

# 2022 Big Ten Men's and Women's Outdoor Track & Field Championships



**MAY 13-15, 2022**  
**MINNEAPOLIS, MINN. (UNIVERSITY OF MINNESOTA TRACK & FIELD STADIUM)**

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2022 Big Ten Men's and Women's Outdoor Track & Field Championships Schedule (all times Central, approximate and subject to change)

Friday, May 13	
TIME (CT)	EVENT
Noon	Decathlon 100 meters (finals)
Noon	Women's Hammer Throw (trials/finals)
12:45 pm	Heptathlon 100-meter Hurdles (finals)
12:45 pm	Decathlon Long Jump (finals)
1:20 pm	Heptathlon High Jump (finals)
2:00 pm	Decathlon Shot Put (finals)
2:00 pm	Men's Hammer Throw (trials/finals)
2:45 pm	Decathlon High Jump (finals)
3:20 pm	Heptathlon Shot Put (finals)
4:30 pm	Heptathlon 200 meters (finals)
5:00 pm	Women's Pole Vault (trials/finals)
5:00 pm	Decathlon 400 meters (finals)
5:30 pm	Women's Javelin (trials/finals)
5:35 pm	Women's 400-meter Hurdles (trials)
5:55 pm	Men's 400-meter Hurdles (trials)
6:15 pm	Women's 200-meters (trials)
6:30 pm	Men's 200 meters (trials)
6:45 pm	Women's 1,500 meters (trials)
7:05 pm	Men's 1,500 meters (trials)
7:30 pm	Women's 10,000 meters (finals)
8:15 pm	Men's 10,000 meters (finals)
Saturday, May 14	
TIME (CT)	EVENT
10:00 am	Decathlon 110-meter Hurdles (finals)
10:40 am	Decathlon Discus (finals)
11:00 am	Heptathlon Long Jump (finals)
11:50 am	Decathlon Pole Vault (finals)
12:15 pm	Heptathlon Javelin (finals)
1:20 pm	Women's Long Jump (trials/finals)
2:15 pm	Women's High Jump (trials/finals)
2:20 pm	Decathlon Javelin (finals)
2:30 pm	Heptathlon 800 meters (finals)
2:30 pm	Men's Shot Put (trials/finals)
4:00 pm	Women's 400 meters (trials)
4:05 pm	Decathlon 1,500 meters (finals)
4:15 pm	Men's 400 meters (trials)
4:30 pm	Women's 100 meters (trials)
4:30 pm	Women's Discus (trials/finals)
4:35 pm	Men's Long Jump (trials/finals)
4:45 pm	Men's 100 meters (trials)
5:00 pm	Women's 100 meters (trials)
5:15 pm	Men's 110-meter Hurdles (trials)
5:30 pm	Women's 800 meters (trials)
5:55 pm	Men's 800 meters (trials)
6:30 pm	Women's 3,000-meter steeplechase (finals)
6:45 pm	Men's 3,000-meter steeplechase (finals)
Sunday, May 15	
TIME (CT)	EVENT
11:00 am	Women's Triple Jump (trials/finals)
11:00 am	Men's Javelin (trials/finals)
11:00 am	Men's Pole Vault (trials/finals)
11:30 am	Men's High Jump (trials/finals)
Noon	Women's Shot Put (trials/finals)
12:45 pm	Women's 4x100-meter Relay (finals)
12:55 pm	Men's 4x100-meter Relay (finals)
1:05 pm	Women's 1,500 meters (finals)
1:15 pm	Men's 1,500 meters (finals)
1:25 pm	Women's 100-meter hurdles (finals)
1:30 pm	Men's Triple Jump (trials/finals)
1:35 pm	Men's 110-meter hurdles (finals)
1:40 pm	Women's 400 meters (finals)
1:45 pm	Men's Discus (trials/finals)
1:45 pm	Men's 400 meters (finals)
1:50 pm	Women's 100-meter Hurdles (finals)
1:55 pm	Men's 100 meters (finals)
2:03 pm	Women's 800 meters (finals)
2:08 pm	Men's 800 meters (finals)
2:18 pm	Women's 400-meter hurdles (finals)
2:28 pm	Men's 400-meter hurdles (finals)
2:35 pm	Women's 200 meters (finals)
2:42 pm	Men's 200 meters (finals)
2:49 pm	Women's 5,000 meters (finals)
3:11 pm	Men's 5,000 meters (finals)
3:33 pm	Women's 4x400-meter relay (finals)
3:45 pm	Men's 4x400-meter relay (finals)

*NOTE: Decathlon and Heptathlon times are approximate, and times may be adjusted based on number of entries.*

### School Information

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