


# Quick Reference Guide







FOR PATIENTS WHO NEED SPECIALISED CARE

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PRODUCT	FEATURES	INDICATIONS	DOSAGE GUIDELINES
<b>NERVOUS SYSTEM, STRESS &amp; SLEEP</b>			
<b>BCC Activated Bs Plus Ubiquinol*</b>			
 <p><b>BEST SELLER</b> 60 Capsules</p>	Contains daily of B vitamins & ubiquinol as well as Choline bitartrate	<ul style="list-style-type: none"> <li>Supports energy levels and energy production</li> <li>Supports nervous system function and a healthy stress response</li> <li>Supports healthy liver function</li> </ul>	<b>Adults:</b> Take 1 capsule once a day, or as professionally prescribed
<b>BCC AdrenoPS</b>			
 <p>100 Tablets</p>	Herbal extracts including Ashwagandha & licorice with phosphatidylserine	<ul style="list-style-type: none"> <li>Withania is used in Western herbal medicine (WHM) to help the body to adapt to stress</li> <li>Licorice is traditionally used in Ayurvedic medicine to support healthy adrenal function and relieve nervous tension</li> </ul>	<b>Adults:</b> Take 1 tablet four times a day, or as professionally prescribed.
<b>BCC PyriZinc BioActive*</b>			
 <p><b>BEST SELLER</b> 60 Capsules</p>	Featuring zinc citrate, magnesium, manganese and vitamins B6 and C	<ul style="list-style-type: none"> <li>Aids synthesis of neurotransmitters</li> <li>Supports nervous system function</li> </ul>	<b>Adults:</b> Take 1 capsule once a day, or as professionally prescribed. For short-term use only.
<b>BCC AnxioCalm</b>			
 <p>50 Tablets</p>	Herbal combination of kava, holy basil, lemon balm & motherwort	<ul style="list-style-type: none"> <li>Kava is traditionally used in Pacific Islander medicine to reduce symptoms of mild anxiety</li> </ul>	<b>Adults:</b> Take 1 tablet two times a day, or as professionally prescribed.
<b>BCC Methyl BioActive *</b>			
 <p><b>BEST SELLER</b> 60 Tablets</p>	Folate and B12, supported by B2, B6, choline & serine	<ul style="list-style-type: none"> <li>Supports energy levels and energy production</li> <li>Aids in the synthesis of neurotransmitters</li> </ul>	<b>Adults:</b> Take 1 tablet once a day, or as professionally prescribed.
<b>BCC UM Calm</b>			
 <p>150g Powder</p>	Contains two forms of bioavailable magnesium and green tea	<ul style="list-style-type: none"> <li>Maintains nervous system function and aids in the synthesis of neurotransmitters</li> <li>Relieves mild muscle spasms when dietary intake is inadequate</li> </ul>	<b>Adults:</b> Take 7.5 g (1 heaped scoop) once a day, or as professionally prescribed. Mix in 100 mL of water or juice and consume immediately.

PRODUCT	FEATURES	INDICATIONS	DOSAGE GUIDELINES
<b>PAIN &amp; MOOD</b>			
<b>BCC SaffroPEA</b>			
 <p>42 Capsules</p>	<p>Contains bioavailable PEA, Saffron extract affron® and supportive Vitamin D3</p>	<ul style="list-style-type: none"> <li>• Analgesic / relief pain</li> <li>• Support emotional / mood balance</li> <li>• Enhance sleep quality</li> </ul>	<p><b>Adults:</b> Take 1 capsule two times a day, or as professionally prescribed. Not to be used for more than 21 consecutive days.</p>
<b>PAIN &amp; INFLAMMATION</b>			
<b>BCC TherActive Pain*</b>			
 <p><b>BEST SELLER</b> 60 Tablets</p>	<p>Combines bioavailable Theracurmin with Jamaican dogwood</p>	<p>Jamaican Dogwood is used in WHM:</p> <ul style="list-style-type: none"> <li>• To relieve pain (anodyne) and inflammation</li> <li>• To relieve dysmenorrhea and mild migraine symptoms</li> <li>• As a spasmolytic and for neuralgia</li> </ul>	<p><b>Adults:</b> Take 1 tablet three times a day or as professionally prescribed.</p>
<b>BCC TherActive Triple</b>			
 <p>30 Capsules</p>	<p>Triple-strength, bioavailable Theracurmin, standardised to 600 mg curcumin</p>	<ul style="list-style-type: none"> <li>• Relieves mild joint pain and knee pain associated with mild osteoarthritis.</li> <li>• Assists in relieving inflammation.</li> <li>• An antioxidant that helps reduce free radicals formed in the body</li> <li>• Supports gall bladder function</li> </ul>	<p><b>Adults:</b> Take 1 capsule daily or as professionally prescribed.</p>
<b>BCC UC Promega*</b>			
 <p><b>BEST SELLER</b> 60 Capsules</p>	<p>Contains specialised pro-resolving mediators and their precursors from herring roe.</p>	<ul style="list-style-type: none"> <li>• Anti-inflammatory/ relieves inflammation</li> </ul>	<p><b>Adults:</b> Take 1 capsule one to four times daily, or as professionally prescribed.</p>
<b>WOMEN'S HEALTH</b>			
<b>BCC Fe BioActive</b>			
 <p>30 Tablets</p>	<p>Bioavailable iron with cofactors</p>	<ul style="list-style-type: none"> <li>• Prevent iron deficiency</li> <li>• Aids in healthy red blood cell production</li> </ul>	<p><b>Adults:</b> Take 1 tablet once a day, or as professionally prescribed.</p>
<b>BCC MenoSupport</b>			
 <p>60 Tablets</p>	<p>Formula featuring sage and black cohosh</p>	<ul style="list-style-type: none"> <li>• Black cohosh is used in WHM to relieve the symptoms of menopause and hot flashes associated with menopause</li> <li>• Sage is traditionally used in WHM to reduce night sweats associated with menopause</li> </ul>	<p><b>Adults:</b> Take 1 tablet two times a day, or as professionally prescribed. For short-term use.</p>

PRODUCT	FEATURES	INDICATIONS	DOSAGE GUIDELINES
<b>DIGESTIVE &amp; METABOLIC SUPPORT</b>			
<b>BCC IM Repair*</b>			
 <p><b>BEST SELLER</b></p> <p>150 g &amp; 300 g Powder</p>	<p>Powder featuring marshmallow root &amp; slippery elm</p>	<ul style="list-style-type: none"> <li>Slippery elm bark is traditionally used in WHM as a demulcent that soothes irritated tissues</li> <li>Slippery elm bark and marshmallow root are traditionally used in WHM to help decrease mild gastrointestinal inflammation</li> </ul>	<p><b>Adults:</b> take 5 g (1 level metric teaspoon) three times a day, or as professionally prescribed. Mix each 5 g in 100 mL of water or juice and consume immediately.</p>
<b>BCC HepatoClear</b>			
 <p>60 g Powder</p>	<p>Contains milk thistle and globe artichoke</p>	<ul style="list-style-type: none"> <li>Globe artichoke is traditionally used in WHM for the maintenance of healthy liver function and to promote bile flow from the liver</li> </ul>	<p><b>Adults:</b> Take 2 g (1 scoop) two times a day, or as professionally prescribed. Mix in 100 - 200 mL of water or juice and consume immediately.</p>
<b>BCC IM BioLytic</b>			
 <p>60 Capsules</p>	<p>Featuring cinnamon</p>	<ul style="list-style-type: none"> <li>Cinnamon is traditionally used in western herbal medicine to relieve:                             <ul style="list-style-type: none"> <li>- digestive discomfort</li> <li>- flatulence</li> <li>- digestive spasms</li> <li>- loss of appetite</li> </ul> </li> </ul>	<p><b>Adults:</b> Take 1 capsule two times a day, or as professionally prescribed. Take on an empty stomach (half an hour before food or two hours after food).</p>
<b>BCC SB Restore</b>			
 <p>60 Capsules</p>	<p>Contains <i>Saccharomyces boulardii</i> along with nutrients vitamins A and D, zinc and selenium</p>	<ul style="list-style-type: none"> <li>Supports body mucous membrane health</li> <li>Maintains healthy mucous linings of the digestive system</li> <li>Supports intestinal good/beneficial/friendly flora</li> </ul>	<p><b>Adults:</b> To reduce the occurrence of traveller's diarrhoea symptoms: Take 1-2 capsules one to two times a day. To maintain healthy digestive system function: Take 2 capsules two times a day.</p>
<b>BCC UB 75</b>			
 <p>30 Capsules</p>	<p>75B CFU across 11 strains, including Lab 4 probiotics</p>	<ul style="list-style-type: none"> <li>Relief of symptoms of medically diagnosed Irritable Bowel Syndrome</li> <li>Aids digestion of lactose</li> </ul>	<p><b>Adults:</b> Take 1-2 capsules two times a day, or as professionally prescribed.</p>
<b>BCC UB NuroBiota</b>			
 <p>60 Capsules</p>	<p>12B CFU across 8 strains, including <i>L. helveticus</i> and <i>B. longum</i></p>	<ul style="list-style-type: none"> <li>Maintain/support intestinal good/beneficial/friendly flora</li> <li>Supports healthy emotional/mood balance</li> </ul>	<p><b>Adults:</b> Take 1 capsule once a day, or as professionally prescribed.</p>

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<b>ACUTE &amp; AUTO IMMUNITY</b>			
<b>BCC Histammune Clear*</b>			
 <p><b>BEST SELLER</b> 60 Tablets</p>	Combined quercetin, vitamin C & bioflavonoids	<ul style="list-style-type: none"> <li>Helps decrease symptoms of mild allergies</li> <li>Anti-inflammatory</li> </ul>	<b>Adults:</b> Take 1 tablet one to three times a day, or as professionally prescribed.
<b>BCC C BioActive*</b>			
 <p><b>BEST SELLER</b> 200 g Powder</p>	High dose vitamin C powder with bioflavonoids	<ul style="list-style-type: none"> <li>Reduce free radicals formed in the body</li> <li>Support healthy immune system function</li> </ul>	<b>Adults:</b> Take 5 g (1 level scoop) once a day, or as professionally prescribed. Only use the scoop provided. Mix in 200 mL of water or juice and consume immediately. For short-term use.
<b>BCC Zn BioActive*</b>			
 <p><b>BEST SELLER</b> 60 Tablets</p>	Contains two forms of bioavailable zinc, with co-factors	<ul style="list-style-type: none"> <li>Supports wound healing and skin health</li> <li>Supports male health via the maintenance of healthy prostate function and supporting sperm health</li> </ul>	<b>Adults:</b> Take 1 tablet once a day, or as professionally prescribed.
<b>BCC ImmunActiv Restore</b>			
 <p>60 Tablets</p>	Immune tonic with Ashwagandha & cordyceps	<ul style="list-style-type: none"> <li>Helps support immune system to fight illness</li> <li>Withania is traditionally used in Ayurvedic medicine as a rejuvenative tonic</li> </ul>	<b>Adults:</b> Take 1 tablet two times a day, or as professionally prescribed.
<b>BCC ImmuneForce</b>			
 <p>60 Tablets</p>	Acute immune support tablet	<ul style="list-style-type: none"> <li>Supports healthy immune system function</li> <li>Maintains health of the immune system</li> </ul>	<b>Adults:</b> Take 1 tablet once a day, for a maximum of two weeks.

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