



# Family Activity Pack

.....

Pack 2



Keep your mind energised with our fun, educational and kid-friendly activities!

# Draw it!

Your name: .....

Your age: .....



**It's time to get creative.** Think of all the things around your house that use electricity and draw them in the space above. Let's see if you can think of at least 5.

# Be an **energy saving** star

Your name: ..... Your age: .....



Saving energy at home is important - it'll help keep bills low (which will make Mum and Dad happy) and it's good for the planet.

## Here's what to do:

**Step 1.** Match up the words below with the sentences in the house to complete the energy saving tips.

**Step 2.** Try them out at home - a fun activity for your whole family to do!

- Outside
- Lightbulbs
- Kettle
- Hot water
- Curtains
- Dishwasher
- Timer
- Charge
- Standby
- Two
- 5,000
- Lights
- Draught proofing

<p>Only run the _____ when it is full.</p>	<p>_____ windows and doors will also help prevent cold draughts in the house.</p>	<p>Use a _____ on your central heating system.</p>
<p>Use LED _____ around the house as they are more energy efficient than other ones.</p>	<p>Close your _____ when the sun sets to stop heat escaping through the windows.</p>	<p>Dry your clothes _____ when the weather is good instead of using the tumble dryer.</p>
<p>Don't leave appliances on _____ - turn off the power at the wall.</p>	<p>Only fill the _____ with the water that you need.</p>	<p>Always turn off the _____ when you leave a room.</p>
<p>Set the heating and _____ to come on only when you need it.</p>	<p>Turn taps off properly - a dripping tap can waste over _____ litres of water a year.</p>	<p>One full load in the dishwasher uses less energy than _____ half loads.</p>

# Boredom beating **bingo**

Your name: .....

Your age: .....

There is lots of fun stuff to do at home to keep busy. Tick off these activities once you've done them and then start again next week. Get your whole family involved and see who can say 'Bingo!' first.



## BINGO CARD



Wash your hands for 20 seconds	Draw a picture of your family	Switch off the lights when you leave a room
Do a chore for Mum and Dad	Read a book	Give a compliment to someone you live with
Help Mum or Dad make lunch or dinner	Take a shower instead of a bath	Eat your vegetables
Turn off the tap when you brush your teeth	Write a short story and read it to your family	Water the plants at home
Unplug your electronics when not in use	Recycle three items	Check for dripping taps and turn them off

