

2026 Virus Weightlifting Series 1

Medal Schedule By Medal Ceremony Time

Category	Medal ceremony time
U11 W 48	3/5 12:30 PM
U11 W 53	3/5 12:30 PM
U11 M 48	3/5 12:30 PM
U11 M 56	3/5 12:30 PM
U11 M 60	3/5 12:30 PM
U13 W 53	3/5 12:30 PM
U13 M 32	3/5 12:30 PM
U13 M 44	3/5 12:30 PM
U13 M 56	3/5 12:30 PM
U13 M 60	3/5 12:30 PM
U13 M 65	3/5 12:30 PM
U15 W 48	3/5 12:30 PM
U15 M 56	3/5 12:30 PM
JR W 48	3/5 12:30 PM
W50 48	3/5 12:30 PM
W50 53	3/5 12:30 PM
W55 53	3/5 12:30 PM
W60 48	3/5 12:30 PM
M65 65	3/5 12:30 PM
W70 53	3/5 12:30 PM
W75 53	3/5 12:30 PM
U11 W 30	3/5 2:30 PM
U11 W 33	3/5 2:30 PM
U11 W 36	3/5 2:30 PM
U11 M 32	3/5 2:30 PM
U11 M 36	3/5 2:30 PM
U11 M 40	3/5 2:30 PM
U11 M 44	3/5 2:30 PM
U13 W 36	3/5 2:30 PM
U13 M 40	3/5 2:30 PM
U15 M 60	3/5 2:30 PM
U15 M 65	3/5 2:30 PM

M35 65	3/5 2:30 PM
W45 53	3/5 2:30 PM
U11 W 40	3/5 4:30 PM
U11 W 44	3/5 4:30 PM
U11 M 52	3/5 4:30 PM
U13 W 40	3/5 4:30 PM
U13 W 44	3/5 4:30 PM
U13 W 48	3/5 4:30 PM
U13 M 36	3/5 4:30 PM
U13 M 48	3/5 4:30 PM
U13 M 52	3/5 4:30 PM
U15 M 48	3/5 4:30 PM
U15 M 52	3/5 4:30 PM
U17 W 48	3/5 4:30 PM
U17 W 53	3/5 4:30 PM
W 48	3/5 4:30 PM
W35 48	3/5 4:30 PM
W35 53	3/5 4:30 PM
W45 48	3/5 4:30 PM
W55 63	3/5 4:30 PM
W65 63	3/5 4:30 PM
W75 63	3/5 4:30 PM
U13 W 63	3/5 6:30 PM
U13 M 65+	3/5 6:30 PM
U15 W 63	3/5 6:30 PM
U17 M 56	3/5 6:30 PM
U17 M 60	3/5 6:30 PM
JR M 60	3/5 6:30 PM
M 60	3/5 6:30 PM
M35 60	3/5 6:30 PM
W55 58	3/5 6:30 PM
W60 58	3/5 6:30 PM
M60 71	3/5 6:30 PM
M60 79	3/5 6:30 PM
W65 58	3/5 6:30 PM
M65 71	3/5 6:30 PM
W70 58	3/5 6:30 PM
M75 79	3/5 6:30 PM
U13 W 58	3/6 10:30 AM
U15 W 53	3/6 10:30 AM

U17 M 65	3/6 10:30 AM
JR W 53	3/6 10:30 AM
JR M 65	3/6 10:30 AM
M 65	3/6 10:30 AM
W40 53	3/6 10:30 AM
M40 71	3/6 10:30 AM
M45 71	3/6 10:30 AM
M55 71	3/6 10:30 AM
U11 W 63+	3/6 12:30 PM
W45 58	3/6 12:30 PM
M55 88	3/6 12:30 PM
M70 88	3/6 12:30 PM
U13 W 63+	3/6 2:30 PM
U15 M 79	3/6 2:30 PM
W45 63	3/6 2:30 PM
W50 58	3/6 2:30 PM
W60 69	3/6 2:30 PM
U17 M 71	3/6 4:30 PM
U17 M 79	3/6 4:30 PM
JR M 71	3/6 4:30 PM
M 71	3/6 4:30 PM
M35 71	3/6 4:30 PM
W40 58	3/6 4:30 PM
M45 88	3/6 4:30 PM
W50 63	3/6 4:30 PM
M60 88	3/6 4:30 PM
M65 88	3/6 4:30 PM
W 53	3/6 6:30 PM
M40 79	3/6 6:30 PM
W50 69	3/6 6:30 PM
M50 88	3/6 6:30 PM
U15 W 58	3/7 10:30 AM
U15 W 69	3/7 10:30 AM
U17 W 58	3/7 10:30 AM
U17 W 63	3/7 10:30 AM
JR W 63	3/7 10:30 AM
JR M 79	3/7 10:30 AM
W 63	3/7 10:30 AM
M 79	3/7 10:30 AM
W35 58	3/7 10:30 AM

W35 63	3/7 10:30 AM
M35 79	3/7 10:30 AM
W40 63	3/7 10:30 AM
M45 79	3/7 10:30 AM
W55 69	3/7 10:30 AM
W60 77	3/7 10:30 AM
M60 110	3/7 10:30 AM
W65 77	3/7 10:30 AM
M65 94	3/7 10:30 AM
M65 110	3/7 10:30 AM
W70 77	3/7 10:30 AM
M75 94	3/7 10:30 AM
ADAP W 58	3/7 12:30 PM
ADAP W 69	3/7 12:30 PM
ADAP W 77	3/7 12:30 PM
ADAP W 86	3/7 12:30 PM
ADAP W 86+	3/7 12:30 PM
ADAP M 88	3/7 12:30 PM
ADAP M 110	3/7 12:30 PM
U15 W 69+	3/7 12:30 PM
U15 M 79+	3/7 12:30 PM
JR W 58	3/7 12:30 PM
W 58	3/7 12:30 PM
M55 94	3/7 12:30 PM
M55 110	3/7 12:30 PM
W45 69	3/7 2:30 PM
M50 94	3/7 2:30 PM
M50 110	3/7 2:30 PM
W55 77	3/7 2:30 PM
M45 94	3/7 4:30 PM
W40 69	3/7 6:30 PM
M40 88	3/7 6:30 PM
W50 86	3/7 6:30 PM
W55 86	3/7 6:30 PM
W60 86	3/7 6:30 PM
W65 86	3/7 6:30 PM
U17 W 69	3/8 10:30 AM
U17 M 88	3/8 10:30 AM
JR W 69	3/8 10:30 AM
JR M 88	3/8 10:30 AM

JR M 94	3/8 10:30 AM
W 69	3/8 10:30 AM
M 88	3/8 10:30 AM
W35 69	3/8 10:30 AM
M35 88	3/8 10:30 AM
M40 110	3/8 10:30 AM
M45 110	3/8 10:30 AM
W50 77	3/8 10:30 AM
W65 86+	3/8 10:30 AM
MIL W	3/8 10:30 AM
MILMW	3/8 10:30 AM
M40 94	3/8 12:30 PM
W50 86+	3/8 12:30 PM
M50 110+	3/8 12:30 PM
W55 86+	3/8 12:30 PM
M55 110+	3/8 12:30 PM
U17 M 94	3/8 2:30 PM
U17 M 94+	3/8 2:30 PM
M 94	3/8 2:30 PM
M35 94	3/8 2:30 PM
M45 110+	3/8 2:30 PM
U17 W 77	3/8 4:30 PM
JR W 86	3/8 4:30 PM
JR W 86+	3/8 4:30 PM
M35 110	3/8 4:30 PM
W40 77	3/8 4:30 PM
W40 86	3/8 4:30 PM
W40 86+	3/8 4:30 PM
W45 77	3/8 4:30 PM
W45 86	3/8 4:30 PM
MILMM	3/8 4:30 PM
U17 W 77+	3/8 6:30 PM
JR W 77	3/8 6:30 PM
JR M 110	3/8 6:30 PM
JR M 110+	3/8 6:30 PM
W 77	3/8 6:30 PM
W 86	3/8 6:30 PM
W 86+	3/8 6:30 PM
M 110	3/8 6:30 PM
M 110+	3/8 6:30 PM

W35 77	3/8 6:30 PM
W35 86	3/8 6:30 PM
W35 86+	3/8 6:30 PM
M35 110+	3/8 6:30 PM
M40 110+	3/8 6:30 PM
W45 86+	3/8 6:30 PM
MIL M	3/8 6:30 PM