

# Follow-Up After Emergency Department Visit for Substance Abuse (FUA)

## Description of Measure

The percentage of emergency department (ED) visits among members aged 13 years and older with a principal diagnosis of substance use disorder (SUD), or any diagnosis of drug overdose, for which there was follow-up<sup>1</sup>. Two rates are reported:

- The percentage of ED visits for which the member received follow-up within 30 days of the ED visit (31 total days).
- The percentage of ED visits for which the member received follow-up within 7 days of the ED visit (8 total days).

## Documentation

### Alcohol Use Disorder Treatment Medications

| Description                      | Prescription                                 |
|----------------------------------|----------------------------------------------|
| Aldehyde dehydrogenase inhibitor | ■ Disulfiram (oral)                          |
| Antagonist                       | ■ Naltrexone (oral and injectable)           |
| Other                            | ■ Acamprosate (oral; delayed-release tablet) |

### Opioid Use Disorder Treatment Medications

| Description     | Prescription                                                                                                                           |
|-----------------|----------------------------------------------------------------------------------------------------------------------------------------|
| Antagonist      | ■ Naltrexone (oral and injectable)                                                                                                     |
| Partial agonist | ■ Buprenorphine (sublingual tablet, injection, implant)*<br>■ Buprenorphine/naloxone (sublingual tablet, buccal film, sublingual film) |

\*Buprenorphine administered via transdermal patch or buccal film is not included because it is FDA-approved for the treatment of pain, not for opioid use disorder.

For both indicators, any of the following meet criteria for a follow-up visit:

- An outpatient visit with any diagnosis of SUD, substance use or drug overdose.
- An outpatient visit with a mental health provider.
- An intensive outpatient encounter or partial hospitalization with POS code 52 with any diagnosis of SUD substance use or drug overdose.
- An intensive outpatient encounter or partial hospitalization with POS code 52 with a mental health provider.
- An intensive outpatient encounter or partial hospitalization with any diagnosis of SUD , substance use or drug overdose.



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- An intensive outpatient encounter or partial hospitalization with a mental health provider.
- A non-residential substance abuse treatment facility visit with any diagnosis of SUD, substance use or drug overdose.
- A non-residential substance abuse treatment facility visit with a mental health provider.
- A community mental health center visit with POS code 53 with any diagnosis of SUD, substance use or drug overdose.
- A community mental health center visit with POS code 53, with a mental health provider.
- A peer support service with any diagnosis of SUD, substance use or drug overdose.
- An opioid treatment service that bills monthly or weekly with any diagnosis of SUD, substance use or drug overdose.
- A telehealth visit with any diagnosis of SUD, substance use or drug overdose.
- A telehealth visit with a mental health provider.
- A telephone visit with any diagnosis of SUD, substance use or drug overdose.
- A telephone visit with a mental health provider.
- An e-visit or virtual check-in with any diagnosis of SUD, substance use or drug overdose.
- An e-visit or virtual check-in with a mental health provider.
- A substance use disorder service.
- Substance use disorder counseling and surveillance. Do not include laboratory claims (claims with POS code 81).
- A behavioral health screening or assessment for SUD or mental health disorders.
- A substance use service.
- A pharmacotherapy dispensing event (Alcohol Use Disorder Treatment Medications List; Opioid Use Disorder Treatment Medications List) or medication treatment event.

| Codes                                                                                                                                                                                                                                                                                                                                      | Descriptions                   |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|
| CPT: 98960-98962, 99078, 99202-99205, 99211-99215, 99242-99245, 99341-99432, 99344- 99345,99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411-99412, 99483, 99492- 99494, 99510<br><br>HCPCS: G0155, G0176-G0177, G0409, G0463, G0512, H0002, H0004, H0031, H0034, H0036, H0037, H0039-H0040, H2000, H2010-H2011, H2013-H2020, T1015 | Behavioral Health Outpatient   |
| CPT: 98966-98968, 99441-99443                                                                                                                                                                                                                                                                                                              | Telephone Visit                |
| 90791-90792, 90832-90834,90836-90840, 90845, 90847, 90849, 90853, 90875-90876, 99221-99223, 99231-99233, 99238-99239, 99252-99255                                                                                                                                                                                                          | Outpatient Visit or Telehealth |

## Exclusions

| Exclusions                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Time Limit                            |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|
| <ul style="list-style-type: none"> <li>Members in hospice or using hospice services</li> <li>Member deceased</li> <li>ED visits that result in an inpatient stay</li> <li>ED visits followed by an admission to an acute or nonacute inpatient care setting on the date of the ED visit or within the 30 days after the ED visit, regardless of the principal diagnosis for the admission</li> <li>ED visits followed by residential treatment on the date of the ED visit or within 30 days after the ED visit</li> </ul> | Any time during measurement year (MY) |

## Strategies for Success

- Tips for Emergency Departments**
  - Help our members schedule an in-person or telehealth visit within 7 days.
  - Educate members about the importance of following up with treatment.
  - Focus on member preference for treatment, allowing members to take ownership of the treatment process
- Tips to consider for providers**
  - Encourage members to bring their discharge paperwork to their first appointment.
  - Educate members about the importance of following up and adhering to treatment recommendations.
  - Use the same diagnosis for substance use at follow-up visits. A non-substance diagnosis code won't fulfill this measure.
  - Coordinate care between behavioral health and primary care physicians:
  - Share progress notes and updates.
  - Include the diagnosis for substance use disorder.
  - Reach out to members who cancel appointments and help them reschedule as soon as possible.
  - To find a provider, visit [secure.arkansasbluecross.com/Findcare/Default.aspx#/ChooseNetwork](https://secure.arkansasbluecross.com/Findcare/Default.aspx#/ChooseNetwork)
  - \*ARHOME members, to attend a virtual visit for follow-up, access virtual care options on Blueprint Portal and attend a Teladoc Mental Health Complete visit ([myvirtualhealth.com](https://myvirtualhealth.com)).
  - \*ARHOME members can earn \$100 in Blue Wellness Rewards by completing a follow-up visit within 30 days of a mental health or substance use disorder ED or hospital visit. Visit [blue.wellthrewards.com](https://blue.wellthrewards.com) and register or login or call **866-567-2070** to sign up with a customer service representative to see what rewards are recommended.

## Resources

- National Committee for Quality Assurance, HEDIS® Measurement Year 2026 Volume 2 Technical Specifications for Health Plans

