

Nona Lim

Candidate for USA Fencing BOD

ATHLETE • PARENT

• VETERAN WORLD TEAM MEMBER (DUBAI, 2024)

**Listening to Our Community.
Strengthening Our Sport.**



Fencing has shaped my life — as an athlete, a parent, and now as a Veteran World Team member — which is why I'm running for the USA Fencing Board. While everyone experiences fencing differently, many of the same themes keep coming up: the pressure on referees as tournaments grow, the cost and travel demands on families, the balance between competition and school, and a desire for clearer communication about decisions that affect clubs, referees, athletes, and families. The priorities below come both from my own experience in the sport and from these conversations with members across the community.

Fencing has given me friendships, opportunities, and experiences that have shaped my life. I care deeply about ensuring our sport continues to grow in a way that works for everyone who makes fencing possible.

My Priorities

A Strong Fencing Ecosystem

Our growth needs to include our entire community, not just fencers. A key part of this is strengthening the referee pipeline — investing in education, recruitment, and development. Just as important is fostering a culture of professionalism and respect between referees, coaches, parents, and athletes.

Transparency & Accountability

USA Fencing is a membership organization, and members should understand how decisions are made,

The Board should communicate openly about major decisions and priorities while ensuring strong governance and oversight.

Sustainable Growth

The future of our sport depends on strong pathways for athletes at every level — from youth development to collegiate opportunities through NCAA programs and the continued growth of the veteran fencing community.

How I Will Continue to Serve



Listen Regularly

To members, referees, coaches, and families.



Communicate Openly

About major decisions and priorities.



Represent Interests

Of the entire fencing community.



Focus on Growth

Sustainable participation strengthens the sport.

About Nona

Nona Lim is an entrepreneur and board leader who founded and grew a national food company before successfully selling the business after more than a decade of growth. She previously served as Board Chair of the Specialty Food Association, a national trade organization representing thousands of businesses.

Fencing is a constant throughout Nona's life. Having lived and fenced in several countries, she has experienced the sport across different fencing communities. After more than a decade away, she returned to the sport and now fences as a part of the US veteran fencing community, representing the US at the 2024 Veteran World Championships. Through these experiences — as an athlete, parent, referee, and veteran competitor — she has developed a deep appreciation for the many people who make fencing possible.

Nona is fluent in English and Chinese (Mandarin) and brings an international perspective shaped by growing up in Singapore, London, and more than two decades living in the United States.