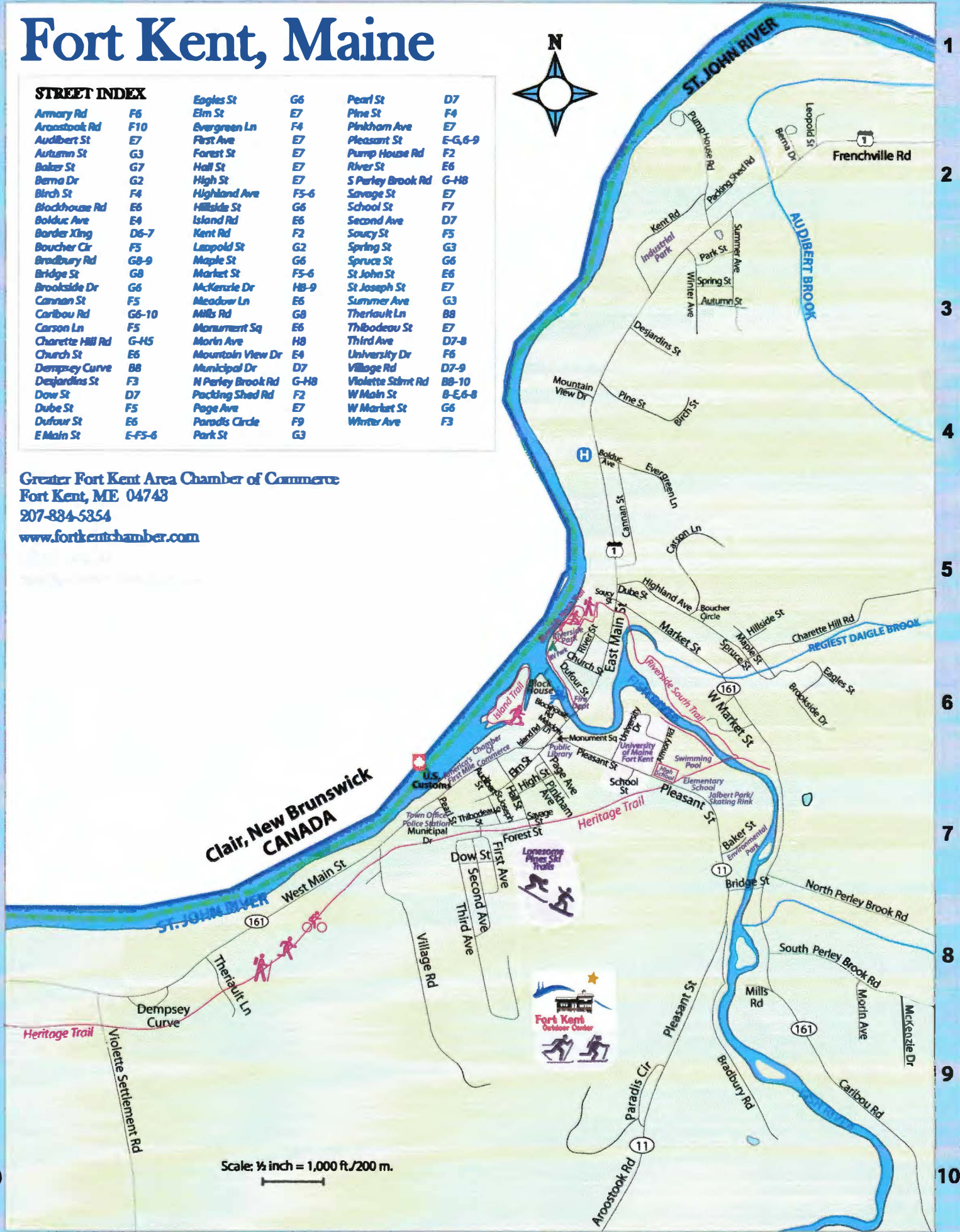


# Fort Kent, Maine

## STREET INDEX

Armory Rd	F6	Eagles St	G6	Pearl St	D7
Aroostook Rd	F10	Elm St	E7	Pine St	F4
Audibert St	E7	Evergreen Ln	F4	Pinkham Ave	E7
Autumn St	G3	First Ave	E7	Pleasant St	E-G, 6-9
Baker St	G7	Forest St	E7	Pump House Rd	F2
Barna Dr	G2	Hall St	E7	River St	E6
Birch St	F4	High St	E7	S Parley Brook Rd	G-H8
Blockhouse Rd	E6	Highland Ave	F5-6	Savage St	E7
Bolduc Ave	E4	Hillside St	G6	School St	F7
Border Xing	D6-7	Island Rd	E6	Second Ave	D7
Boucher Cir	F5	Kent Rd	F2	Soucy St	F5
Bradbury Rd	G8-9	Lapold St	G2	Spring St	G3
Bridge St	G8	Maple St	G6	Spruce St	G6
Brookside Dr	G6	Market St	F5-6	St John St	E6
Cannon St	F5	McKenzie Dr	H8-9	St Joseph St	E7
Caribou Rd	G6-10	Meadow Ln	E6	Summer Ave	G3
Carson Ln	F5	Mills Rd	G8	Theriot Ln	B8
Charette Hill Rd	G-H5	Monument Sq	E6	Thibodeau St	E7
Church St	E6	Morin Ave	H8	Third Ave	D7-8
Dempsey Curve	B8	Mountain View Dr	E4	University Dr	F6
Desjardins St	F3	Municipal Dr	D7	Village Rd	D7-9
Dow St	D7	N Parley Brook Rd	G-H8	Violette St	B8-10
Dube St	F5	Packng Shed Rd	F2	W Main St	B-E, 6-8
Dufour St	E6	Page Ave	E7	W Market St	G6
E Main St	E-F5-6	Paradis Circle	F9	Winter Ave	F3
		Park St	G3		

Greater Fort Kent Area Chamber of Commerce  
 Fort Kent, ME 04743  
 207-834-5354  
[www.fortkentchamber.com](http://www.fortkentchamber.com)



Scale: 1/8 inch = 1,000 ft./200 m.