

2026 Pan American Junior Championships Rankings - Women

Rankings as of 3/9/2026

	Athlete Name	Body Weight	Total	% of A Standard	Age as of 12/31/26	Competition Total Achieved
1	Ella Nicholson	86	251	115.14%	20	2026 Virus Series 1
*	Ella Nicholson	77	245	114.49%	20	2025 Virus Weightlifting Finals
2	Grace Montgomery	77	212	99.07%	20	2025 Virus Weightlifting Finals
3	Kimberly Wiese	69	206	98.10%	20	2025 Virus Weightlifting Finals
4	Allison Rebustillo	69	203	96.67%	18	2026 Virus Series 1
5	Elle Bays	77	206	96.26%	18	2025 Virus Weightlifting Finals
*	Adelyn Jones	69	200	95.24%	17	2026 Virus Series 1

A Standard	
48	163
53	179
58	194
63	203
69	210
77	214
86	218
86+	237

B Standard - Minimum	
48	154
53	169
58	183
63	191
69	198
77	202
86	206
86+	224