

Follow-Up After Emergency Department Visit for Mental Illness (FUM)

Description of Measure

The percentage of emergency department (ED) visits for members 6 years of age and older with a principal diagnosis of mental illness, or any diagnosis of intentional self-harm, and had a mental health follow-up service. Two rates are reported:

1. The percentage of ED visits for which the member received follow-up within 30 days of the ED visit (31 total days).
2. The percentage of ED visits for which the member received follow-up within 7 days of the ED visit (8 total days).¹

Event/diagnosis

The denominator for this measure is based upon ED visits, not on members. All eligible ED visits between January 1 and December 1 of measurement year (MY) are included and do not include more than one visit per 31-day period.

An eligible ED visit is one with a principal diagnosis of Mental Illness or any diagnosis of intentional self-harm on or between January 1 and December 1 of MY where the member was 6 years or older on the date of the visit.

ED visits that result in an inpatient stay are not eligible visits. We exclude ED visits followed by an admission to an acute or nonacute inpatient care setting on the date of the ED visit or within 30 days after the ED visit (31 total days), regardless of the principal diagnosis for the admission. The exception is Inpatient stays in Residential Psychiatric Facilities.

Mental Illness Diagnosis

Diagnosis	ICD10 Codes
Schizophrenia	F20.0 – F20.3, F20.5, F20.81, F20.89, F20.9, F21-F24, F25.0, F25.1, F25.8, F25.9
Manic episode	F30.10-F30.14, F30.2-F30.4, F30.8, F30.9
Bipolar Disorder	F31.0, F31.10-F31.13, F31.2, F31.30-F31.32, F31.4, F31.5, F31.60-F31.64, F31.70-F31.78, F31.81, F31.89, F31.9
Major Depressive Disorder	F32.0-F32.5, F32.81, F32.89, F32.9, F32.A, F33.0-F33.3, F33.40-F33.42, F33.8, F33.9, F34.0, F34.1, F34.81, F34.89, F34.9, F39

Diagnosis	ICD10 Codes
Phobias	F40.00-F40.02, F40.10, F40.11, F40.210, F40.218, F40.220, F40.228, F40.230-F40.233, F40.240-F40.243, F40.248, F40.290, F40.291, F40.298, F40.8, F40.9
Anxiety Disorders	F41.0, F41.1, F41.3, F41.8, F41.9
Obsessive – Compulsive Disorders	F42.2-F42.4, F42.8, F42.9
Reaction to severe stress and adjustment disorders	F43.0, F43.10- F43.12, F43.20-F43.25, F43.29, F43.81, F43.89, F43.9
Other dissociative and conversion disorder	F44.89
Postpartum depression	F53.0
Puerperal psychosis	F53.1
Specific personality disorders	F60.0-F60.7, F60.81, F60.89, F60.9
Impulse Disorders	F63.0-F63.3, F63.81, F63.89, F63.9
Factitious disorders	F68.10-F68.13, F68.8, F68.A
Pervasive developmental disorders	F84.0, F84.2-F84.3, F84.5, F84.8, F84.9
Attention-deficit hyperactivity disorders	F90.0-F90.2, F90.8, F90.9
Conduct disorders	F91.0-F91.3, F91.8, F91.9
Childhood onset emotional disorders	F93.0, F93.8, F93.9, F94.0-F94.2, F94.8, F94.9

Mental Health Diagnosis

Includes the above Mental Illness Diagnosis and the following:

Diagnosis	ICD10 Codes
Unspecified dementia	F03.90, F03.911, F03.918, F03.92-F03.94, F03.A0, F03.A11, F03.A18, F03.A2-F03.A4, F03.A3, F03.A4, F03.B0, F03.B11, F03.B18, F03.B2-F03.B4, F03.C0, F03.C11, F03.C18, F03.C2-F03.C4
Dissociative and conversion disorders	F44.0-F44.2, F44.4-F44.7, F44.81, F44.89, F44.9, F45.0, F45.1, F45.20-F45.22, F45.29, F45.41, F45.42, F45.8, F45.9, F48.1, F48.2, F48.8, F48.9
Eating disorders	F50.00, F50.010-F50.014, F50.019-F50.024, F50.029, F50.20-F50.25, F50.810-F50.819, F50.82-F50.84, F50.89, F50.9
Sleep disorders	F51.01-F51.05, F51.09, F51.11-F51.13, F51.19, F51.3-F51.5, F51.8, F51.9
Hypoactive sexual desire disorder	F52.0, F52.1, F52.21, F52.22, F52.31, F52.32, F52.4-F52.6, F52.8, F52.9
Unspecified behavioral syndromes associated with physiological disturbances and physical factors	F59
Gender identity disorders	F64.0-F64.2, F64.8, F64.9
Paraphilias	F65.0-F65.4, F65.50-F65.52, F65.81, F65.89, F65.9
Other sexual disorders	F66
Unspecified disorder of adult personality and behavior	F69
Specific developmental disorders of speech and language	F80.0-F80.2, F80.4, F80.81, F80.82, F80.89, F80.9

Diagnosis	ICD10 Codes
Specific developmental disorders of scholastic skills	F81.0, F81.2, F81.81, F81.89, F81.9
Specific developmental disorder of motor function	F82
Tic disorder	F95.0-F95.2, F95.8, F95.9
Other behavioral and emotional disorders with onset usually occurring in childhood and adolescence	F98.0, F98.1, F98.21, F98.29, F98.3-F98.5, F98.8, F98.9
Mental disorder, not otherwise specified	F99

Follow-up service criteria

Visit or Encounter	Required POS	Required Diagnosis
Outpatient visit	03, 05, 07, 09, 11 - 20, 22, 33, 50, 71, 72	Any diagnosis of a mental health diagnosis from the above tables
Behavioral health outpatient visit	N/A	Any diagnosis of a mental health diagnosis from the above tables
Intensive outpatient encounter or partial hospitalization	52	N/A
Intensive outpatient encounter or partial hospitalization	N/A	Any diagnosis of a mental health diagnosis from the above tables
Community mental health center visit	53	N/A
Electroconvulsive therapy	24, 52, 53	N/A
Telehealth visit	N/A	Any diagnosis of a mental health diagnosis from the above tables
Telephone visit	N/A	Any diagnosis of a mental health diagnosis from the above tables
An e-visit or virtual check-in	N/A	Any diagnosis of a mental health diagnosis from the above tables
Psychiatric collaborative care management	N/A	N/A
Peer support services	N/A	Any diagnosis of a mental health diagnosis from the above tables
Psychiatric residential treatment	56	N/A
Visit in a behavioral health setting	N/A	N/A

Exclusions

Exclusions	Time Limit
- Members who use or elect to use hospice services. - Member death	Any time during measurement year (MY)

Strategies for Success

- Encourage members to bring their discharge paperwork to their first appointment.
- Keep appointments open so patients with an ED visit can be seen within 7 days.
- Utilize telehealth, telephone, e-visits and virtual check-in appointment types.

- Use the same diagnosis for mental illness at follow-up visits. A non-mental illness diagnosis code will not fulfill this measure.
- Coordinate care between behavioral health and primary care physicians:
 - Share progress notes and updates.
 - Include the diagnosis for mental illness.
 - Reach out to members who cancel appointments and help them reschedule as soon as possible.
- To find a provider, visit secure.arkansasbluecross.com/Findcare/Default.aspx#/ChooseNetwork.
- *For FEP member visit: fepblue.org/find-doctor
- *ARHOME members, to attend a virtual visit for follow-up, access virtual care options on Blueprint Portal and attend a Teladoc Mental Health Complete visit (myvirtualhealth.com).
- *ARHOME members can earn \$100 in Blue Wellness Rewards by completing a follow-up visit within 30 days of a mental health or substance use disorder ED or hospital visit. Visit blue.wellthrewards.com and register or login or call **866-567-2070** to sign up with a customer service representative to see what rewards are recommended.

Resources

- I. National Committee for Quality Assurance, HEDIS® Measurement Year 2026 Volume 2 Technical Specifications for Health Plan