Initiation and Engagement of Substance Use Disorder Treatment (IET)

Description of Measure

The percentage of new substance use disorder (SUD) episodes that result in treatment initiation and engagement. Two rates are reported[1]:

- Initiation of SUD Treatment. The percentage of new SUD episodes that result in treatment initiation through an inpatient SUD admission, outpatient visit, intensive outpatient encounter, partial hospitalization, telehealth visit or medication treatment within 14 days.
- Engagement of SUD Treatment. The percentage of new SUD episodes that have evidence of treatment engagement within 34 days of initiation.

Documentation

Alcohol Use Disorder Treatment Medications

Description	Prescription
Aldehyde dehydrogenase inhibitor	▪ Disulfiram (oral)
Antagonist	▪ Naltrexone (oral and injectable)
Other	▪ Acamprosate (oral; delayed-release tablet)

Opioid Use Disorder Treatment Medications

Description	Prescription
Antagonist	▪ Naltrexone (oral and injectable)
Partial agonist	▪ Buprenorphine (sublingual tablet, injection, implant)* ▪ Buprenorphine/naloxone (sublingual tablet, buccal film, sublingual film)

Compliance for Initiation of SUD Treatment (within 14 days of the SUD episode)

- At least one of the following on the SUD episode date or during the 13 days after the SUD episode date (14 total days):
  - An acute or nonacute inpatient admission ***with*** a diagnosis (on the discharge claim).
  - Outpatient visit.
  - An Intensive outpatient encounter or partial hospitalization.
  - Non-residential substance abuse treatment facility visit.
  - A community mental health center visit ***with*** POS code 53.
  - Telehealth visit.
  - Substance use disorder service.

- Substance use disorder counseling and surveillance.
- Telephone visit
- E-visit or virtual check-in.
- Weekly or monthly opioid treatment service.
- Medication assisted treatment (only applies to members with an alcohol or opioid abuse or dependence diagnosis).

- If the SUD episode was an inpatient discharge, the inpatient stay is considered initiation of treatment.
- If the SUD episode was an opioid treatment service that bills monthly, the opioid treatment service is considered initiation of treatment.

Compliance for Engagement of SUD Treatment (within 34 days of the SUD episode)

- At least two engagement services are needed for engagement of SUD treatment. (engagement visit or engagement medication treatment event), on the day after the initiation encounter through 34 days after the initiation event.
  Two engagement visits may be on the same date of service, but must be with different providers to count as two events. An engagement visit on the same date of service as an engagement medication treatment event meets criteria (they are not required to be with different providers).
  - An acute or nonacute inpatient admission ***with*** a diagnosis (on the discharge claim).
  - Outpatient visit.
  - An intensive outpatient encounter or partial hospitalization (Visit Setting Unspecified Value Set) ***with*** POS code 52.
  - Non-residential substance abuse treatment facility visit.
  - A community mental health center visit ***with*** POS code 53.
  - Telehealth visit.
  - Substance use disorder service.
  - Telephone visit
  - E-visit or virtual check-in.
  - An opioid treatment service.
  - Medication assisted treatment (only applies to members with an alcohol or opioid abuse or dependence diagnosis).
  - Substance use disorder counseling and surveillance, do not include laboratory claims
- Long-acting SUD medication administration event, on the day after the initiation encounter through 34 days after the initiation event. Any of the following meet criteria:
  - For SUD episodes with an alcohol use disorder, an alcohol use disorder medication treatment dispensing event or a medication administration event.
  - For SUD episodes with the opioid use disorder cohort, an opioid use disorder medication treatment dispensing event or medication administration event.
- If initiation of SUD Treatment was an inpatient admission, the 34-day period for engagement begins the day after discharge.
- SUD episodes that are not compliant for initiation of SUD Treatment are not compliant for Engagement of SUD Treatment.

CPT Codes	Descriptions
90791, 90792, 90832-90834, 90836-90840, 90845, 90847, 90849, 90853, 90875, 90876, 99221-99223, 99231-99233, 99238, 99239, 99252-99255	Visit Setting Unspecified

CPT Codes	Descriptions
98000-98007, 98960-98962, 99078, 99202-99205, 99211- 99215, 99242-99245, 99341, 99342, 99345, 99347-99350, 99381 -99387, 99391-99397,99401-99404, 99411, 99412, 99483,99492-99483, 99510	Behavioral Health Outpatient
98008-98015, 98966-98968, 98979-98981, 99441-99443, ,99457, 99458, 99470	Telephone Visit
98016, 98970-98972, 99421-99423	Online Assessment
ICD10CM Codes	
F10.10, F10.120, F10.121, F10.129-F10.132, F10.139, F10.14, F10.150, F10.151, F10.159, F10.180-F10.182, F10.188, F10.19, F10.20, F10.220-F10.221, F10.229, F10.230, F10.231, F10.232, F10.24, F10.250, F10.251, F10.259, F10.26-F10.27, F10.280, F10.281, F10.282, F10.288, F10.29	Alcohol Abuse and Dependence

Exclusions

Exclusions	Time Limit
▪ Members in hospice or using hospice services ▪ Member deceased	Any time during measurement year (MY)

Strategies for Success

- Make sure the member has an appointment scheduled within 14 days and two engagement visits or medication treatment events within 34 days of the SUD diagnosis.
- Engage parents/guardian/family/support system and/or significant others in the treatment plan. Advise them about the importance of treatment and attending appointments.
- Care should be coordinated between providers and begin when the SUD diagnosis is made. Encourage communication between the behavioral health providers and PCP.
- Provide members with educational materials and resources detailing the treatment process and available options.
- Refer patients to community resources for support when appropriate
- Complete regular visits with a substance use disorder provider, in-person or virtually. To learn more about substance use disorder treatment options, visit mymindhelp.com/substance-use-support.
- Peer support specialists are available with lived SUD assistance across Arkansas. Call **800-225-1891** to connect with a peer support specialist.
- *ARHOME members with substance use disorder can earn Blue Wellness Rewards by starting substance use disorder treatment and attending at least one visit with a provider within 34 days of treatment initiation. Visit blue.wellthrewards.com and register or login or call **866-567-2070** to sign up with a customer service representative to see what rewards are recommended.

Resources

I. National Committee for Quality Assurance, HEDIS® Measurement Year 2026 Volume 2 Technical Specifications for Health Plans

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