



US NATIONAL TEAM PATHWAY

JUNIOR

2023-2024



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EVENT PATHWAY TO US NATIONAL TEAM MEMBER

DOMINANT ATHLETE

DOMESTIC PATH

Win 3 of 4 of these USATKD Majors and become the Domestic Dominant Athlete



16.0



20.0



20.0



USATKD MAJOR EVENTS

INTERNATIONAL PATH

Win any medal at any three (3) World Taekwondo G-Rated Events*



*Completed Results/Brackets must be emailed to Eric Winger at ewinger@usatk.org.

*Please see further details in pathway information packet.



2024
USATKD
TEAM
TRIALS

2023 event results determine the athletes who will be invited to compete at the 2024 USATKD Team Trials.

The winner of the 2024 USATKD Team Trials becomes the USA Taekwondo National Team Member.



12.0

14.0

QUALIFYING EVENTS



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EVENT PATHWAY TO US NATIONAL TEAM MEMBER

TO QUALIFY FOR THE 2023 US NATIONAL CHAMPIONSHIP

Win 1st place (gold medal) at one (1) - 2023 USATKD Sanctioned State Championship

-OR-

Participate at ANY one (1) - 2023 US Grand Prix Regional Event (East, West, or Central)

TO QUALIFY FOR THE 2023 US GRAND PRIX FINAL EVENT

Win any medal at any 2023 US Grand Prix Regional Event (East, West, or Central)

-OR-

Win any medal at the 2023 US Taekwondo National Championship

TO QUALIFY FOR THE 2024 USATKD TEAM TRIALS*

All Athletes who medal at any of the following events:

- 2023 US Open
- 2023 US National Taekwondo Championship
- 2023 US Grand Prix Final
- Any 2023 World Taekwondo G-Rated Events*

#1 USA Taekwondo Ranked Athlete
(as of 12/31/23)

All 2023 USATKD Junior National Team Members

Aging Up Junior Athletes

17 year old junior athletes aging up qualify to compete as a senior at the 2024 US Team Trial if one of the following has been earned in 2023.

- 2023 Domestic and/or International Dominant Athlete Status
- 2023 US Grand Prix Final Gold Medalist (domestic)
- 2023 US Open Gold Medalist (international)
- 2023 US National Team Member

*Please see further details in pathway information packet.



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EVENT PATHWAY TO US NATIONAL TEAM MEMBER



2024 USATKD TEAM TRIALS

2024 USATKD NATIONAL TEAM MEMBER*

The 2024 USATKD National Team Member will represent the United States while competing at international event/s in 2024

The 2024 USATKD National Team Member will have the opportunity to train with the US Coaches.

*Please see further details in pathway information packet.
This packet will be released soon.

2024 USATKD ALTERNATE NATIONAL TEAM MEMBER*

The 2024 Alternate USATKD National Team Member will be called upon to fill the position of the 2024 USATKD Team Member if circumstances are applicable.

The 2024 Alternate USATKD National Team Member may be given training and/or competition opportunities with the US coaches and team.

TEAM TRIAL COMPETITION FORMAT

The 2024 USATKD Team Trial competition format will consist of 2 rounds. The first round - the Elimination Round and the 2nd round - the FINAL round.*

THE ELIMINATION ROUND

The Elimination Round (first round) will include athletes who have earned a Silver or Bronze Medal at any one (1) of the USATKD Major Events.

- 2023 US Taekwondo National Championship
- 2023 US Grand Prix Final
- 2023 US Open
- 2023 US aged up National Team Member
- 2023 US National Team Member (moved up one weight division)
- 2023 WT G-ranked event Silver and Bronze Medalist

THE FINAL ROUND

The Final Round (second round) will include the following athletes:

- All Gold Medal winners from all USATKD Major Event
- All Gold Medal winners from WT G-ranked events
- #1 USATKD Ranked Athlete (as of 12/31/23)
- 2023 US National Team Member
- All Dominant Athletes (Domestic and International)

*Athletes may enter the fight off in the division they qualified in or athletes may move up one weight division from the division they qualified in. Any athlete that moves up one weight division will enter the fight off in the Elimination Round.



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2024 US TEAM TRIAL INFORMATION

Elimination Round

Athletes will be seeded based off their USATKD ranking on 12/31/23

Final Round Seeding: IF there is NO Dominant Athlete

Seed 1: 2023 US National Team Member

Seed 2: 2023 US Open Gold Medalist

Seed 3: 2023 US Grand Prix Final Gold Medalist

Seed 4: 2023 US Taekwondo National Champion

Seed 5: #1 USATKD Ranked Athlete

Seed 6: WT G-ranked Gold Medalist (if more than one USATKD points will be used to determine seeding)

Seed 7: 2024 US Team Trial Elimination Round Winner

Final Round Seeding: IF there is a Dominant Athlete (Domestic and/or International)

Seed 1: International Dominant Athlete

Seed 2: Domestic Dominant Athlete

Seed 3: 2023 US National Team Member

Seed 4: 2023 US Open Gold Medalist

Seed 5: 2023 US Grand Prix Final Gold Medalist

Seed 6: 2023 US Taekwondo National Champion

Seed 7: #1 Ranked USATKD Athlete

Seed 8: WT G-ranked Gold Medalist (if more than one USATKD points will determine seeding order)

Seed 9: 2024 US Team Trial Elimination Winner