

# Cybersecurity for Healthcare Professionals

## A Checklist for Being Safe and Secure

Our communities need care right now, and safely providing medical services is the highest priority. With other things, we're all trying to figure out how to adapt, what to prioritize. As resources shift to accommodate patients and healthcare professionals, how can providers still maintain a strong and supportive security posture?

### ☐ Prioritize essential security needs

Enable success by prioritizing what's most essential to healthcare service. Focus on continuity of resources. Skip controls that take time and energy away from health workers and free them up to focus on care.

### ☐ Ensure availability over improvements

Avoid new roll outs—now is not the time for wide-scale change. Make sure critical security stays functional and IT teams remain accessible.

### ☐ Position information security as a form of support

It's not about being a gatekeeper or an authority figure. Strengthen your security posture by making clear you're here to help healthcare providers.

### ☐ Revisit your telework strategy

Consider allowing employees to use their own devices, reserving company issued laptops for telemedicine providers. Revising MFA policies may also minimize your productivity hit.

### ☐ Prepare communications

Equip those new to telework with the basics, including actionable and accessible tutorials as needed. Ensure the readiness of mass notification systems so staff receive critical messaging.

### ☐ Evaluate VPN usage

To meet user population needs, consider implementing split tunneling capability. Ensure access for high priority users by creating separate URLs. Schedule remote patching for off-peak hours.

### ☐ Assess interim cloud solutions

Verify workload capacity and security restrictions. Monitor usage and performance, communicating costs and potential overages with financial teams.

### ☐ Maintain HIPAA compliance

Governments have given no indication HIPAA will be suspended or relaxed, so continue conducting telemedicine on company issued devices equipped with HIPAA compliant encryption software.

### ☐ Document control changes

Track stopgap measures now to make it easier to return operations to normal.

### About Rapid7

Rapid7 is advancing security with visibility, analytics, and automation delivered through our Insight cloud. Our solutions simplify the complex, allowing security teams to work more effectively with IT and development to reduce vulnerabilities, monitor for malicious behavior, investigate and shut down attacks, and automate routine tasks. Our customers rely on Rapid7 technology, services, and research to improve security outcomes and securely advance their organizations.