



National team student-athlete resource management information

National team resource-related NCAA bylaw summary

Updated: September 27, 2023

OVERVIEW: To better support the elite student-athletes participating on Team USA, USOPC liaisons are expected work with your national team student-athlete to outline elite training needs/resources and allocation strategies. The following summary of resource bylaws and best practices have been prepared in collaboration with the USOPC Legislative Task Force, National Association for Athletics Compliance and Collegiate Commissioners Association of Compliance Administrators.

RESOURCE CATEGORY	DESCRIPTION	MONITORING BEST PRACTICES
Training expenses [12.1.2.4.7 - old version for PSAs]	Exception for training expenses: Permits an individual to receive actual and necessary training expenses from the USOPC/NGB or international equivalent.	Tracking receipts and/or projected expenses to confirm appropriate use of funds.
Training expenses - Elite [12.1.2.4.7 & Proposal 2019-107]	Exception for training expenses – Elite: Recognized elite national team athletes may have additional access to USOPC/NGB authorized training expenses.	Collaborating with USOPC/NGB to confirm the projected funding appropriately offsets development needs in a documented plan.
Prize money exceptions [12.1.2.4.1 (sports other than tennis), 12.1.2.4.3 (team performance), 12.02.3 (calculation of actual and necessary)]	Exceptions to Amateurism Rules in Sports Other Than Tennis & Exception for Payment based on team performance: Exception to accept payment from amateur team or sponsor of event based on team’s finish or on an incentive basis up to the cost of actual and necessary expenses for the costs to participate on the team. Individual sport calculation: Calculation is based on the actual and necessary expenses incurred on an event-by-event basis during the calendar year (Jan-Dec).	Tracking receipts to confirm appropriate reimbursement: - <i>Teams:</i> Payment in combination with expenses received from the team cannot exceed actual and necessary expenses to participate on team. - <i>Individuals:</i> May aggregate expenses from multiple events during the calendar year and collect a total prize money amount to offset all actual and necessary expenses.
Operation Gold [12.1.2.1.4.1.2 (cash exception), 12.1.2.1.5.1 (payment based on performance), 15.02.5.6 (financial aid)]	Operation Gold Grant: Exception permitting individuals to accept funds administered by the U.S. Olympic Committee pursuant to its Operation Gold program.	Confirming the funds received are related to the USOPC Operation Gold Grant Program. Funds received do not have to be offset against actual and necessary expenses.
Broken time payments [12.4.2.2]	National Team Practice and Competition: Exception that allows a student-athlete to receive reasonable benefits and expenses from a national team during a time period the student-athlete is participating in practice and competition with the team	Collaborate with USOPC/NGB to confirm the amount and purpose of the expenses and associated reasonable benefits.
Educational expenses [12.1.2.1.3.2.1; 12.1.2.1.3.2.2; 15.2.6.5]	Educational expenses: Exception to permit the USOPC and NGBs to provide educational expenses, but the awards are countable against team limits.	Tracking the awards amounts against team limits and documenting compliance with 15.2.6.5.
Elite Insurance [12.1.2.4.6 (amateurism); 12.4.2.2 (employment)]	Exception for USOPC Elite Athlete Health Insurance: Amateurism and employment exception permitting individuals access to USOPC elite athlete insurance.	Confirming the funds are related to the USOPC insurance program.



National team student-athlete resource management tool

NCAA elite developmental training expenses tool

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MONITORING TOOL: The tool below can help establish a plan for national team student-athletes to utilize USOPC/NGB funding while maintaining NCAA eligibility for expenses classified as elite training expenses. NOTE: expenses outlined below should only include those incurred directly by the student-athlete unless specifically authorized by NCAA bylaw 12.1.2.4.8.

National team student-athlete: _____ Academic year: _____ Date: _____

A. USOPC/NGB stipend description (annual/monthly projection)

USOPC FUNDING			NGB FUNDING		
Athlete stipends	Grants	Other	Athlete stipends	Grants	Other

B. Projected resource needs/monthly expense offsets (gaps)

GENERAL		MEDICAL/HEALTH		SPORT/TECHNOLOGY		COMPETITION/CAMP	
Food/supplement	\$	Physician/treatment	\$	Personal/technical coach	\$	Travel/room/board	\$
Lodging	\$	Recovery/rehab	\$	Sport science expert	\$	Entry fees	\$
Transportation (car, park, Uber)	\$	Physical therapy	\$	Equipment/apparel	\$	Device/service	\$
Insurance	\$	Mental health	\$	Training facility	\$	Insurance	\$
Human utility (phone, internet)	\$	Nutritionist	\$	Sports membership	\$	Storage	\$
Other	\$	Other	\$	Other	\$	Other	\$
Other	\$	Other	\$	Other	\$	Other	\$
TOTAL	\$	TOTAL	\$	TOTAL	\$	TOTAL	\$

C. Non-recurring expenses/additional development expense

GENERAL	MEDICAL/HEALTH	SPORT /TECHNOLOGY	COMPETITION/CAMP	OTHER
1. Expense name • \$ amount • Timeframe • Rationale	2. Expense name • \$ amount • Timeframe • Rationale	3. Expense name • \$ amount • Timeframe • Rationale	4. Expense name • \$ amount • Timeframe • Rationale	5. Expense name • \$ amount • Timeframe • Rationale

D. Forecasted expense totals against projected USOPC/NGB stipend

	Quarter 1 Forecast			Quarter 2 Forecast			Quarter 3 Forecast			Quarter 4 Forecast		
	Monthly	Add	USOPC	Monthly	Add	USOPC	Monthly	Add	USOPC	Monthly	Add	USOPC
General												
Medical/health												
Sport/tech												
Competition												
Other												

E. Total expense need and allocation total

EXPENSE NEEDED:	USOPC/NGB ALLOCATION:	DIFFERENCE:
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F. Insurance coverage status

USOPC EAHI:	SCHOOL:	OTHER:
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G. National team athlete-athlete signature to validate the accuracy of the needs

Signature	Date
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