

Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC)

Description of Measure

The percentage of members 3 – 17 years of age who had an outpatient visit with a PCP or an OB/GYN during the measurement year (MY).¹

- BMI Percentile Documentation.
- Counseling for Nutrition.
- Counseling for Physical Activity.

Documentation

- The well-care visit must occur with a PCP or an OB/GYN practitioner, but the practitioner does not have to be the practitioner assigned to the member.
- Well-care visits must be at least 14 days apart.
- Telephone visits, e-visits, and virtual check ins are also acceptable visit types.
- Services may be rendered on visits other than well-child visits. These services count if the documentation is present, regardless of the primary intent of the visit.
- Services specific to the assessment or treatment of an acute or chronic condition do not count toward the 'Nutrition' or 'Physical Activity' indicators.

BMI Documentation

- BMI Percentile documentation Must include a note indicating the date on which the BMI percentile is determined and evidence of either of the following during the MY:
 - BMI percentile noted in progress note or on vital sign flow sheet (e.g., 85th percentile or BMI 85%)
 - BMI percentile plotted on an age-growth chart
- Ranges and thresholds do not meet criteria for this indicator. A distinct BMI percentile is required.
- Member reported BMI, height and weight are acceptable if the information is collected by a PCP or specialist while taking the patient's history.

Nutrition Counseling Documentation

- Documentation in the medical record must include a note indicating the date of counseling for nutrition or referral for nutrition education. Documentation must include at least one of the following during the MY:
 - Discussion of current nutrition behaviors (e.g., eating habits, dieting behaviors)
 - Checklist indicating nutrition was addressed
 - Counseling or referral for nutrition education
 - Member received educational materials on nutrition during a face-to-face visit
 - Anticipatory guidance for nutrition
 - Weight or obesity counseling
 - 5-2-1-0-5 or 9-5-2-1-0-5
- Anticipatory guidance must have specific mention of nutrition counseling



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Counseling for Physical Documentation

- Documentation in the medical record must include a note indicating the date of counseling for physical activity or referral for physical activity. Documentation must include at least one of the following during the MY:
 - Discussion of current physical activity (e.g., exercise routine, participation in sports activities, exam for sports participation)
 - Checklist indicating physical activity was addressed
 - Counseling or referral for physical activity
 - Weight or obesity counseling
 - 5-2-1-0-5 or 9-5-2-1-0-5
- Notation of “cleared for gym class” alone without any documentation of discussion does not meet criteria.
- Notation solely related to screen time without mention of physical activity does not meet criteria.

ICD10 Code	BMI Percentile
Z68.51	Body mass index (BMI) pediatric, less than 5 th percentile for age
Z68.52	Body mass index (BMI) pediatric, 5 th percentile to less than 85 th percentile for age
Z68.53	Body mass index (BMI) pediatric, 85 th percentile to less than 95 th percentile for age
Z68.54	Body mass index (BMI) pediatric, greater than or equal to 95 th percentile for age
Z68.55	Body mass index [BMI] pediatric, 120% of the 95 th percentile for age to less than 140% of the 95 th percentile for age
Z68.56	Body mass index [BMI] pediatric, greater than or equal to 140% of the 95 th percentile for age

Code	Nutrition Counseling
ICD10 Z71.3	Providing dietary advice and monitoring patient’s nutritional intake and habits
CPT	97802, 97803, 97804
HCPCS G0447	Face-to-face behavioral counseling for obesity, 15 min.
HCPCS G0270	Medical nutrition therapy, face to face, 15mn
HCPCS G0271	Medical nutrition therapy, group, 30mn
HCPCS S9449	Weight management classes, non-physician provider per session
HCPCS S9452	Nutrition classes, non-physician provider, per session
HCPCS S9470	Nutritional counseling, dietitian visit

Code	Physical Activity
ICD10 Z02.5	Encounter for examination for participation in sport
ICD10 Z71.82	Exercise counseling
HCPCS G0447	Face-to-face behavioral counseling for obesity, 15 min.
HCPCS S9451	Exercise classes, non-physician provider, per session



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Exclusions

Exclusion	Timeframe
- Members who use hospice services or elect to use - Members who died - Pregnancy	Any time during measurement year (MY)

Strategies for Success

- Take advantage of every visit, including sick visits, to capture BMI percentile, and nutrition and physical activity assessments/anticipatory guidance.
- Document weight and obesity counseling.
- Educate patients on the importance of having at least one ambulatory or preventive care visit during each measurement year.

Resources

- National Committee for Quality Assurance, HEDIS® Measurement Year 2026 Volume 2 Technical Specifications for Health Plans

