

Asthma in Younger Adults Admission Rate- PQI 15

Description of Measure

Hospitalizations with a principal diagnosis of asthma per 100,000 beneficiary months for beneficiaries ages 18 to 39.

Note: A lower rate indicates better performance.

Numerator Compliance

ICD-10-CM Code	Description
J4521	Mild intermittent asthma with (acute) exacerbation
J4522	Mild intermittent asthma with status asthmaticus
J4531	Mild persistent asthma with (acute) exacerbation
J4532	Mild persistent asthma with status asthmaticus
J4541	Moderate persistent asthma with (acute) exacerbation
J4542	Moderate persistent asthma with status asthmaticus
J4551	Severe persistent asthma with (acute) exacerbation
J4552	Severe persistent asthma with status asthmaticus
J45901	Unspecified asthma with (acute) exacerbation
J45902	Unspecified asthma with status asthmaticus
J45990	Exercise induced bronchospasm
J45991	Cough variant asthma
J45998	Other asthma

All inpatient hospital discharges for beneficiaries ages 18 to 39 with an ICD-10-CM principal diagnosis code of asthma.

Exclusions

Exclusions	Time limit
- Transfer from a hospital (different facility), a Skilled Nursing Facility (SNF) or Intermediate Care Facility (ICF), hospice facility, or another health care facility - Discharges with an ungroupable DRG (DRG = 999) - Discharges with missing age (AGE = missing), year (YEAR = missing), or principal diagnosis (DX1 = missing) - Cases with any listed ICD-10-CM diagnosis codes for cystic fibrosis and anomalies of the respiratory system	Any time during measurement year (MY)



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Strategies for Success

- Assess for appropriate asthma chronic condition management, including the use of controller and rescue inhalers, and schedule a follow up visit.
- Arkansas Blue Cross case management is available for assistance and education between visits. Patients may call **800-225-1891**.

Resources

- I. Core Set of Adult Health Care Quality Measures for Medicaid (Adult Core Set)** -Technical Specifications and Resource Manual for 2026 Core Set Reporting