

2023 USA DIVING JUNIOR NATIONAL CHAMPIONSHIP QUALIFICATION CRITERIA AND COMPETITION FORMAT

Mission Viejo, California

July 23-August 1, 2023

USA Diving will host the 2023 USA Diving Junior National Championships in Mission Viejo, CA. This premier junior competition will see participation from the top junior athletes in the United States to crown the 2023 National Champions.

Eligibility for Individual Events at the 2023 USA Diving Junior National Championships:

Athletes will qualify to individual events at the USA Diving Junior National Championships according to the formulas outlined in the USA Diving Rulebook. A complete list of National Qualifiers will be available on DiveMeets.com after the conclusion of the final two Zones (occurring June 23-25). Athletes may participate only in the event(s) that they have qualified for. For questions about qualification, please contact oliviari@usadiving.org.

Synchronized Events at the 2023 USA Diving Junior National Championships:

The following synchronized events will be contested at the 2023 Junior Nationals:

14-18 Girls Synchronized 3-Meter

14-18 Girls Synchronized Platform

14-18 Boys Synchronized 3-Meter

14-18 Boys Synchronized Platform

To be eligible to participate in these events, athletes must:

- Be qualified to the Junior Nationals in at least one individual event of the Preliminaries or Semi-Finals (qualification in one Preliminary or Semi-Final renders an athlete eligible to participate in both synchronized events)
- Be FINA Aged 14-18 (**FINA 19 athletes may compete as long as the athlete does not turn 19 years old by the date of the event. Synchro pairs with a FINA 19 athlete will not be considered for Junior Pan Am selection.*)
- Meet the minimum degree of difficulty requirements outlined in the chart below:

	14-18 Synchronized 3-Meter	14-18 Synchronized Platform
Girls	12.3 (8.3 for three optionals)	11.7 (7.7 for three optionals)
Boys	12.6	12.3

	(8.6 for three optionals)	(8.3 for three optionals)
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Registration for the 2023 USA Diving Junior National Championships:

All athletes must be U.S. Citizens to participate. Athletes and Coaches must have Eligible USA Diving memberships, and they shall register for the event through [DiveMeets.com](https://www.dive-meets.com). Late fees will go into effect at 5 p.m. Eastern on July 10th, 2023. Online registration will still be available after 5 p.m. Eastern on July 10th, 2023, with a \$100/diver late fee.

Contested Events:

INDIVIDUAL EVENTS (1-meter, 3-meter, platform)

PRELIMINARIES

Preliminaries for four Age Groups (11&U, 12-13, 14-15, and 16-18) in both genders will be conducted for a total of 24 Preliminary events.

Athletes placing 1-6 at each Preliminary will advance to the corresponding Semi-Final.

SEMI-FINALS

Semi-Finals for four Age Groups (11&U, 12-13, 14-15, and 16-18) in both genders will be conducted for a total of 24 Semi-Final events.

Athletes placing 1-12 at each Semi-Final will advance to the corresponding Final.

FINALS

Finals for four Age Groups (11&U, 12-13, 14-15, and 16-18) in both genders will be conducted for a total of 24 Final events.

All athletes participating in a Final will be recognized in an Awards Ceremony.

SYNCHRONIZED EVENTS

Four synchronized events will be conducted with open registration given that registering athletes meet the two requirements listed above.

Awarding Team Points:

For Individual Events, Team Points will be awarded according to the USA Diving Rulebook.

For Synchronized Events, Team Points will be awarded to the Top 12 synchronized teams following the guidelines for Individual Team Points identified by the USA Diving Rulebook.

Naming Coach of Record:

All athletes must identify both a “Coach of Record” and a “Coach on Deck” when they register for Junior Nationals on DiveMeets.com. Please note, your “Coach of Record” indicates the coach that would accompany you to international competition were you to qualify.