

## Sides 3.79 each

**Black Beans and Yellow Rice**  
**Seasonal Vegetables**  
**French Fries**  
**Sweet Potato Fries**

**Mashed Potatoes**  
**Coleslaw**  
**Macaroni and Cheese**  
**Confetti Corn**

## Kids' Menu 6.49

*Meals are served with a choice of one side or apple sauce.*

**Hamburger or Cheeseburger**  
**Chicken Nuggets**  
**Fish Nuggets**  
**Grilled Cheese Sandwich**

**Grilled Chicken Breast**  
**Macaroni and Cheese**  
**Hot Dog**  
**Half Cheese Flatbread**

### Signature items

\*Consuming raw or undercooked meat, eggs or seafood may increase your risk of foodborne illness. Please ask to speak with a manager if you have any questions or concerns.

A service charge is automatically placed on parties of 6 or more.



## Delight in Live Entertainment

Listen to a variety of performances from  
6 p.m. – 10 p.m. nightly while enjoying  
delectable drinks.

**Ask your server for more details.**



TRADEWINDS  
BAR & GRILL



# To-Go Menu

Call ext. 662800  
to place your order.

# Brighten Your Morning



Join us for a delicious breakfast buffet, including pancakes, bacon, scrambled eggs, fresh fruit and more. And don't miss our bottomless mimosas!

**Starting at 7 a.m. daily**



Browse our selection of swimwear,  
souvenirs, snacks and more.

**Opens at 10 a.m. daily**


  
**island traders**  
MARKET • APPAREL • GIFTS

19-FB-0392




# Appetizers

**Chicken Wings 11.50**  
Ten traditional or boneless chicken wings prepared with your choice of barbecue, Buffalo, Garlic Parmesan or chef's choice sauce and served with ranch or blue cheese dipping sauce  
*Each additional sauce/dressing (barbecue, teriyaki, honey mustard, ranch or blue cheese) is 50 cents*

 **Gator Bites 12.99**  
Citrus-marinated gator tail breaded, fried and served with house-made roasted garlic aioli

**Roasted Pepper Hummus 8.99**  
Traditional roasted pepper hummus served with a selection of fresh vegetables

 **River Island Crab Cakes 10.99**  
Two Maryland-style crab cakes served with frisée greens and house-made roasted garlic aioli

**Cheese Quesadilla 8.29**  
Large flour tortilla stuffed with pico de gallo and cheddar jack cheese blend, served with fresh salsa and sour cream  
*Add chicken for 3.99, shrimp for 5.99 or steak for 6.99*

# Flatbreads

**Cheese 9.99**  
Savory tomato sauce topped with an Italian cheese blend and herbs  
*Add pepperoni for 1*

**Barbecue Chicken 10.99**  
Carolina barbecue sauce topped with diced grilled chicken, red onions, roasted cherry tomatoes, cilantro and an Italian cheese blend

# Soups

**Corn Chowder Cup 4.50 | Bowl 6.29**  
**Chicken Tortilla Soup Cup 4.50 | Bowl 6.29**  
**Soup of the Day Cup 4.50 | Bowl 6.29**

**Spinach and Artichoke Dip 8.99**  
Parmesan, mozzarella and cream cheeses, fresh spinach and artichoke hearts, baked and served with herbed flatbread

**Chips and Queso 6.99**  
House-fried corn tortilla chips served with creamy house-made queso  
*Add guacamole for 2.99*

**Duo Dip Appetizer 8.99**  
Roasted pepper hummus and house-made queso served with pita bread and corn tortilla chips  
*Add extra chips or extra pita for 1.99*

**Fried Calamari 10.99**  
Fried calamari served with house-made roasted garlic aioli

**Soft Pretzel 9.99**  
Jumbo pretzel served with whole-grain mustard and house-made queso

**Mussels 9.99**  
Sautéed mussels tossed in white wine, garlic, basil and butter

**Margherita 11.99**  
Savory tomato sauce topped with fresh mozzarella cheese, tomatoes, basil and an Italian spice blend, drizzled with a white balsamic reduction

**Buffalo Chicken 10.99**  
House-made tangy Buffalo sauce topped with diced chicken, crumbled blue cheese, green and red onions and an Italian cheese blend

# Salads

**Traditional Cobb Salad 9.99**  
Crisp iceberg lettuce topped with bacon, a hard-boiled egg, tomatoes, crumbled blue cheese, red and green onions, served with your choice of dressing

**Citrus Spinach Salad 10.99**  
Baby spinach topped with mandarin oranges, strawberries, candied pecans and feta cheese, served with citrus vinaigrette

**River Island House Salad 8.99**  
A bed of spring mix lettuce topped with cucumbers, cherry tomatoes, red onions, croutons and shaved Parmesan cheese, served with your choice of dressing

# Casual Specialties

**Signature Rice Bowl 9.99**  
Your choice of chicken or pork on a bed of yellow rice and savory black beans, topped with corn and pico de gallo  
*Add or substitute shrimp for 5.99*  
*Add or substitute steak for 6.99*

 **Fried Chicken Breast 17.99**  
Two buttermilk-marinated boneless chicken breasts, breaded and fried golden brown and served with macaroni and cheese and confetti corn  
*Add fried shrimp for 5.99*

# Seafood

**Salmon 18.99**  
A salmon fillet pan-seared with our signature seasoning blend and served with yellow rice and seasonal vegetables

**Mahi Mahi 16.99**  
A mahi mahi fillet pan-seared with our signature seasoning blend and served with yellow rice and seasonal vegetables

**Grouper 20.99**  
A grilled grouper fillet topped with tarragon lemon butter and served with yellow rice and seasonal vegetables

**Caesar Salad 8.99**  
Fresh romaine lettuce topped with Parmesan cheese and seasoned croutons, served with creamy Caesar dressing

**Side Caesar Salad 4.50**  
**Side House Salad 4.50**

**Add-Ons**  
Chicken 3.99 | Shrimp 5.99  
Steak 6.99 | Salmon 6.99

**Cajun Pasta Bowl**  
Chicken 14.99 | Shrimp 16.99  
Your choice of chicken or shrimp, asparagus, diced tomatoes and creamy Cajun Alfredo sauce, finished with shaved Parmesan cheese

**Roasted Veggie Caprese Pasta 10.99**  
Penne pasta, roasted vegetables, fresh mozzarella cheese, basil and tomatoes, served in a light sauce of tomatoes, olive oil and garlic

**Seafood Paella 21.99**  
Sautéed shrimp, mussels and andouille sausage on a bed of yellow rice with bell peppers, onions, asparagus and peas

**Fried Fish and Shrimp Dinner 18.99**  
Fried shrimp and battered cod served with French fries, coleslaw and your choice of cocktail or tartar sauce  
*Each additional sauce/dressing (tartar, cocktail, ranch or blue cheese) is 50 cents*

# Burgers, Sandwiches & More

*All sandwiches are served with French fries or sweet potato fries.*

**River Island Burger 11.99**  
Grilled beef patty topped with your choice of cheese, lettuce and tomato on a brioche bun

**Rio Grande Burger 12.99**  
Grilled beef patty topped with creamy house-made queso, crispy tortilla chips, pico de gallo and shredded lettuce on a brioche bun

**Smokehouse Burger 13.99**  
Grilled beef patty topped with pulled pork, American cheese, coleslaw and fried onions, served on a brioche bun

**California Chicken Sandwich 11.99**  
Marinated chicken breast grilled and topped with Swiss cheese, bacon, lettuce, tomato and house-made avocado mayo, served on a brioche bun

**Turkey Club 10.99**  
Sliced roasted turkey, white cheddar cheese, bacon, shredded lettuce, tomatoes and cranberry mustard on a grilled croissant

**The Impossible™ Burger 13.99**  
A vegetarian, 100% plant based patty topped with roasted pepper hummus, bell peppers, shredded lettuce and tomato, served on a brioche bun

**Roasted Veggie Sandwich 10.99**  
Roasted eggplant, zucchini, red and yellow bell peppers, red onions, frisée greens, house-made Greek yogurt aioli and basil pesto on a grilled hoagie roll

**Hot Dog 8.99**  
A foot-long, 100% kosher beef hot dog topped with house-made queso

**Grouper Sandwich 14.99**  
Blackened and grilled grouper topped with Cajun tartar sauce, shredded lettuce and tomatoes, served on a hoagie roll

**Smoked Pulled Pork Sandwich 11.99**  
Smoked pulled pork tossed in our signature Carolina barbecue sauce, topped with house-made coleslaw and served on a brioche bun

# Off the Grill

**Signature Sirloin 13.99**  
Sirloin grilled to order and served with mashed potatoes and seasonal vegetables


**12 oz. NY Strip 22.99**  
New York strip steak grilled to order and served with mashed potatoes and seasonal vegetables

**Bone-In Pork Chop 15.99**  
Pork chop grilled and seasoned to perfection, served with macaroni and cheese and seasonal vegetables

**Grilled Skirt Steak 15.99**  
Marinated and grilled skirt steak topped with house-made chimichurri and served with yellow rice and black beans

**St. Louis Ribs 22.99**  
Grilled barbecue St. Louis ribs served with French fries and coleslaw

**Add-On Topping**  
**Grilled Shrimp Skewer 5.99**

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