

Spring Cup 2026

Week 1 Results

Select results have been filtered out to ensure race integrity. If your result is missing, you are welcome to attempt the race again. Please make sure you are 1) wearing a heart rate monitor or smart watch that is broadcasting heart rate to your iFIT equipment during the entirety of the race, and 2) maintaining course-specified incline/decline for the entirety of the race. Excessive decline, specifically on bikes, provides unrealistic performance and is subject to removal.

If your result is in the incorrect category (age or gender), please update your information at ifit.com/settings.

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Treadmill

Female

Age ≤30 11 athletes

#	Athlete	Time
1	Nickel02	23:48
2	PurpleQuail99	30:04
3	Cotton2234	30:15
4	Cal	33:08
5	RussetRaccoon610	35:40
6	BuffStarfish265	37:08
7	AsianContagion	40:08
8	ThistleTortoise251	42:07
9	edvelyn0622	43:18
10	bongobanana	43:22
11	Kristyf	43:29

Age 31-40 44 athletes

#	Athlete	Time
1	KcJo88	24:14
2	Arith	25:19
3	pregger	26:16
4	Kpatapoff	26:25
5	jazmona	27:38
6	ItsMeMama85	28:28
7	MarEW4B	30:04
8	DrRunner	30:19
9	Pippy Longstocking	30:27
10	birv	31:16
11	PinkPanther	31:30
12	Tandlil	32:59
13	JadeDuck635	33:33
14	Tibb	33:42
15	brokenbonefixer2123245	34:46
16	SBrunner	35:05
17	TreeRacer	35:10
18	Jzilla	35:45
19	marathon tortoise	35:45
20	MamaRun	35:54
21	Majotaliman	36:03
22	Reesie68	36:36
23	ns565	36:51
24	Ducci23	36:51
25	CUHAYES77	36:52
26	BlueWhippet470	36:54
27	Temple	36:54
28	imtryingqueen	37:02
29	EcruCheetah91	37:11
30	BSBLMOM	37:30
31	Aviles2026	37:50
32	Annabnanner	38:08
33	mlacurry	38:22
34	Veronica	39:04
35	CinnamonChicken589	39:05
36	CornDragon535	39:10
37	Stashe	40:28



#	Athlete	Time
38	rosierun	40:45
39	CrimsonSalamander566	41:05
40	we	42:20
41	SilverHeron896	43:00
42	Darthmw24!	43:52
43	oldguy68	45:22
44	skater	85:00

Age 41-50 45 athletes

#	Athlete	Time
1	DPA70394	22:10
2	Stop_Pre	26:10
3	Iowa2682	27:37
4	EMTLiz	29:45
5	kellbell77	30:10
6	coco0501	30:42
7	Memekole	30:48
8	shepherde	30:51
9	BurgundyPelican45	32:15
10	Wolfwoman	32:16
11	Fitdoc26	32:24
12	Stowe-Snow	32:26
13	mumrun	32:46
14	GyngerSnap	32:54
15	CardinalPanda176	32:55
16	swanriver	33:11
17	PersimmonOpossum974	33:38
18	skn	33:39
19	runnrgrl	33:47
20	letsrunmore	34:36
21	LoMama	35:21
22	Ace1227	35:22
23	Cheekyrun	35:29
24	kristilynne	35:50
25	RoseFinch850	35:51
26	TealCat360	37:03
27	JadeOstrich958	37:04
28	Tricia	37:11
29	goldpelican2026	37:14
30	zee	37:15
31	BronzePeacock495	37:21
32	FirebrickGoose815	37:32
33	vsmalheiser	37:34
34	Bookmark	37:57
35	VermilionSwordfish754	38:21
36	ASP	38:24
37	peanut butter	38:36



#	Athlete	Time
38	tweetyball1217	38:39
39	dani trava	39:02
40	EcruCanid695	39:45
41	CoralPlatypus273	40:38
42	jane	40:57
43	BPrincessOfQuiteAL	41:50
44	RadRacer11	42:43
45	ApricotGoldfish764	36:00

Age 51-60 25 athletes

#	Athlete	Time
1	VioletJunglefowl77	20:28
2	P.M.	26:07
3	Asp828	28:32
4	Txrunnergrl	30:35
5	Shazzabir	31:25
6	Flying Monkey	31:58
7	ShadowRunner	32:19
8	ifituser29	32:33
9	Wanderlust69	34:19
10	corvette21	35:09
11	JMB	35:53
12	whiterabbit428	36:02
13	RedQueen	36:05
14	tammyw	36:11
15	RustFalcon395	36:14
16	CaptainTurtle	36:42
17	coraline44	37:47
18	ney60	37:55
19	RedRobin	40:38
20	MyrtleWhippet499	43:48
21	Fitter	45:32
22	PTB	45:37
23	CinnamonSquid931	46:42
24	momster68	49:01
25	marg	51:30



Age 61-70 5 athletes

#	Athlete	Time
1	The Ka	27:52
2	ebiala	33:16
3	CinnamonJackal350	34:12
4	Daxton	34:46
5	CreamMink494	37:14

Age Unknown 1 athletes

#	Athlete	Time
1	justjoshin84	56:13

Male

Age ≤30 21 athletes

#	Athlete	Time
1	mydawggunner	20:36
2	GEAUXTIGERS!	20:42
3	BurgundyAnaconda916	22:02
4	Arewethereyet?	22:40
5	RazzmatazzPanda469	23:55
6	Polar112	24:28
7	Awse	24:36
8	JJenior	24:53
9	DCaudill22	26:09
10	mr no name	26:58
11	avfc1874	27:15
12	NoahNic	28:41
13	SpeedyGon	28:45
14	Spartan33	29:14
15	CrimsonScallop142	30:15
16	Taz013	31:49
17	Mighty Eagle	33:17
18	PapiL	33:27
19	Actuary	34:06
20	colton1020	34:15
21	JagEve	49:00

Age 31-40 71 athletes

#	Athlete	Time
1	HighDesertRunning	20:56
2	Beardedone	21:30
3	JRM	23:09
4	Vorpal44	23:12
5	The Juice	24:32
6	yungblazeboy	24:41
7	j0tt3r26	24:57
8	Spear941	25:12
9	joe s.	25:13
10	runJOJORun	25:24
11	es3486a	25:28
12	Sloth7	25:36
13	Leviathan	25:44
14	trashpandaSASK	26:15
15	Kid Chameleon	26:19
16	SpeedyGon-Branden	26:20
17	IxBATMANIxI	27:18
18	ChrisPbacon	27:28
19	1320.0	27:34
20	LiftrTryn	27:56
21	AzureTortoise886	27:59
22	keyhunter	28:10
23	The Dish	28:25
24	riv1991	28:39
25	Dairyman2007	28:47
26	bobby2215	28:47
27	PeachLobster824	28:51
28	DameEdna	28:53
29	Lucky__Ken	28:53
30	BenB629	28:54
31	Bdh428	29:12
32	mehdi30	29:15
33	koop16	29:24
34	SlowPoke2406	29:32
35	JFK	29:33
36	Rooster123	29:38
37	McFly99	29:51



#	Athlete	Time
38	B Stoner30	30:05
39	jsrunner88	30:11
40	marsbar0415	30:25
41	andy55	30:54
42	ejimenez	31:09
43	MickLovin	31:15
44	OGF4M	31:17
45	MrPace	31:23
46	DVMcarlton	31:30
47	BlueRabbit87	31:33
48	Ranggg10	31:36
49	CrimsonOtter208	31:40
50	mtthw	31:51
51	FoxyMulder	31:55
52	trirunr	32:00
53	dangerclose87	32:15
54	Pharaoh666	32:54
55	BlackLion	33:10
56	BadgerTexan	33:13
57	Big Billion	33:14
58	omack15	33:25
59	UtahVol	33:42
60	TitiLob	33:46
61	B-Nault85	33:57
62	Gov	34:00
63	wmlipp	34:03
64	martindude95	34:29
65	DoodleCake	34:41
66	Ang	35:03
67	kbl	35:06
68	AgentSmith	35:09
69	Dodo Bird	35:10
70	Krypteia	35:43
71	TDougla	43:00



Age 41-50 76 athletes

#	Athlete	Time
1	crdopt04	21:07
2	bjw10	23:49
3	drshrimpcostarica	24:02
4	BPat_the_Legend	24:55
5	AshDaughtry	25:25
6	JonJ	25:43
7	goodomann	25:55
8	papajohn	26:10
9	EmperorArie	26:10
10	Fishman50	26:11
11	ChaosBZN	26:14
12	FrHen18	26:42
13	Lucky A	26:57
14	TanFrog788	27:19
15	Ghost24	27:30
16	cella	27:41
17	Chknpotpie	27:46
18	Go Cougs!!	27:58
19	ryand2285	28:10
20	Playsntraffic	28:22
21	kander1768	28:47
22	HammerRabbit610	28:51
23	Mike06	28:54
24	GI Ponch	29:04
25	Prepare4Glory	29:08
26	Dobbyfinn	29:20
27	ABNDADDY1997	29:22
28	kspoor	29:27
29	colwoowar	29:28
30	knightryder	30:00
31	Eugoogalizer	30:23
32	Fick	30:40
33	VenomBe0518	30:46
34	GreenPigeon500	30:49
35	ThistleMarmot465	31:00
36	AmberGayal8	31:09
37	PeriwinkleOcelot996	31:15



#	Athlete	Time
38	Halal Athlete	31:19
39	DCS98	31:33
40	tbeno123	32:16
41	Trundle	32:22
42	TIMMiD	32:22
43	Mo Salah676767	32:51
44	PurpleTurnip	33:27
45	ChampagneFirefly720	33:38
46	CookieMonster	33:47
47	Emu82	33:50
48	BronzeMink273ST	33:57
49	GoodDrB	33:58
50	Shawnl0808	33:59
51	Tomkitchener	34:14
52	Nate	35:00
53	sroe	35:02
54	RunningHunter	35:03
55	ChiLore82	35:09
56	CoralWombat20	35:10
57	QueOndaRunning	35:21
58	harryharr	35:27
59	AmaranthCanid309	36:06
60	SeashellJackal472	36:30
61	DirtyFarmer	36:46
62	AnjunaMI	36:57
63	BennyP	36:59
64	NEAE	37:04
65	VermilionTarsier67	37:11
66	Bwicky	37:26
67	DenimChipmunk192	37:29
68	clarens	37:36
69	PSUFrenchie31	38:03
70	Hyper698	38:05
71	kacydupp	38:37
72	Wait4	38:47
73	chezb	39:29
74	rep	41:41
75	ZL1	42:47



#	Athlete	Time
76	MagnoliaBuzzard947	42:50

Age 51-60 27 athletes

#	Athlete	Time
1	PurpleMonkey754	26:19
2	SilverWildfowl184	27:19
3	MagentaSwan512Renaudr	27:41
4	Bloo68	27:55
5	BT	28:06
6	Lawdog	29:20
7	WisteriaHornet188	29:30
8	UtahRockTechSoldier	29:40
9	VermilionCrab115	30:00
10	Don't Touch TheTurtle	30:42
11	Lolclimb65	31:36
12	tcbscy	31:47
13	KhakiQuail845	32:18
14	SaffronPiranha804	32:46
15	rand	33:15
16	Kaptain Kanopee	33:15
17	aka	33:40
18	Branson	35:12
19	GreenLion2925	35:56
20	Giac	36:22
21	foxie	36:53
22	CinnamonKrill143	37:29
23	Elro616	38:11
24	rdunnuck1	40:24
25	CaptainJay41	40:38
26	LapDaddy	40:54
27	santosh	12:00



Age 61-70 10 athletes

#	Athlete	Time
1	fonfon	26:08
2	BurgundyPelican480	28:46
3	blueyegrl	31:24
4	Mallard	31:56
5	siec	32:35
6	MagnoliaChickadee802	34:33
7	vmaxdoc	38:10
8	Run for Boomer	38:53
9	funkyfre	39:06
10	WER	39:45

Age 71+ 1 athletes

#	Athlete	Time
1	Gambler	38:12

Age Unknown 4 athletes

#	Athlete	Time
1	LemonSquirrel948	27:19
2	Dado26	29:54
3	Speed75	32:20
4	doumister39	32:59

Other / Nonbinary

Age Unknown 10 athletes

#	Athlete	Time
1	Swenster	21:29
2	Cba	25:58
3	Princhd	31:32
4	GambogeGuppy428	33:29
5	CinnabarSwordfish878	36:46
6	RhinoThermosta	14:00
7	Bo Jackson	44:18
8	Meadj3	45:44
9	Remarka6le	46:24
10	BlueSkySun	50:37



Rower

Female

Age 31-40 1 athletes

#	Athlete	Time
1	MissSaigon33	30:32

Age 41-50 2 athletes

#	Athlete	Time
1	Rebes30	28:28
2	aabraira	26:11

Age 51-60 1 athletes

#	Athlete	Time
1	Soot65	29:29

Male

Age 31-40 5 athletes

#	Athlete	Time
1	LongarmLarry	27:52
2	CobaltSquirrel994	28:52
3	AquamarineHyena478	29:19
4	adamc	33:03
5	LemonKiwi6	35:33

Age 41-50 7 athletes

#	Athlete	Time
1	Deady Teddy	21:19
2	The Swol-y Gh	21:51
3	EJL-0422	24:05
4	daphill2	24:24
5	NFB	24:28
6	InspectHerGadge	33:39
7	ChartreuseCondor793	37:13

Age 51-60 3 athletes

#	Athlete	Time
1	MauveSturgeon70	24:47
2	copeyman2	31:23
3	Goldar	32:45

Bike

Female

Age ≤30 2 athletes

#	Athlete	Time
1	mojo784	29:21
2	CinnabarSailfish457	31:46

Age 31-40 9 athletes

#	Athlete	Time
1	PeriwinkleSparrow447	22:40
2	Aly92	27:37
3	VermilionHoverfly825	29:58
4	JumpingJaguar713	30:22
5	BeigeLoon330	31:23
6	Ravenclaw2019	32:23
7	ThistleWhippet813	35:08
8	JenOverby22	36:02
9	Shan22	37:44

Age 41-50 11 athletes

#	Athlete	Time
1	BeccaRez	25:39
2	Chadwicked	27:38
3	Iowa2682	29:03
4	BurgundyParakeet996	29:12
5	AmberAphid574	29:51
6	comfypantsNP	30:30
7	Kiddo1642	31:14
8	Bulma1036	31:34
9	OmaJ	31:46
10	rocky44	37:35
11	rideonruby	38:26

**Age 51-60** 8 athletes

#	Athlete	Time
1	BigBird0914	24:24
2	CardinalPlatypus776	28:45
3	GreyScorpion331	29:18
4	CobaltGoldfish771	35:18
5	CinnamonWeasel996	35:45
6	lollie minus pop	35:54
7	CoralChicken881	42:58
8	OchreSnipe681	51:03

Age 61-70 2 athletes

#	Athlete	Time
1	BigeMM22	26:12
2	Racerdog25	26:23

Male

Age ≤30 4 athletes

#	Athlete	Time
1	Spartan33	25:24
2	marienusz	31:20
3	Judge	32:42
4	TrouserMauser	41:22

Age 31-40 31 athletes

#	Athlete	Time
1	7212rich	16:36
2	sjq	21:35
3	PlatinumSailfish936	22:36
4	Packman04	23:12
5	Enak	23:34
6	82LINK	23:41
7	Hgcycle	23:46
8	Y	24:01
9	CrimsonSquirrel825	24:02
10	B8l	79:00
11	Ral05	27:23
12	UltramarineTyrannosaurus100	27:42
13	SnipeyWipey	27:51
14	Benn	28:11
15	Teletub21	28:11
16	Ireek	28:23
17	Nightmare	28:37
18	jcoons487	29:24
19	BrooksWasHere	29:42
20	Slugs8	29:43
21	blatchy23	29:56
22	MyrtleDragonfly780	29:59
23	ZucchiniGopher11	30:04
24	RoseRattlesnake921	30:12
25	BCash86	30:15
26	HarveyAnita	30:22
27	hoppik	31:22
28	Roith	32:51
29	Doublescar	32:53
30	JesseDGrea	33:30
31	ChestnutMink633	34:17



Age 41-50 37 athletes

#	Athlete	Time
1	Taf	22:28
2	RussetKoala597	22:59
3	Groomedawg8	23:03
4	Girthalamule	23:18
5	Matt g	23:22
6	MaxAce8	23:46
7	Ifit User 2026	24:23
8	marlonrand	25:08
9	GreySpider775	25:29
10	Mushroomhunter	25:34
11	Toothle	25:43
12	GoldenrodCheetah65	25:44
13	Zel 1	26:25
14	Quin810	26:42
15	LimeChipmunk257	26:43
16	RedDog65	26:54
17	DaddyCoop	27:04
18	BVega	27:12
19	Kiwi76	27:14
20	Jimz.	27:16
21	FirebrickBr	27:57
22	GreatBigC81	28:22
23	trigga84	28:25
24	LemonClam30	28:29
25	CyanChameleon68	28:35
26	WheatLizard809	28:36
27	dklilgremlin	28:53
28	BrassMink472	29:30
29	notAmorningperson	29:35
30	chevelle1969	29:36
31	Mello-D	29:58
32	Resourceful1	29:59
33	NvRQuIT	30:03
34	tban	30:05
35	TomatoSquid337	30:08
36	Beardo123	30:12
37	CopperFerret642	30:24



Age 51-60 27 athletes

#	Athlete	Time
1	just jeff	19:04
2	Hank2008	19:28
3	log	22:06
4	bismarck	22:17
5	TaupeElephant820	22:40
6	Nightthorn	22:42
7	Edub	23:01
8	LimeOctopus820	23:16
9	CinnabarSailfish57	23:29
10	jireland74	25:32
11	faughabaula	25:59
12	7LUGNUT7	26:47
13	LowlyJaguar	27:13
14	BrassOrangutan812	27:14
15	Mongoose333!	27:18
16	ZucchiniDuck844	27:42
17	BlueSheep929	28:24
18	Marco58	28:25
19	WheatCobra774	28:31
20	DiveHawk	28:55
21	Bule Gila	28:56
22	SuperSaddler	29:28
23	VermilionPlanarian924	30:01
24	OrangeCrawdada245	30:03
25	ProudMoose23	30:26
26	DPG22	31:36
27	AndyO4242	33:54

Age 61-70 6 athletes

#	Athlete	Time
1	Cervelo 777	22:08
2	Diver57	23:41
3	BronzeDragon537	24:18
4	RubyLungfish600	25:15
5	Eagle702	28:34
6	raycr2	29:02

**Age 71+ 2 athletes**

#	Athlete	Time
1	RussetGuineafowl528	28:45
2	Rebel54	37:10

Age Unknown 1 athletes

#	Athlete	Time
1	PeriwinkleShark342	26:35

Other / Nonbinary

Age Other 4 athletes

#	Athlete	Time
1	CinnabarSnail210	22:47
2	Wizard	28:24
3	LukeM	28:28
4	Eternal Ech	33:35