



2025 USA Diving Winter Nationals Qualifier Criteria

Criteria for Qualifying to the 2025 USA Diving Winter National Championships

December 10-11, 2025
O'Shaughnessy Diving Center
Midland, TX

Just prior to the 2025 USA Diving Winter National Championships, USA Diving will host the 2025 USA Diving Winter National Championship Qualifier Event in Midland, TX to contest advancement to the Winter National Championships.

Please note: This Qualifier Event will serve as a preliminary part of the 2025 USA Diving Winter National Championships and is therefore a national team tryout competition meeting the criteria of NCAA bylaw [16.8.1.2 \(a\)](#).

Contested events

- a. Men's 1-meter, 3-meter, and 10-meter (ONE LIST ONLY)
- b. Women's 1-meter, 3-meter, and 10-meter (ONE LIST ONLY)

Note: There are no DD requirements to enter the Winter Nationals Qualifier. If a diver advances to the Winter National Championships, they must meet the DD minimums listed in Table 2 below, with the following exception: Junior divers must perform all dives from 10-meter but are not required to meet the DD minimums. A junior diver's list may include no more than two voluntary dives. However, to be considered for international team selection, junior divers must meet the DD requirements.

Advancing to the 2025 USA Diving Winter National Championships from the Qualifier:

All athletes seeking to qualify for the 2025 USA Diving Winter National Championships are eligible to compete at the Winter National Qualifier. This event serves as the final opportunity to earn qualification.

- **1-meter & 3-meter:** In the 1-meter and 3-meter events, any diver who places in the top 3 OR meets the qualifying score listed in Table 1 will earn a spot at Winter Nationals.
- **10-meter:** In the 10-meter event, any diver who places in the top 5 OR meets the qualifying score listed in Table 1 will also qualify for Winter Nationals.

Please see the [EVENT SCHEDULE](#) on the USA Diving Website Event Page for the most up to date information.

Registration for the 2025 USA Diving Winter National Championship Qualifier:

All Athletes and Coaches must have Eligible USA Diving memberships, and they shall register for the event through [DiveMeets.com](https://dive-meets.com). Late fees will go into effect at 5 p.m. Eastern **on December 1, 2025**. Online registration will still be available after 5 p.m. Eastern on December 1st, 2025, with a \$100/diver late fee.

Athletes who qualify on to the 2025 USA Diving Winter National Championships will be able to register for the event with the late fee waived.

**Note: Every International Participant must have an eligible USA Diving membership, be a member in good standing of their home federation and have permission from their federation to compete. A request from the federation must be submitted to Mike Retcher (michael.retcher@usadiving.org) for approval. All requests received by 5 p.m. ET on November 21, 2025, will receive full consideration for approval; any requests received after the deadline will be subject to review at USA Diving's discretion. International divers will be eligible to receive a place finish and move on to Winter Nationals but will not displace a U.S. diver from a qualification slot.*

2025 WINTER NATIONAL CHAMPIONSHIPS STANDARDS FOR ELIGIBILITY

Table 1: Minimum qualifying score requirements for event eligibility 2025 Winter Nationals

EVENT	Senior Women	Senior Men
1-meter	235 (47/opt)	318 (53/opt)
3-meter	260 (52/opt)	360 (60/opt)
Platform	250 (50/opt)	330 (55/opt)

Table 2: Eligibility to compete at the 2025 Winter Nationals/minimum degree of difficulty for individual events

Event	Women	Men
1-meter	11.9	15.9
3-meter	13.7	17.2
10-meter	13.3	17.1