



2025 National Team Program Report

Omaha, Nebraska

August 22, 2025

The year 2025 proved to be another incredible chapter in our organization's journey, marked by challenges, transitions, and triumphs for all levels of our national team program. Building on the momentum from the Paris Olympic Games, the program navigated significant milestones while continuing to achieve remarkable results. None of this would have been possible without the relentless commitment and support of athletes, coaches, officials, and families, whose unwavering dedication remains the cornerstone of our progress. We take immense pride in the perseverance demonstrated by our community and celebrate the achievements of our high-performance athletes.

Senior National Team (SNT):

After the extraordinary silver medal success at the Paris Olympic Games, the Senior National Team faced a major transition when former Head Coach Andrea Fuentes made the difficult decision to return to her home country, Spain, to pursue opportunities closer to her family. With little time to transition, the program welcomed an entirely new coaching staff, whose commitment and expertise were critical to sustaining momentum and upholding the program's standards.

Under the guidance of the new coaching staff, SNT made appearances at two World Cups, delivering strong results. At the France World Cup, the team achieved significant success, earning gold in acrobatics and bronze in the brand new technical team routine, closing the competitive gap with Japan. The second World Cup took place in Canada, where the team debuted their new free team routine, titled "The Body." The routine received glowing feedback for its innovative choreography, earning a third-place finish. In acrobatics, the team also secured third place, demonstrating their growing strength.

The season culminated at the World Championships in Singapore, the team's most important and competitive event of the year. The SNT competed in three team events—team free, tech team, and acrobatics, as well as a new duet tech pairing. The results were a fourth-place finish in free team, sixth place in team tech, and tenth place in acrobatics after a base mark in one of the lifts in the final event. While the results showed room for growth, the team proved their resilience and dedication to competing at the sport's highest level as they look ahead to LA 2028.

Following the World Championships, the program underwent another important change. During an end-of-season debrief and with thoughtful, positive conversations between high-performance staff, Senior Team Head Coach Tammy McGregor and USA Artistic Swimming leadership agreed on an amicable separation. This mutual decision balances short-term priorities with the long-term goals and continued development of athletes and the program toward the LA 2028 Olympic Games.

Junior National Team:

The Junior National Team began their campaign by selecting nine of the country's best junior athletes for the second Junior Pan American Games in Asunción, Paraguay. After a condensed six-week preparation period, the team trained intensely for three team routines; Tech, Free, and Acrobatics as



well as technical and free duets, under the capable leadership of coaches Megan Abarca and Heather Carraco.

As of today, August 22, the Junior Team has already delivered inspiring results at the Pan Am Games. The team tech routine sits in second place going into their final day of competition, and the duet event culminated in a bronze medal finish. An incredible achievement for the team. We continue cheering on the team as they finalize their participation tomorrow, August 23, with the remaining routines. Their work reflects the dedication and talent of our youth pipeline.

Youth National Team:

The Youth National Team embarked on an busy summer in preparation for the Youth World Championships in Greece (August 26–30). Fourteen athletes aged 13–15 were selected to represent the U.S. across every event, including men's and women's solo, duet and mixed duet, team free, combo, and figures. The eight-week training camp in Las Vegas focused on perfecting routines and sharpening competitive readiness under Head Coach Ludivine Perrin-Stsepaniuk and Assistant Coach Anna Yesipova. The staff was enhanced further by Bill May serving as consultant and Laura Mase managing the team while also supporting as assistant coach.

This promising team is primed to deliver impactful performances on the international stage, showcasing the depth of talent in the program and their commitment to artistic swimming's highest standards.

Looking Ahead to the Future

We remain proud of all the athletes, coaches, and administrative staff involved in the national team program in 2025. Their efforts represent the continuation of our mission to develop athletes in and out of the water while inspiring them to strive for their best. This season was an important building block in our program's evolution, paving the way for greater success in 2028 and beyond.

Special Thanks

I extend our deepest gratitude to our CEO, Adam Andrasko, and the National Office staff, Kennedy Shriver, and Emily Burlison for their tireless work behind the scenes. Their unwavering commitment ensures the success of the national team program as we build a program capable of podium contention in 2028 and beyond.

As a unified organization, we look forward to the future with pride in our achievements and optimism for what's to come. Together, we are building an enduring legacy, inspiring the next generation of athletes and ensuring artistic swimming continues to thrive on the world stage.

Respectfully,

Lara Teixeira,

Chief of Sport and Chair of the USAAS National Team Program Committee.