

2025 BIG TEN OUTDOOR TRACK AND FIELD CHAMPIONSHIPS

May 16-18, 2025
Hayward Field (Eugene, Ore.)



Friday, May 16

TRACK			
12:00 p.m.	100 Meters	Decathlon	Men
12:30 p.m.	100m Hurdles	Heptathlon	Women
4:55 p.m.	200 Meters	Heptathlon	Women
5:20 p.m.	400 Meters	Decathlon	Men
5:36 p.m.	400m Hurdles	Preliminary	Men
6:00 p.m.	400m Hurdles	Preliminary	Women
6:24 p.m.	200 Meters	Preliminary	Men
6:44 p.m.	200 Meters	Preliminary	Women
7:09 p.m.	1500 Meters	Preliminary	Men
7:37 p.m.	1500 Meters	Preliminary	Women
8:05 p.m.	10,000 Meters	Final	Men
8:45 p.m.	10,000 Meters	Final	Women

FIELD			
12:00 p.m.	Hammer	Prelim/Final	Men
12:45 p.m.	Long Jump	Decathlon	Men
1:30 p.m.	High Jump	Heptathlon	Women
2:00 p.m.	Pole Vault	Final	Men
2:15 p.m.	Shot Put	Decathlon	Men
3:40 p.m.	Shot Put	Heptathlon	Women
3:45 p.m.	Hammer	Prelim/Final	Women
3:50 p.m.	High Jump	Decathlon	Men
6:30 p.m.	Javelin	Prelim/Final	Men

COMBINED			
12:00 p.m.	100 Meters	Decathlon	Men
12:30 p.m.	100m Hurdles	Heptathlon	Women
12:45 p.m.	Long Jump	Decathlon	Men
1:30 p.m.	High Jump	Heptathlon	Women
2:15 p.m.	Shot Put	Decathlon	Men
3:40 p.m.	Shot Put	Heptathlon	Women
3:50 p.m.	High Jump	Decathlon	Men
4:55 p.m.	200 Meters	Heptathlon	Women
5:20 p.m.	400 Meters	Decathlon	Men

All times PT and subject to change
(as of 4/15)

Saturday, May 17

TRACK			
9:30 a.m.	110m Hurdles	Decathlon	Men
3:00 p.m.	800 Meters	Heptathlon	Women
3:15 p.m.	400 Meters	Preliminary	Men
3:40 p.m.	400 Meters	Preliminary	Women
4:05 p.m.	1500 Meters	Decathlon	Men
4:15 p.m.	100 Meters	Preliminary	Men
4:45 p.m.	100 Meters	Preliminary	Women
5:15 p.m.	110m Hurdles	Preliminary	Men
5:33 p.m.	100m Hurdles	Preliminary	Women
5:57 p.m.	800 Meters	Preliminary	Men
6:27 p.m.	800 Meters	Preliminary	Women
6:52 p.m.	3,000m Steeplechase	Final	Men
7:20 p.m.	3,000m Steeplechase	Final	Women

FIELD			
10:00 a.m.	Long Jump	Heptathlon	Women
10:20 a.m.	Discus	Decathlon	Men
11:40 a.m.	Pole Vault	Decathlon	Men
11:45 a.m.	Javelin	Heptathlon	Women
12:00 p.m.	Long Jump	Prelim/Final	Men
2:15 p.m.	High Jump	Final	Men
2:30 p.m.	Javelin	Decathlon	Men
3:30 p.m.	Shot Put	Prelim/Final	Men
4:00 p.m.	Long Jump	Prelim/Final	Women
4:20 p.m.	Discus	Prelim/Final	Women

COMBINED			
9:30 a.m.	110m Hurdles	Decathlon	Men
10:00 a.m.	Long Jump	Heptathlon	Women
10:20 a.m.	Discus	Decathlon	Men
11:40 a.m.	Pole Vault	Decathlon	Men
11:45 a.m.	Javelin	Heptathlon	Women
2:30 p.m.	Javelin	Decathlon	Men
3:00 p.m.	800 Meters	Heptathlon	Women
4:05 p.m.	1500 Meters	Decathlon	Men

Sunday, May 18

TRACK			
12:34 p.m.	4x100m Relay	Final	Men
12:46 p.m.	4x100m Relay	Final	Women
12:58 p.m.	1500 Meters	Final	Men
1:07 p.m.	1500 Meters	Final	Women
1:18 p.m.	110m Hurdles	Final	Men
1:25 p.m.	100m Hurdles	Final	Women
1:32 p.m.	400 Meters	Final	Men
1:38 p.m.	400 Meters	Final	Women
1:45 p.m.	100 Meters	Final	Men
1:52 p.m.	100 Meters	Final	Women
1:58 p.m.	800 Meters	Final	Men
2:04 p.m.	800 Meters	Final	Women
2:12 p.m.	400m Hurdles	Final	Men
2:19 p.m.	400m Hurdles	Final	Women
2:26 p.m.	200 Meters	Final	Men
2:32 p.m.	200 Meters	Final	Women
2:38 p.m.	5,000 Meters	Final	Men
2:56 p.m.	5,000 Meters	Final	Women
3:20 p.m.	4x400m Relay	Final	Men
3:38 p.m.	4x400m Relay	Final	Women

FIELD			
10:00 a.m.	Javelin	Prelim/Final	Women
10:10 a.m.	Triple Jump	Prelim/Final	Men
11:00 a.m.	Pole Vault	Final	Women
11:30 a.m.	Triple Jump	Prelim/Final	Women
12:25 p.m.	High Jump	Final	Women
12:55 p.m.	Discus	Prelim/Final	Men
1:30 p.m.	Shot Put	Prelim/Final	Women