

ELS NIKE SPORTS CAMP

FIRST-CLASS ENGLISH & UNSURPASSED SPORTS TRAINING

US | SPORTS
CAMPS
SERIOUS. FUN.



THE SAN DOMENCIO SCHOOL, SAN ANSELMO, CALIFORNIA

Challenge yourself to be a better “you.” Campers ages 9 – 16 have the unique opportunity to participate in multi-week programs that combine daily English classes with world-class sports training in basketball, soccer, and tennis.

Improve your communication skills alongside kids from around the world and step out of your normal routine! Cross over cultural and language barriers to meet new friends from other countries. Broaden your life experiences while on the upscale, secure, and private campus of the San Domenico School.



Nike Sports Camp Program Details

Age Requirement	9–16
Sport Camp Options	Boys and girls of all abilities can choose for training in basketball, soccer, or tennis
Number of Lessons per Week	Ten 50-minute English lessons per week (Monday through Friday)
Program Length	One, two, or three weeks of Nike Sports training combined with 10 weekly English lessons

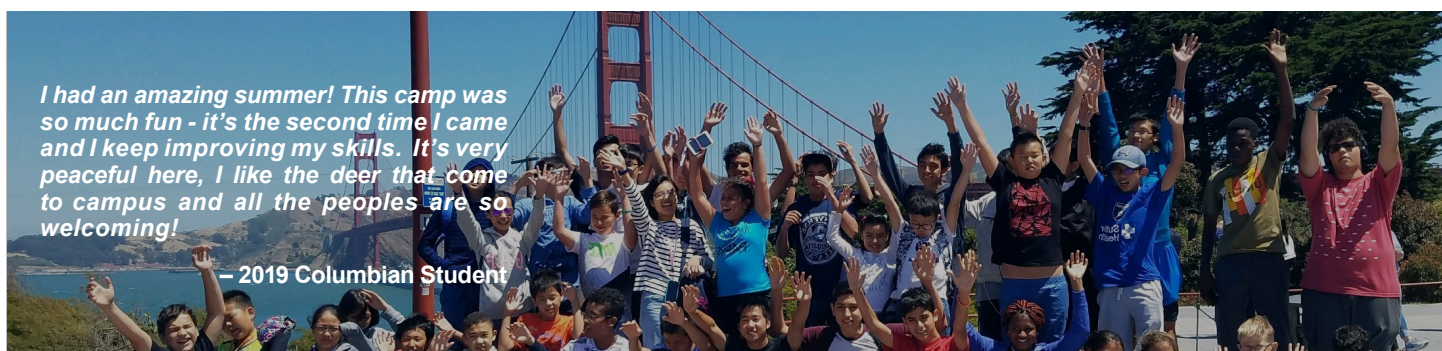
Sample Schedule

7:15 – 7:45 AM	Breakfast
8:00 – 9:50 AM	English Classes
10:00 – 12:00 AM	Nike Sports Training
12:00 – 1:00 PM	Lunch
1:00 – 2:30 PM	Nike Sports Training
2:45 – 4:30 PM	Intramural free time; conditioning or working out
4:30 – 5:30 PM	Free Choice Time; Relax, Rest, Shower, Call home
5:30 – 6:30 PM	Dinner
6:30 – 9:00 PM	Residential Evening Activity
9:15 – 10:00 PM	Quiet Time

[ELS.EDU/NIKESPORTSCAMP](https://els.edu/nikesportscamp)

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PROGRAM FEATURES

- ✔ Opportunities to communicate in English with coaches and teammates from the U.S.A. and around the world!
- ✔ **Housing:** On-campus double-dorm rooms with hall style bathrooms. (Bed linens, including towels are provided.)
- ✔ **Meals:** 3 meals daily in the campus cafeteria; fully organic and locally sourced food.
- ✔ **Airport Transportation:** Round-trip from San Francisco International (SFO); please inform ELS Special Programs if your child will be traveling under the airlines' Unaccompanied Minor Service. (Full flight details required two weeks prior to program start.)
- ✔ Exclusive access to campus facilities including the swimming pool (under renovation for 2020), art studios, and hiking trails
- ✔ **Additional Complimentary Features:** Certificate of Attendance, ELS Medical Insurance, ELS tote bag, lanyard, t-shirt, beach towel and all curricular materials

Follow your child's ELS Youth Program on Twitter ([@ELSSportsCamp](https://twitter.com/ELSSportsCamp)) and Instagram ([elssportscamp](https://www.instagram.com/elssportscamp)) while it is in session!

SAMPLE EXCURSION ACTIVITIES

Attend a full social and cultural program in the evening & on weekends, taking in some of the iconic Bay Area attractions such as:

- ✔ The Golden Gate Bridge
- ✔ Alcatraz
- ✔ Fisherman's Wharf & downtown San Francisco
- ✔ Six Flags Amusement Park
- ✔ Premium Outlet shopping and much more!

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