

USA Wrestling

Women's Freestyle Athlete Selection Procedures

2025 Junior Pan American Games (U23 age eligible athletes)

- Publication Date: March 12, 2025

SECTION 1: OVERVIEW

- These procedures outline the nomination pathway for USA Wrestling (NGB) for the 2025 Junior Pan American Games in Women's Freestyle.
- The maximum Team size can be six (6) female athletes; however final Team size will depend on earned Pan American Games quotas. Pan American Games quotas are awarded to the National Olympic Committee (NOC), not to the athlete by name.

SECTION 2: ATHLETE REQUIREMENTS

1. Nationality/Passports Requirements:
 - Have a valid United States passport at the time of nomination that does not expire for six months after the conclusion of the Games.
2. Minimum Panam Sports Requirements:
 - Be born between 2002 and 2007.
 - Have a valid 2025 United World Wrestling license.
 - Abide by the rules in the Panam Sports Constitution, including nationality/citizenship requirements.
 - For additional information regarding an athlete who is a national of two or more countries, has changed their nationality or acquired a new nationality, refer to the Panam Sports Constitution (Article 34.4-7).
 - Abide by the Panam Sports Eligibility of Conditions Form/Conditions of Participation Form
 - Meet all sport specific eligibility requirements found in the [Qualification System Manual Asuncion 2025](#)
3. Local Organizing Committee (LOC) Requirements:
 - Comply with all rules and policies implemented by the LOC.
4. Continental Federation (CF) Requirements:
 - Comply with all United World Wrestling eligibility requirements found [here](#).
5. USOPC Requirements:
 - Comply with all USOPC rules applicable to the Games (e.g., Demonstrations).
 - Complete all USOPC Games Registration requirements by the stated deadline.
 - Comply with the USOPC Delegation Terms, including the Conduct Requirements, which will be made available here: <https://www.usopc.org/games-and-qualification>
 - Comply with the [USOPC Athlete Safety Policy](#) and the [U.S. Center for SafeSport Code](#) including education and training requirements.
 - Comply with the current [USOPC Background Check Policy](#).

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6. NGB Requirements:

- Comply with the [NGB Code of Conduct](#).
- Comply with the [NGB SafeSport Handbook](#).
- Athlete must have an active NGB membership.
- Athlete does not have an active suspension from the U.S. Center for SafeSport that would make the Athlete ineligible to participate in the Games.
- Athlete does not have an active sanction for an anti-doping rule/policy violation that would make the Athlete ineligible to participate in the Games.

SECTION 3: OTHER MINIMUM REQUIREMENTS TO BE ELIGIBLE FOR THE TEAM

- Agree to be bound by and adhere to all Panam Sports, WADA, United World Wrestling, USADA and USOPC anti-doping protocols, policies and procedures, as applicable. This includes participation in Out-of-Competition Testing and an agreement to be bound to the results management authority of Panam Sports, WADA, United World Wrestling, USADA, or other Anti-Doping Organization as applicable.
- Meet all health and safety protocols, to include vaccine requirements and/or testing requirements set forth by the government, local laws, USOPC, United World Wrestling and/or the Local Organizing Committee.

SECTION 4: EVALUATIVE EVENTS

Event names, dates and locations of all trials, competitions, and camps to be used as part of the selection process:

| DATE(S) | DESCRIPTION/EVENT NAME |
|---------------------|--|
| April 4 - 6, 2025 | USMC Women's National Championships – Spokane, WA |
| April 23 - 27, 2025 | US Senior Open – Las Vegas, NV |
| May 16 - 18, 2025 | Senior World Team Trials Challenge Tournament – Louisville, KY |
| June 14, 2025 | Final X – Newark, NJ |

- USA Wrestling event schedule [here](#).
 - For registration and eligibility questions, please refer to the URL above for each specific event information. It is the responsibility of the athlete to check the registration information.

SECTION 5: SELECTION PROCESS

Provide a step-by-step description of the selection process including an overview of the Junior Pan American Games Qualification System.

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5.1 TOTAL QUOTA PLACES:

- Quota spots are awarded to the NOC, not to the athlete by name.
- Women's Freestyle weight categories (6 quotas): 50kg, 53kg, 57kg, 62kg, 68kg, 76kg.

5.2 EVALUATION EVENT QUALIFICATION PATHWAY:

- Qualification pathways for Evaluation Events (Section 4) can be found in the [2025 U23 Pan Am-World Procedures - Women's Freestyle](#).
- Athletes must check the event specific information found [here](#).

5.3 NOMINATION TO THE TEAM:

- Athletes will be nominated to Team after completion of the Evaluation Events (Section 4) as outlined in the [2025 U23 Pan Am-World Procedures - Women's Freestyle](#). Athletes earning the spot during the 2025 UWW U23 Women's Freestyle World Team Trials process, at the Olympic weight categories with qualified quotas for the Games, will earn the right to compete at the 2025 Junior Pan American Games.

In the event of a conflict between this overview and the Junior Pan American Games Qualification System, the Junior Pan American Games Qualification System will take precedent.

For more details, please refer to the Qualification System Manual Asuncion 2025 [here](#).

SECTION 6: DISCRETIONARY CRITERIA TO NOMINATE ATHLETES

6.1 **RATIONALE FOR UTILIZING DISCRETIONARY SELECTION:**

NGB will only use discretionary selection if quota spots remain after the rank order criteria outlined in the [2025 U23 Pan Am-World Procedures - Women's Freestyle](#) has been exhausted.

6.2 **DEFINE THE DISCRETIONARY CRITERIA TO BE USED:**

The Selection Committee (Section 6.3) will consider the criteria below in no particular order:

- Past United World Wrestling event placings with emphasis put on World Championship and Pan American Championships results from calendar years 2021, 2022, 2023, 2024 & 2025.
- Athlete recommendations from the Women's Freestyle National Staff.

6.3 **SELECTION COMMITTEE**

The committee that will be responsible for making discretionary selections or other decisions and recommendations directly impacting athletes in the selection process.

Committee Name: [Women's Freestyle Sport Committee](#)

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SECTION 7: MANDATORY TRAINING AND/OR COMPETITION

Specify the location, schedule, and duration of all mandatory training and/or competition that will be considered in Team selection.

We do not anticipate any mandatory training and/or competition for athletes nominated to the team.

SECTION 8: DATE OF TEAM NOMINATION

NGB will nominate the Team, including any replacements/alternates to the USOPC on or before June 18, 2025.

SECTION 9: REMOVAL OF ATHLETES FROM THE TEAM

9.1 NGB JURISDICTION

- a. NGB has jurisdiction over athlete nominees until athlete entries have been submitted by the USOPC to the Local Organizing Committee. An athlete who is nominated to the Team may be removed for any of the following reasons, as determined by NGB:
 - i. Voluntary withdrawal. Athlete submits a written letter to the NGB Director, National Teams High Performance requesting to voluntarily withdraw from the Team.
 - ii. Injury or illness. A physician (or medical staff) approved by NGB provides certification that the Athlete has a debilitating condition. If Athlete refuses to provide verification of their illness or injury by a physician (or medical staff), their injury will be assumed to be debilitating, and they may be removed from the Team.
 - iii. Failure to participate. Athlete does not participate in all Mandatory Training and/or Competition as defined in these procedures.
 - iv. Code of Conduct Violation. Athlete violates the [NGB Code of Conduct](#).
 - v. Athlete Agreement. Athlete violates a term in their signed NGB Athlete Agreement.
 - vi. Non-compliance. Athlete does not meet the athlete eligibility requirements listed in Section 2 and Section 3 of these selection procedures.
- b. An Athlete may be removed as a nominee to the Team or from the Team if found to have violated WADA, United World Wrestling, USADA and/or USOPC anti-doping protocol, policies and procedures, the U.S. Center for SafeSport Code, the USOPC Athlete Safety Policy and the NGB SafeSport Policy, as applicable.

9.2 USOPC JURISDICTION

- a. Once Athlete entries have been submitted by the USOPC to the Local Organizing Committee, the USOPC has jurisdiction over the Team.
- b. USOPC's Delegation Conduct Requirements apply in addition to the NGB Code of Conduct. The

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Delegation Conduct Requirements in the USOPC Games Delegation Terms are specific to each Games and are made available during the Games registration process.

- c. The USOPC's Grievance Procedures and Hearing Process are found within the USOPC Dispute Resolution Policy and Hearing Procedures.
 - i. See www.usopc.org/governance/dispute-resolution for more information.

SECTION 10: SELECTION PROCESS IF ATHLETE VACANCY OCCURS PRIOR TO SUBMISSION OF ENTRIES BY NAME TO THE LOCAL ORGANIZING COMMITTEE

- 10.1 Should a vacancy occur prior to submission of Entries by Name to the Local Organizing Committee, USA Wrestling will follow rank order as noted in the [2025 U23 Pan Am-World Procedures - Women's Freestyle](#).
- 10.2 All replacement athletes must meet all requirements listed in Sections 2-3.

SECTION 11: SELECTION PROCESS IF ATHLETE VACANCY OCCURS AFTER SUBMISSION OF ENTRIES BY NAME TO THE LOCAL ORGANIZING COMMITTEE

- 11.1 Should a vacancy occur after submission of Entries by Name to the Local Organizing Committee, if allowed, USA Wrestling will follow rank order as noted in the [2025 U23 Pan Am-World Procedures - Women's Freestyle](#).
- 11.2 All replacement athletes must meet all requirements listed in Sections 2-3.

SECTION 12: RIGHT TO A HEARING

An athlete who is removed from the Team has the right to a hearing per the NGB's [Disciplinary Proceedings and Grievance Policy](#) and the USOPC Bylaws (applies only for a Protected Competition), Section 9 (<https://www.usopc.org/governance/dispute-resolution>).

SECTION 13: REQUIRED DOCUMENTS

The following document is required to be signed by an athlete as a condition of nomination to the Games:

- [NGB Code of Conduct](#)

SECTION 14: DISCLAIMERS

These procedures are based on Panam Sports and United World Wrestling rules and regulations as presently known and understood. Any change in the selection procedures caused by a change in Panam Sports and/or United World Wrestling rules and regulations will be distributed to the affected athletes immediately. The selection criteria are based on the latest information available to NGB.

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However, the selection criteria are always subject to unforeseen, intervening circumstances, and realistically may not have accounted for every possible contingency. If any force of nature, pandemic, or force majeure, should cause the alteration or cancellation of any of the selection events listed in this document, these selection procedures may require revisions.

SECTION 15: CONFLICT OF INTEREST

All members of the Selection Committee (Section 6.3) and all individuals who developed these selection procedures (Section 21) must comply with the [USA Wrestling Conflict of Interest Policy](#), to include completing and submitting a disclosure form consistent with the USA Wrestling Conflict of Interest Policy before convening the committee.

A conflict of interest exists when a personal, family, financial, professional, club, team or business relationship or interferes with, or maybe perceived to interfere with a committee member's ability to be impartial and participate in the selection process in a fair and impartial manner. Any member of the Selection Committee who has an actual, possible, or perceived conflict of interest must disclose it to the NGB's Ethics Committee prior to the start of the selection process and may be required to recuse themselves from the Selection Committee discussions and/or voting.

If a conflict exists, the NGB's Ethics Committee shall review the conflict and determine the committee member's level of involvement (e.g., whether that committee member must recuse themselves from participating in discussions and/or voting).

During its review, the NGB Ethics Committee may ask a Selection Committee member or an affected person for more information at its discretion. For example, if a Selection Committee member is required to recuse themselves from voting, the NGB Ethics Committee may still determine that a Selection Committee member who has relevant and necessary information related to athlete performance, such as a national team coach or high performance director, may, if requested by the Selection Committee, provide that information to the Selection Committee if the information is provided in a fair and unbiased manner and if the Selection Committee member with the conflict of interest does not vote toward the final decision.

Additionally, any person with a good faith belief that a committee member has a conflict of interest may report the alleged conflict of interest to the NGB Ethics Committee. Reports may also be made anonymously through the [USOPC's Integrity Portal](#). No committee member shall retaliate in any way against a person who, in good faith, reports an alleged conflict of interest. In addition, the USOPC maintains a strict no retaliation policy that prohibits any employee, contractor, agent, volunteer, or member of the USOPC to take or threaten to take any action against an athlete for reporting information to or seeking assistance from the Office of the Athlete Ombuds.

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Any recused individual shall be replaced in accordance with the NGB Selection Committee appointment process.

SECTION 16: QUESTIONS REGARDING ATHLETE SELECTION PROCEDURES

Athletes may contact the individuals listed below for information about these selection procedures.

Name: Cody Bickley
Position: Director, National Teams High Performance
Email: cbickley@usawrestling.org
Phone: (719) 265-3647

Name: Veronica Carlson
Position: Team USA Athletes' Commission Representative
Email: vcarlson@live.com
Phone: (720) 393-9114

ATHLETE OMBUDS

The Team USA Athlete Ombuds serves as a safe, independent, confidential place for Team USA Athletes to seek advice about any sport-related rule, policy, or process; how to navigate raising or responding to concerns; or access legal and mental health resources.

Team USA Athletes may contact the Athlete Ombuds:

PHONE: (719) 866-5000
EMAIL: ombudsman@usathlete.org
WEBSITE: usathlete.org

SECTION 17: GRIEVANCES

The NGB Disciplinary Proceedings and Grievance Policy can be found [here](#).

Section 9 of the USOPC Bylaws provides a process for an athlete to file a complaint with the USOPC against an NGB alleging that they have been denied, or threatened to be denied, with the opportunity to participate in a Protected Competition, as defined in the USOPC bylaws. Additional information on how to file a complaint can be found here: <https://www.usopc.org/governance/dispute-resolution>

SECTION 18: NON-RETALIATION

The USOPC and NGB have zero tolerance for retaliation against people who make good faith reports of

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potential ethical, policy, or legal violations, or who cooperate with investigations of those reports. That means no USOPC or NGB staff, Board or Committee member, or volunteer may threaten, harass, discriminate against, or take any negative employment or related action (e.g., discharge, demotion, suspension, negative review) on that basis.

- Individuals may report concerns to the NGB by following the NGB's Whistleblower Policy located [here](#).
- Individuals may report concerns to the USOPC confidentially, or anonymously, online using the [USOPC Integrity Portal](#) or individuals may call the USOPC Integrity Hotline at 1-877-404-9935.
- Additional information can be found in the USOPC's [Speak Up Policy](#).

SECTION 19: SUPPORTING DOCUMENTS

NGB will retain the approved Selection Procedures and all supporting documents, including scouting or evaluation forms, etc., and data from the selection process as required by the NGB's Records Retention Policy or for six months past the date of the 2025 Junior Pan American Games, whichever is longer.

SECTION 20: QUALIFICATION FOR THE 2027 PAN AMERICAN GAMES

- Gold medalists in individual events in Women's Freestyle from the 2025 Junior Pan American Games will qualify by name for the 2027 Pan American Games in Lima, Peru.
- If the athlete who earned the quota cannot participate in the 2027 Pan American Games, the quota will be lost and may not be transferred to the country or to any other athlete.

SECTION 21: DEVELOPMENT, APPROVAL & CERTIFICATION OF SELECTION PROCEDURES

The following committee of individuals developed these selection procedures.

| NAME | ROLE |
|-----------------------------------|---|
| Women's Freestyle Sport Committee | https://www.themat.com/about-us/board-of-directors |

The following individual approved these selection procedures and through their signature, certifies that the procedures comply with the standards and criteria set by the United World Wrestling. The following individual further certifies that the information provided herein regarding Athlete Selection Procedures represents the method approved by the NGB and that these selection procedures will be posted on the USA Wrestling website.


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| POSITION | NAME | SIGNATURE | DATE |
|----------------------------------|-------------|-----------------------|-------------|
| USA Wrestling Executive Director | Rich Bender | <i>Richard Bender</i> | Mar 12 2025 |

The following individual affirms that they read and understand the selection procedures.

| POSITION | NAME | SIGNATURE | DATE |
|--|------------------|--|-------------|
| Team USA Athletes Commission Representative* | Veronica Carlson |  | Mar 12 2025 |

* If the Team USA Athletes' Commission Representative has delegated authority to the Alternate Representative to sign the Selection Procedures, attach a letter from the Team USA AC Representative indicating the reason they have delegated authority.

* Signature by the Athlete Representative constitutes that they have read and understand the Selection Procedures. If the Athlete Representative reads and does not agree with the Athlete Selection Procedures being submitted by the NGB, they may submit those reasons in writing to their USOPC Sport Performance Team.

* If, for some reason, a sport does not have an elected Team USA AC Representative, the NGB must designate an athlete from that sport to review and sign the Selection Procedures.

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APPENDIX A – COMMONLY USED ACRONYMS

AAC – Athletes' Advisory Council

AC – Athletes' Commission

Act or TSOASA – Ted Stevens Olympic and Amateur Sports Act

APC – Americas Paralympic Committee

CAS – Court of Arbitration for Sport

Center or CSS – U.S. Center for SafeSport

CF – Continental Federation

IMS – Internally Managed Sport (sport managed by the USOPC)

IOC – International Olympic Committee

IPC – International Paralympic Committee

IF – International Federation

LOC – Local Organizing Committee

NGB – National Governing Body

NOC – National Olympic Committee

NPC – National Paralympic Committee

OCOG – Organizing Committee of the Olympic Games. The OCOG refers to the Organizing Committee of the Paralympic Games as well.

PAG – Pan American Games

Panam Sports or PASO – Pan American Sports Organization

PPAG – Parapan American Games

PSO – Paralympic Sport Organization

TEAM USA AC – Team USA Athletes' Commission (formerly USOPC AAC)

USADA – United States Anti-Doping Agency

WADA – World Anti-Doping Agency

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APPENDIX B – GLOSSARY

Contingency means a future event or circumstance which is possible but cannot be predicted with certainty.

Delegation Event means the Olympic Games, the Olympic Winter Games, the Paralympic Games, the Paralympic Winter Games, the Pan American Games, and the Parapan American Games.

Force Majeure means an event or effect that cannot be reasonably anticipated or controlled (e.g., hurricane, tornado, etc.).

Grievance Procedures means the process that enables an athlete to file a complaint with the NGB or USOPC.

Jurisdiction means the power or authority to make decisions and judgments.

Nominated means an athlete, coach or staff member whose name has been submitted to the USOPC by an NGB for participation in the Games.

Protected Competition means a Delegation Event or a Qualifying Competition.

Qualifying Competition means either of the following:

- i. **NGB Qualifying Competition:** Any competition or activity organized or approved by the NGB where the athlete's performance or results are considered in the published selection criteria to represent the United States in a Delegation Event.
- ii. **International Qualifying Competition:** Any international sport competition where (i) athletes represent the United States against athletes representing other nations, (ii) the NGB officially designates entrants, as required by the competition organizers, and (iii) athlete results or performance are included in the published criteria to qualify, or be selected, to represent the United States in a Delegation Event.

Selected means an athlete, coach or staff member whose name has been submitted by the USOPC to the LOC at the final submission date, as determined by the LOC.

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APPENDIX C – ATHLETE RESOURCES

ATHLETE OMBUDS

The Team USA Athlete Ombuds serves as a safe, independent, confidential place for Team USA Athletes to seek advice about any sport-related rule, policy, or process; how to navigate raising or responding to concerns; or access legal and mental health resources.

Team USA Athletes may contact the Athlete Ombuds:

PHONE: (719) 866-5000

EMAIL: ombudsman@usathlete.org

WEBSITE: usathlete.org

SAFESPORT HELPLINE

The SafeSport Helpline provides crisis intervention, referrals, and emotional support specifically designed for athletes, staff, and other SafeSport participants affected by sexual violence. Through this service, support specialists provide live, confidential, one-on-one support that is available 24/7. Individuals can call the Helpline at 866-200-0796 or visit www.safesporthelpline.org.

TEAM USA ATHLETES' COMMISSION (Team USA AC) *(Formerly Athletes' Advisory Council)*

The Team USA AC is responsible for broadening communication between the USOPC and active athletes and serves as a source of input and advice to the USOPC Board of Directors.

WEBSITE: www.usopc.org/teamusa-athletes-commission

TEAM USA MENTAL HEALTH RESOURCES

For those in need of mental health support, USOPC Psychological Services is available at psychservices@usopc.org, or you can connect with a licensed mental health provider 24/7 through the USOPC Psychological Services Support Line at 719-866-2255. You can also visit <https://www.usopc.org/mental-health> for information about all available resources or complete our referral link at go.teamusa.org/referrals to get connected.

USOPC DISPUTE RESOLUTION UNIT (DRU)

For Protected Competitions, USOPC's DRU oversees the administration of dispute resolution services to athletes and other members of NGBs for grievances under the USOPC's jurisdiction to ensure the complaints are heard in a timely and fair manner. For more information about this process, please visit the [dispute resolution website](#).

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USOPC ETHICS AND COMPLIANCE

USOPC's Ethics and Compliance team is responsible for ensuring the USOPC and NGBs comply with the Ted Stevens Olympic and Amateur Sports Act, their own bylaws and policies, and any other applicable laws or regulations. Any individual may report concerns confidentially, or anonymously, online using the [USOPC Integrity Portal](#) or individuals may call the USOPC Integrity Hotline at 1-877-404-9935 to report their concern over the phone.



USOPC SECURITY AND ATHLETE SAFETY REPORTING PORTAL

Athletes can report an incident of emotional, physical, or sexual misconduct, a violation of the Minor Athlete Abuse Prevention Policies (MAAPP) or a general security incident or concern through the [Safety Reporting Portal](#). Athletes may also report to the USOPC over the phone at 719-866-3869.

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