



**DMV
WEIGHTLIFTING**

Meeting Minutes

February 19, 2024

Present: Brian Leung, President
Abby Richards
Bianca Macias
Heather Krause
John Weeks
Kelly Nichols
Liz Korchnak
Steve Yanda

Absent: None

Agenda: 1. WSO Championships
 A. Site Selection
 B. Meet Kit
2. WSO Records
3. Delaware
4. Other Business

Order: Meeting was called to order at 8:03 p.m.

Minutes:

1. WSO Championships

The Board received a proposal from CrossFit Revamped to potentially host the WSO Championships in September. After discussing, the Board decided to solicit bids through social media and by directly contacting clubs. The bid packet will request information from potential hosts regarding date, space, and equipment availability and other potential logistics. The Board agreed the September, or potentially late August, would be the ideal date frame, based on other local meets. The Board would also reach out to Phil Sabatini to confirm the date of East Coast Gold's Fall Brawl to avoid scheduling conflicts.

The Board also discussed the availability of equipment, including sets stored with DC Weightlifting and OSS Weightlifting. The Board concluded that the equipment did not need upgrading and that the money would be better spent on upgrading the athlete experience. Various members of the Board volunteered to look into the cost of renting equipment, including competition sets from DC Weightlifting and warmup sets from Tough Temple.



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The Board discussed qualifying totals and determined that the priority for these championships is accessibility, and therefore there would not be any qualifying totals.

The Board next discussed reaching out to graphic designers to commission a DMV WSO logo and possibly a championship logo to begin marketing.

2. WSO Records

The Board reviewed an initial pass through establishing WSO records. Because there is no automated way to pull data from BARS, the Board decided to proceed with establishing and publishing preliminary records and leaving them open for corrections before finalizing. The Board also discussed reaching out to Jake Herbert who maintains the Virginia state records and has offered his assistance in helping the Board maintain WSO records.

3. Delaware

Kelly reached out to the meet director for the Delaware State Championships to offer the support of the WSO for their meet on April 6, 2024.

4. Other Business

Brian Leung sought reimbursement for website-related expenses – \$45.34 for domain name charges and \$72.00 for Google Workspace.

Upon a motion duly made, the Board voted **7 in favor, 0 against**. Brian abstained.

The next meeting of the Board will be March 18 at 8:00 p.m. virtually.