

Statin Therapy for Patients With Cardiovascular Disease (SPC-E)

Description of Measure

The percentage of males aged 21 – 75 and females aged 40-75 who are identified as having clinical atherosclerotic cardiovascular disease (ASCVD), and who were dispensed at least one high-intensity or moderate-intensity statin medication during the measurement year (MY) and who remained on a high-intensity or moderate-intensity statin medication for at least 80% of the treatment period.¹

The treatment period starts with the date of the first fill of the statin medication thru 31 Dec. MY.

The Star rating only requires a statin medication be dispensed to member.

Eligible Population

Members are identified by either of these two methods.

Event : Any of the following in PY or MY	Codes	Setting
Myocardial Infarction (MI)	I21.01, I21.02, I21.09, I21.11, I21.19, I21.21, I21.29, I21.3, I21.4, I21.A9, I21.B, I22.0-I22.2, I22.8, I22.9, I23.0-I23.8, I25.6	Inpatient discharge claim
CABG	CPT: 33510 - 33514, 33516 - 33519, 33521 - 33523, 33530, 33533 - 33536 HCPC: S2205 - S2209	Any setting
PCI	CPT: 92920, 92945, 92924, 92928, 92933, 92937, 92941, 92943 HCPC: C9600 C9602, C9604, C9606, C9607	Any setting
Other revascularization	CPT: 37220, 37221, 37224-37220-37231, 37254, 37256, 37258, 37260, 37263, 37265, 37267, 37269, 37271, 37273, 37275, 37277, 37280, 37282, 37284, 37286, 37288, 37290, 37292, 37294, 37296, 37298	Any setting



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Diagnosis: At least one encounter with diagnosis in both PY and MY	ICD10 Codes	Setting
Atherosclerotic Cardiovascular Disease	I20.0-I20.2, I20.81, I20.89, I20.9, I24.0, I24.81, I24.89, I24.9, I25.10, I25.110-I25.112, I25.118, I25.119, I25.5, I25.6, I25.700-I25.702, I25.708-I25.712, I25.718-I25.722, I25.728-I25.732, I25.738, I25.739, I25.750-I25.752, I25.758-I25.762, I25.768, I25.769, I25.790-I25.792, I25.798, I25.799, I25.810, I25.812, I25.82, I25.85, I25.89, I25.9, I63.20, I63.211-I63.213, I63.219, I63.22, I63.231-I63.233, I63.239, I63.29, I63.50, I63.511-I63.513, I63.519, I63.521-I63.523, I63.529, I63.531-I63.533, I63.539, I63.541-I63.543, I63.549, I63.59, I65.01-I65.03, I65.09, I65.1, I65.21-I65.23, I65.29, I65.8, I65.9, I66.01-I66.03, I66.09, I66.11-I66.13, I66.19, I66.21-I66.23, I66.29, I66.3, I66.8, I66.9, I70.211-I70.213, I70.218, I70.219, I70.221-I70.223, I70.228, I70.229, I70.241-I70.245, I70.248, I70.249, I70.25, I70.261-I70.263, I70.268, I70.269, I70.301-I70.303, I70.308-I70.309, I70.311-I70.313, I70.318, I70.319, I70.321-I70.323, I70.328, I70.329, I70.331-I70.335, I70.338, I70.339, I70.341-I70.345, I70.348, I70.349, I70.35, I70.361-I70.363, I70.368, I70.369, I70.391-I70.393, I70.398, I70.399, I70.401-I70.403, I70.408, I70.409, I70.411-I70.413, I70.418, I70.419, I70.421-I70.423, I70.428, I70.429, I70.431-I70.435, I70.438, I70.439, I70.441-I70.445, I70.448, I70.449, I70.45, I70.461-I70.463, I70.468, I70.469, I70.491-I70.493, I70.498, I70.499, I70.501-I70.503, I70.508, I70.509, I70.511-I70.513, I70.518, I70.519, I70.521-I70.523, I70.528, I70.529, I70.531-I70.535, I70.538, I70.539, I70.541-I70.545, I70.548, I70.549, I70.55, I70.561-I70.563, I70.568, I70.569, I70.591-I70.593, I70.598, I70.599, I70.601-I70.603, I70.608, I70.609, I70.611-I70.613, I70.618-I70.619, I70.621-I70.623, I70.628, I70.629, I70.631-I70.635, I70.638, I70.639, I70.641-I70.645, I70.648, I70.649, I70.65, I70.661-I70.663, I70.668, I70.669, I70.701-I70.703, I70.708-I70.7013, I70.718, I70.719, I70.721-I70.723, I70.728, I70.729, I70.731-I70.735, I70.738, I70.739, I70.741-I70.745, I70.748, I70.749, I70.75, I70.761-I70.763, I70.768, I70.769, I70.791-I70.793, I70.798, I70.799, I70.92, I75.011-I75.013, I75.019, I75.021-I75.023, I75.029, I75.81, I75.89, T82.855A, T82.855D, T82.855S, T82.856A, T82.856D, T82.856S	■ Outpatient or inpatient encounter ■ Acute inpatient discharge

Documentation

Required documentation of a statin being dispensed:

- Member name and DOB

- Dispensed date or shipped date within MY
- Medication name, dose, route, doses per day (sig) and quantity

Office visit with documentation of an exclusion.

Exclusions

Exclusions	Timeframe								
■ Members who use or elect to use hospice services ■ Members who died ■ Members receiving palliative care	Any time during the MY								
■ Pregnancy ■ In vitro fertilization ■ Clomiphene – 1 dispensing event	Any time during the PY or MY								
■ ESRD ■ Dialysis ■ Cirrhosis	Any time during the PY or MY								
■ Myalgia ■ Myositis ■ Myopathy ■ Rhabdomyolysis	Any time during the MY								
■ Myalgia caused by statin ■ History of myalgia caused by statin ■ Rhabdomyolysis due to statin ■ History of rhabdomyolysis due to statin	Anytime in the members history through Dec. 31 MY								
Members 66 years and older by Dec. 31 MY with Advanced Illness and Frailty. Members must meet BOTH advanced illness and frailty criteria to be excluded.	■ Frailty diagnosis in MY on 2 different DOS during the MY ■ Advanced Illness: Either of the following during the MY or PY - Advanced illness on 2 different DOS - OR Dispensed a dementia medication <table border="1"> <thead> <tr> <th>Dementia Med Description</th><th>Prescription</th></tr> </thead> <tbody> <tr> <td>Cholinesterase inhibitors</td><td> • Donepezil • Galantamine • Rivastigmine </td></tr> <tr> <td>Misc. Central Nervous System Agents</td><td> • Memantine </td></tr> <tr> <td>Dementia Combinations</td><td> • Donepezil-memantine </td></tr> </tbody> </table>	Dementia Med Description	Prescription	Cholinesterase inhibitors	• Donepezil • Galantamine • Rivastigmine	Misc. Central Nervous System Agents	• Memantine	Dementia Combinations	• Donepezil-memantine
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Cholinesterase inhibitors	• Donepezil • Galantamine • Rivastigmine								
Misc. Central Nervous System Agents	• Memantine								
Dementia Combinations	• Donepezil-memantine								

Condition	ICD-10-Code
Myalgia	M79.10 – M79.12, M79.18
Myositis	M60.80, M60.811, M60.812, M60.819, M60.821, M60.822, M60.829, M60.831, M60.832, M60.839, M60.841, M60.842, M60.849, M60.851, M60.852, M60.859, M60.861, M60.862, M60.869, M60.871, M60.872, M60.879, M60.88, M60.89, M60.9
Myopathy	G72.0, G72.2, G72.9
Rhabdomyolysis	M62.82
Cirrhosis	K70.30, K70.31, K71.7, K74.3 – K74.5, K74.60, K74.69, P78.81
ESRD	N18.5, N18.6

Condition	SNOMED Codes
History of myalgia caused by statin (situation)	16524291000119105
History of rhabdomyolysis due to statin (situation)	16524331000119104
Myalgia caused by statin (finding)	16462851000119106
Rhabdomyolysis due to statin (disorder)	787206005

Medications

High-intensity Statin Therapy	Moderate-intensity statin therapy	
- Atorvastatin 40 – 80mg - Amlodipine-atorvastatin 40 – 80mg - Rosuvastatin 20 - 40mg - Simvastatin 80mg - Ezetimibe- simvastatin 80mg	- Atorvastatin 10 - 20mg - Amlodipine-atorvastatin 10 - 20mg - Rosuvastatin 5 - 10mg - Simvastatin 20 - 40mg - Ezetimibe-simvastatin 20 - 40mg	- Pravastatin 40 - 80mg - Lovastatin 40mg - Fluvastatin 40 – 80mg - Pitavastatin 1 – 4mg

Tips for Success

- Educate patients on the importance of statin medications in reducing cardiovascular risk, regardless of cholesterol levels.
- ‘Start low, go slow’ when starting patients on a statin to reduce potential for side effects and improve adherence.
 - Consider decreasing the frequency of long-acting statins, rosuvastatin and atorvastatin, to every other day if the patient is unable to tolerate daily statin due to side effects.
 - If it is desired to keep the patient on a statin, consider switching to pravastatin or fluvastatin as they are the least likely to cause muscle toxicity.
- In patients with chronic liver disease, who require a statin because of high cardiovascular risk, low dose pravastatin and abstinence from alcohol is recommended.
- Atorvastatin and fluvastatin are preferred in patients with severe renal impairment.

Resources

- I. National Committee for Quality Assurance, HEDIS® Measurement Year 2026 Volume 2 Technical Specifications for Health Plans



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